

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 Breakfast 9:30 60's Morning Music Circle 10:30 Brain Games 11:15 Story Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Coloring 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Country Morning Music Circle 10:30 Story Time 11:15 Fidget Boxes 12:00 Lunch 1:15 - 1:30 Afternoon Walk 2:00-3:00 Golf Cart or Bus Ride 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll 7:00 Relaxation Hour	8:30 Breakfast 9:30 Elvis Morning Music Circle 10:30 Making Trail Mix 11:15 Relax with Essential Oils 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00 Wreath Making Christmas Party!! 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 70's Morning Music Circle 10:30 Laundry Folding 11:15 Relax with Essential Oils 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00 Afternoon Snack 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 80's Morning Music Circle 10:30 Rolling Silverware 11:15 Laundry Folding 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Balloon Badminton 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Country Morning Music Circle 10:30 Story Time 11:15 Painting 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Nail Painting 3:00 Movie Matinee 5:00 Dinner 6:00 Evening Stroll 7:00 Relaxation Hour	8:30 Breakfast 9:30 Country Morning Music Circle 10:30 Fidget Boxes 11:15 Quiet Time & Wind Down Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Painting or Coloring 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour
8:30 Breakfast 9:30 50's Morning Music Circle 10:30 Brain Games 11:15 Story Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:30 Church at the Hive w/ Mark Blaxton (Emory Theatre) 2:00-3:00 Coloring 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Country Morning Music Circle 10:30 Story Time 11:15 Puzzles 12:00 Lunch 1:30 Walker/Wheelchair Decorating!! 2:00 Afternoon Snack 3:00 Devotional 5:00 Dinner 6:00 Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Motown Morning Music Circle 10:30 Let's Make Cookies 11:15 Relax with Essential Oils 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00 Walker/Wheelchair Christmas Parade!! 3:00 Nail Painting 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 70's Morning Music Circle 10:30 Laundry Folding 11:15 Fidget Boxes 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00 Afternoon Snack 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 80's Morning Music Circle 10:30 Rolling Silverware 11:15 Laundry Folding 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Balloon Badminton 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Swing Morning Music Circle 10:30 Story Time 11:15 Painting 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00 Snack & Chat 3:00 Devotional 5:00 Dinner 6:00 Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Motown Morning Music Circle 10:30 Fidget Boxes 11:15 Quiet Time & Wind Down Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Painting or Coloring 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour
8:30 Breakfast 9:30 Country Morning Music Circle 10:30 Brain Games 11:15 Story Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Coloring 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour Hanukkah Begins	8:30 Breakfast 9:30 Motown Morning Music Circle 10:30 Story Time 11:15 Fidget Boxes 12:00 Lunch AW 1:15-1:30 Afternoon Walk 2:00 Musical Performance by Mark Blaxton (Emory Theatre) 2:00-3:00 Golf Cart or Bus Ride 3:00 Devotional 5:00 Dinner 6:00 Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 70's Morning Music Circle 10:30 Let's Make Jell-O! 11:15 Puzzles 12:00 Lunch 1:30 DIY Clay Ornaments 2:00 Snack & Chat! 3:00 Devotional 5:00 Dinner 6:00 Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 60's Morning Music Circle 10:30 Laundry Folding 11:15 Fidget Boxes 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00 Snack & Chat 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Country Morning Music Circle 10:30 Rolling Silverware 11:15 Laundry Folding 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Balloon Badminton 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Salsa Morning Music Circle 10:30 Story Time 11:15 Painting 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Nail Painting 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll 7:00 Relaxation Hour	8:30 Breakfast 9:30 Motown Morning Music Circle 10:30 Fidget Boxes 11:15 Quiet Time & Wind Down Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Painting or Coloring 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour
8:30 Breakfast 9:30 50's Morning Music Circle 10:30 Brain Games 11:15 Story Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:30 Church at the Hive w/ Mark Blaxton (Emory Theatre) 2:00-3:00 Coloring 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour Winter Begins	8:30 Breakfast 9:30 60's Morning Music Circle 10:30 Story Time 11:15 Puzzles 12:00 Lunch AW 1:15-1:30 Afternoon Walk 2:00-3:00 Golf Cart or Bus Ride 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll 7:00 Relaxation Hour	8:30 Breakfast 9:30 Elvis Morning Music Circle 10:30 Hydration Station (Drink Water) 11:15 Relax with Essential Oils 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00 Snack & Chat! 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 80's Morning Music Circle 10:30 Laundry Folding 11:15 Fidget Boxes 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00 Snack & Chat 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 Country Morning Music Circle 10:30 Hydration Station (Drink Water) 11:15 Laundry Folding 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00 Snack Time 3:00 Devotional 5:00 Christmas Dinner 7:00 Relaxation Hour Christmas	8:30 Breakfast 9:30 Swing Morning Music Circle 10:30 Story Time 11:15 Crinkled Paper Painting 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Nail Painting 3:00 Devotional 5:00 Dinner 7:00 Relaxation Hour Boxing Day (Canada) Kwanzaa Begins	8:30 Breakfast 9:30 80's Morning Music Circle 10:30 Fidget Boxes 11:15 Quiet Time & Wind Down Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Painting or Coloring 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour
8:30 Breakfast 9:30 Elvis Morning Music Circle 10:30 Brain Games 11:15 Story Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Coloring 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 60's Morning Music Circle 10:30 Story Time 11:15 Puzzles 12:00 Lunch AW 1:15-1:30 Afternoon Walk 2:00-3:00 Golf Cart or Bus Ride 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll 7:00 Relaxation Hour	8:30 Breakfast 9:30 70's Morning Music Circle 10:30 Let's Make Jell-O! 11:15 Puzzles 12:00 Lunch AW 1:15-1:30 Afternoon Walk 2:00 Snack & Chat! 3:00 Devotional 5:00 Dinner 6:00 Chair Stretch 7:00 Relaxation Hour	8:30 Breakfast 9:30 60's Morning Music Circle 10:30 Laundry Folding 11:15 Fidget Boxes 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00 Snack & Chat 2:00 Rockin New Year's Eve Party w/ DJ Perrin "Doc" Alford (Bernard's Bar) 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Relaxation Hour New Year's Eve	December 2025		

Legacy Reserve at Old Town Memory Care Spirit Calendar