

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
8:30 Breakfast 9:30 60's Morning Music Circle 10:30 Brain Games 11:15 Story Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Coloring 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Country Morning Music Circle 10:30 Story Time 11:15 Fidget Boxes 12:00 Lunch 1:15 Giant Connect Four! 2:00-3:00 Golf Cart or Bus Ride 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll 7:00 Relaxation Hour Purim Begins	8:30 Breakfast 9:30 Elvis Morning Music Circle 10:30 Making Trail Mix 11:15 Relax with Essential Oils 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00 1920s Snack TD 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 70's Morning Music Circle 10:30 Laundry Folding 11:15 Relax with Essential Oils 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00 Afternoon Snack 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 80's Morning Music Circle 10:30 Rolling Silverware 11:15 Laundry Folding 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Balloon Badminton 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Country Morning Music Circle 10:30 Story Time 11:15 Brain Games 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Nail Painting 3:00 Movie Matinee TD 5:00 Dinner 6:00 Evening Stroll 7:00 Relaxation Hour	8:30 Breakfast 9:30 Country Morning Music Circle 10:30 Fidget Boxes 11:15 Quiet Time & Wind Down Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Painting or Coloring 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour		
8:30 Breakfast 9:30 50's Morning Music Circle 10:30 Brain Games 11:15 Story Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Coloring 2:30 Church at the Hive w/ Mark Blaxton (Emory Theatre) 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Country Morning Music Circle 10:30 Story Time 11:15 Fidget Boxes 12:00 Lunch 1:15 - 1:30 Afternoon Walk 2:00-3:00 Golf Cart or Bus Ride 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll 7:00 Relaxation Hour	8:30 Breakfast 9:30 Motown Morning Music Circle 10:30 Let's Make Cookies 11:15 Relax with Essential Oils 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00 Spring Shamrock Wreath Making 2:00 New Resident Event: The Bootleggers Hideaway (BB) TD 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch	8:30 Breakfast 9:30 70's Morning Music Circle 10:30 Laundry Folding 11:15 Fidget Boxes 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00 Snack & Chat! 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 80's Morning Music Circle 10:30 Rolling Silverware 11:15 Laundry Folding 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Balloon Badminton 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Swing Morning Music Circle 10:30 Story Time 11:15 Brain Games 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Nail Painting 3:00 Movie Matinee TD 5:00 Dinner 6:00 Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Motown Morning Music Circle 10:30 Fidget Boxes 11:15 Quiet Time & Wind Down Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Painting or Coloring 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour		
8:30 Breakfast 9:30 Country Morning Music Circle 10:30 Brain Games 11:15 Story Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Coloring 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 60's Morning Music Circle 10:30 Story Time 11:15 Puzzles 12:00 Lunch AW 1:15-1:30 Afternoon Walk 2:00 Queen Bee Pageant TD 2:00 Live Musical Performance by Mark Blaxton 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll 7:00 Relaxation Hour	8:30 Breakfast 9:30 70's Morning Music Circle 10:30 Let's Make Jell-O! 11:15 Puzzles 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00 St. Patty's Party! (BB) 3:00 Devotional 5:00 Dinner 6:00 Chair Stretch 7:00 Relaxation Hour St. Patrick's Day	8:30 Breakfast 9:30 60's Morning Music Circle 10:30 Laundry Folding 11:15 Fidget Boxes 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00 Snack & Chat 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Country Morning Music Circle 10:30 Rolling Silverware 11:15 Laundry Folding 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Balloon Badminton 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Salsa Morning Music Circle 10:30 Story Time 11:15 Brain Games 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Nail Painting 3:00 Movie Matinee TD 5:00 Dinner 6:00 Evening Stroll 7:00 Relaxation Hour Spring Begins	8:30 Breakfast 9:30 Motown Morning Music Circle 10:30 Fidget Boxes 11:15 Quiet Time & Wind Down Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Painting or Coloring 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour		
8:30 Breakfast 9:30 50's Morning Music Circle 10:30 Brain Games 11:15 Story Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Coloring 2:30 Church at the Hive w/ Mark Blaxton (Emory Theatre) 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 60's Morning Music Circle 10:30 Story Time 11:15 Puzzles 12:00 Lunch AW 1:15-1:30 Afternoon Walk 2:00-3:00 Golf Cart or Bus Ride 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll 7:00 Relaxation Hour	8:30 Breakfast 9:30 Elvis Morning Music Circle 10:30 Let's bake Birthday Cake! 11:15 Relax with Essential Oils 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00 March Birthday Speakeasy! TD 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 80's Morning Music Circle 10:30 Laundry Folding 11:15 Fidget Boxes 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00 Snack & Chat 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Country Morning Music Circle 10:30 Hydration Station (Drink Water) 11:15 Laundry Folding 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00 Snack Time 3:00 Devotional 5:00 Dinner 7:00 Relaxation Hour	8:30 Breakfast 9:30 Swing Morning Music Circle 10:30 Story Time 11:15 Brain Games 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Nail Painting 3:00 Devotional 5:00 Dinner 5:00-6:30 FAMILY NIGHT'S DINNER & A MOVIE: SINGIN' IN THE RAIN! (ET) TD 7:00 Relaxation Hour	8:30 Breakfast 9:30 80's Morning Music Circle 10:30 Fidget Boxes 11:15 Quiet Time & Wind Down Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Painting or Coloring 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour		
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Legacy Reserve at Old Town Memory Care Spirit Calendar