

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:15 Water Aerobics (P) 12:00 Enhabit Home Health Blood Pressure Clinic (Gym) 2:00 Patriotic Sing Along (ET) 2:00 Dominoes (BB) 3:00 SilverSneakers w/ Kristi (ET) 6:00 Evening Cinema (HL) 6:30 Bingo w/ Prohealth (BB)	11:00 Honeytones Choir Rehearsal (ET) 1:00 Bible Study w/ Christy (BB) 2:00 Dominoes (BB) 2:00 Red White and Blue Celebratory Social (BB) 2:00 An Afternoon of Beauty w/ Mary Kay Cosmetics (BB) 3:00 SilverSneakers w/ Kristi (ET) 6:00 Evening Cinema (HL) 6:30 Mexican Train Dominoes (BB)	10:15 Water Aerobics (P) TD 1:30 Popcorn and a Movie: The Sound of Music (3rd floor day area) 2:00 Dominoes (BB) 6:00 Evening Cinema (HL) 6:30 Scrabble (BB)	8:00 Sip and Chat (B) 11:00 Independent Exercise (Gym) 2:00 Dominoes (BB) 2pm-4:30pm Independence Day BBQ live Music w/ Perrin "Doc" Alford (location TBD) 6:00 Evening Cinema (HL) 6:30 Rummikub (BB) Independence Day (U.S.)
10:30 St. Anne Live Stream/ Communion (Hamilton Library) 11:00 Pierce Chapel Church Live Stream (Bernard's Bar) 2:00 Dominoes (BB) 2:30 Church at the Hive w/ Mark Blaxton (Emory Theater) 6:00 Evening Cinema (HL) 6:30 Resident Led Games! (BB)	10:15 Water Aerobics (P) TD 1:00 Through the Decades Dining Demo w/ T' Corey (3R) TD 1:15 Exploring the 1960's Presentation (3R) 2:00 Dominoes (BB) TD 3:00 Documentary: The Century: America's Time 1960-1964 (3rd fl. day area) 6:00 Evening Cinema (HL) 6:30 Scrabble (BB)	11:00 SilverSneakers (ET) 2:00 Dominoes (BB) 2:00 Mental Health Chat w/ Heather Smith (ET) TD 3:00 Shaken not Stirred: A 1960's Happy Hour (BB) 6:00 Evening Cinema (HL) 6:30 Mexican Train Dominoes (BB)	10:15 Water Aerobics (P) 10:30 Lunch Outing: New York Butcher Shoppe and Wine Bar (FL) 12:00 Enhabit Home Health Blood Pressure Clinic (Gym) 2:00 Skin Cancer Awareness Chat w/ Enhabit Home Health (ET) 2:00 Dominoes (BB) 3:00 SilverSneakers w/ Kristi (ET) 6:30 Bingo! (BB)	11:00 Honeytones Choir Rehearsal (ET) 1:00 Bible Study w/ Christy (BB) 2:00 Dominoes (BB) 2:00 Decoupage w / Nedda (BB) 3:00 SilverSneakers w/ Kristi (ET) 6:00 Evening Cinema (HL) 6:30 Mexican Train Dominoes (BB)	10:15 Water Aerobics (P) TD 1:30 Popcorn and a Movie: In the Heat of Night (3rd floor day area) 2:00 Dominoes (BB) 6:00 Evening Cinema (HL) 6:30 Scrabble (BB)	8:00 Sip and Chat (B) 11:00 Independent Exercise (Gym) 2:00 Midday Serenade w/ Harry (BB) 2:00 Dominoes (BB) 6:00 Evening Cinema (HL) 6:30 Rummikub (BB)
10:30 St. Anne Live Stream/ Communion (Hamilton Library) 11:00 Pierce Chapel Church Live Stream (Bernard's Bar) 2:00 Dominoes (BB) 6:00 Evening Cinema (HL) 6:30 Resident Led Games! (BB)	10:15 Water Aerobics (P) 1:00 Honey Tones Choir Rehearsal (ET) 2:00 Musical Performance by Mark Blaxton (ET) 2:00 Dominoes (BB) 3:00 Balloon Badminton (3R) 6:00 Evening Cinema (HL) 6:30 Scrabble (BB)	11:00 SilverSneakers (ET) 2:00 Dominoes (BB) TD 2:00 New Resident Event: Legacy Takes Woodstock '26 (BB) 6:00 Evening Cinema (HL) 6:30 Mexican Train Dominoes (BB) Bastille Day	10:15 Water Aerobics (P) 12:00 Enhabit Home Health Blood Pressure Clinic (Gym) TD 2:00 Agricultural Moment w/ Erycka Brock Kim, UGA Cooperative Extension (CA) 2:00 Dominoes (BB) 3:00 SilverSneakers w/ Kristi (ET) 6:00 Evening Cinema (HL) 6:30 Bingo! (BB)	TD 11:00 Women's Group w/ Susan and Kelly: Breakfast at Tiffany's Luncheon (BB) 1:00 Bible Study w/ Christy (BB) 2:00 Dominoes (BB) 2:00 Sun Safety w/ Nedda (BB) 3:00 SilverSneakers w/ Kristi (ET) 6:00 Evening Cinema (HL) 6:30 Mexican Train Dominoes (BB) 6:30 Musical Performance by Misty Harbor Duo (BB)	10:15 Water Aerobics (P) TD 1:30 Popcorn and a Movie: The Birds (3rd floor day area) 2:00 Dominoes (BB) 6:00 Evening Cinema (HL) 6:30 Scrabble (BB)	8:00 Sip and Chat (B) 11:00 Independent Exercise (Gym) 2:00 Wine and Cheese w/ Angee (BB) 2:00 Dominoes (BB) 6:00 Evening Cinema (HL) 6:30 Rummikub (BB)
10:30 St. Anne Live Stream/ Communion (Hamilton Library) 11:00 Pierce Chapel Church Live Stream (Bernard's Bar) 2:00 Dominoes (BB) 2:30 Church at the Hive w/ Mark Blaxton (Emory Theater) 6:00 Evening Cinema (HL) 6:30 Resident Led Games! (BB)	10:15 Water Aerobics (P) 10:30 Outing: Columbus Library (FL) 2:00 Dominoes (BB) 3:00 Balloon Badminton (3R) 6:00 Evening Cinema (HL) 6:30 Scrabble (BB)	10:30 Lunch Outing: Miles to Go (FL) 11:00 SilverSneakers (ET) 12:00 Men's Group: Cooking w/ Bryan and Bubba (3R) 2:00 Dominoes (BB) 6:30 Mexican Train Dominoes (BB)	10:15 Water Aerobics (P) 12:00 Enhabit Blood Pressure Clinic (Gym) 2:00 Dominoes (BB) 2:00 Golf Cart Ride to Aglow Apothecary (FL) 3:00 SilverSneakers w/ Kristi (ET) 6:00 Evening Cinema (HL) 6:30 Bingo! (BB)	11:00 Honeytones Choir Rehearsal (ET) 1:00 Bible Study w/ Christy (BB) 2:00 Dominoes (BB) 3:00 SilverSneakers w/ Kristi (ET) 6:00 Evening Cinema (HL) 6:30 Mexican Train Dominoes (BB)	10:15 Water Aerobics (P) TD 1:30 Popcorn and a Movie: Lawrence of Arabia (3rd floor day area) 2:00 Dominoes (BB) 6:00 Evening Cinema (HL) 6:30 Scrabble (BB)	8:00 Sip and Chat (B) 11:00 Independent Exercise (Gym) 2:00 Midday Serenade w/ Harry (BB) 2:00 Dominoes (BB) 6:00 Evening Cinema (HL) 6:30 Rummikub (BB)
10:30 St. Anne Live Stream/ Communion (Hamilton Library) 11:00 Pierce Chapel Church Live Stream (Bernard's Bar) 2:00 Dominoes (BB) 6:00 Evening Cinema (HL) 6:30 Resident Led Games! (BB)	9:30 Piedmont Blood Pressure Clinic (ET) 10:15 Water Aerobics (P) 2:00 Dominoes (BB) 2:00 Fall Prevention w/ Demonstrations, Stout Therapy (ET) 3:00 Balloon Badminton (3R) 6:00 Evening Cinema (HL) 6:30 Scrabble (BB)	11:00 SilverSneakers (ET) 2:00 Dominoes (BB) TD 2:00 Name that Tune-Sounds of the 60's (BB) 6:00 Evening Cinema (HL) 6:30 Mexican Train Dominoes (BB)	10:15 Water Aerobics (P) 12:00 Enhabit Blood Pressure Clinic (Gym) 2:00 Dominoes (BB) 2:00 Massages and Red Light w/ Nedda and Dezzy (HL) 3:00 SilverSneakers w/ Kristi (ET) 6:00 Evening Cinema (HL) 6:30 Bingo! (BB)	11:00 Memories and Mementos / Birthday Celebration w/ Angie (BB) 1:00 Bible Study w/ Christy (BB) 2:00 Dominoes (BB) 3:00 SilverSneakers w/ Kristi (ET) 6:00 Evening Cinema (HL) 6:30 Mexican Train Dominoes (BB)	10:15 Water Aerobics (P) TD 1:30 Popcorn and a Movie: Lolita (3rd floor day area) 2:00 Dominoes (BB) 6:00 Evening Cinema (HL) 6:30 Scrabble (BB)	

Legacy Reserve at Old Town Independent Living Activity Calendar