

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Happy New Year! New Year's Day	2 10:15 Water Aerobics (P) TD 1:00 Through the Decades with Atlas Presentation (Emory Theater) TD 1:30 Popcorn and a Movie: Chaplin (Emory Theater) 2:00 Dominoes (BB) 3:00 Chair Aerobics w/ Dance with Me LLC 6:00 Evening Cinema (HL) 6:45 Scrabble (BB)	3 11:00 Take a walk w/ care staff assistance 2:00 Dominoes (2R) 6:00 Evening Cinema (3R) 6:45 Rummikub
4 10:30 St. Anne Live Stream/ Communion (Hamilton Library) 11:00 Pierce Chapel Church Live Stream (Bernard's Bar) 2:00 Dominoes (2R) 2:30 Church at the Hive w/ Mark Blaxton (ET) 6:00 Evening Cinema (3R) 6:45 Resident Led Games! (BB)	5 10:15 Water Aerobics (P) TD 1:00 Through the Decades Dining Demo w/ T' Corey (3R) 2:00 Dominoes (2R) TD 3:00 Vaudeville Documentary (3rd floor day area) 6:00 Evening Cinema (3R) 6:45 Scrabble (BB)	6 11:00 SilverSneakers w/ Kristi (ET) 2:00 Dominoes (2R) 2:00 Mental Health Chat with Heather Smith (ET) TD 3:00 Documentary: Titanic: The Unsinkable Ship that Sank (ET) 6:00 Evening Cinema (3R) 6:45 Mexican Train Dominoes (BB) 6:45 Canasta (BB)	7 10:15 Water Aerobics (P) 12:00 Enhabit Home Health Blood Pressure Clinic (Gym) 2:00 Dominoes (2R) TD Outing 1:30 Tinctures and Tonics w/ Nedda at Aglow Apothecary (FL) 3:00 SilverSneakers w/ Kristi (ET) 6:00 Evening Cinema (3R) 6:45 Bingo (BB)	8 11:00 Legacy Choir Informational (ET) 1:00 Bible Study w/ Christy (BB) 2:00 Dominoes (2R) 2:00 An Afternoon of Beauty: Color Analysis w/ Joyce, Mary Kay Cosmetics (BB) 2:00 Nail Salon (3R) 3:00 SilverSneakers w/ Kristi (ET) 6:00 Evening Cinema (3R) 6:45 Rummikub (BB)	9 10:15 Water Aerobics (P) 11:30 Healthy Heart Ambassadors Presentation (ET) TD 1:30 Popcorn and a Movie: Titanic (3rd floor day area) 2:00 Dominoes (2R) 3:00 Chair Aerobics w/ Dance with Me LLC (ET) 6:00 Evening Cinema (3R) 6:45 Scrabble (BB)	10 11:00 Take a walk w/ care staff assistance 2:00 Dominoes (2R) 6:00 Evening Cinema (3R) 6:45 Rummikub
11 10:30 St. Anne Live Stream/ Communion (Hamilton Library) 11:00 Pierce Chapel Church Live Stream (Bernard's Bar) 2:00 Dominoes (2R) 6:00 Evening Cinema (3R) 6:45 Resident Led Games! (BB)	12 10:15 Water Aerobics (P) 2:00 Dominoes (2R) 2:00 Musical Performance by Mark Blaxton (ET) TD 3:00 Silent Films: One Week and The Pawnshop (ET) 6:00 Evening Cinema (3R) 6:45 Scrabble (BB)	13 10:30 Lunch Outing: Jim n' Nick's BBQ (FL) 11:00 SilverSneakers w/ Kristi (ET) 2:00 Dominoes (2R) TD 2:00 New Resident Event: Improv Let's Create Silent Movie Scenes (ET) 6:00 Evening Cinema (3R) 6:45 Mexican Train Dominoes (BB) 6:45 Canasta (BB)	14 10:15 Water Aerobics (P) 12:00 Enhabit Home Health Blood Pressure Clinic (Gym) 2:00 Dominoes (2R) 2:00 Mindful Meditation w/ Nedda (BB) 3:00 SilverSneakers w/ Kristi (ET) 6:00 Evening Cinema (3R) 6:45 Bingo (BB)	15 11:00 Women's Group with Susan and Kelly: Melted Crayon Art (BB) 1:00 Bible Study w/ Christy (BB) 2:00 Dominoes (2R) 2:00 Nail Salon (3R) 3:00 SilverSneakers w/ Kristi (ET) TD 5:00 Dinner and a Movie: The Wizard of Oz (Emory Theater) 6:00 Evening Cinema (3R) 6:45 Rummikub (BB)	16 10:15 Water Aerobics (P) 1:30 Popcorn and a Movie: Doubt (3rd floor day area) 2:00 Dominoes (2R) 3:00 Chair Aerobics w/ Dance with Me LLC (ET) 6:00 Evening Cinema (3R) 6:45 Scrabble (BB)	17 11:00 Take a walk w/ care staff assistance 2:00 Dominoes (2R) 6:00 Evening Cinema (3R) 6:45 Rummikub
18 10:30 St. Anne Live Stream/ Communion (Hamilton Library) 11:00 Pierce Chapel Church Live Stream (Bernard's Bar) 2:00 Dominoes (2R) 2:30 Church at the Hive with Mark Blaxton (Emory Theater) 6:00 Evening Cinema (3R) 6:45 Resident Led Games! (BB)	19 10:15 Water Aerobics (P) 2:00 Dominoes (2R) 2:00 Popcorn and a Movie: Selma (ET) 6:00 Evening Cinema (3R) 6:45 Scrabble (BB) Martin Luther King Jr. Day	20 11:00 SilverSneakers (ET) 2:00 Dominoes (2R) TD 2:00 Agriculture in the 1900's w/ Erycka Brock Kim (BB) 3:00 Men's Group w/ Bryan and Bubba (Gym) 6:00 Evening Cinema (3R) 6:45 Mexican Train Dominoes (BB) 6:45 Canasta (BB)	21 10:15 Water Aerobics (P) 12:00 Enhabit Home Health Blood Pressure Clinic (Gym) 2:00 Dominoes (2R) TD 2:00 Documentary: The Wright Brothers and the Evolution of Aviation (ET) 3:00 SilverSneakers w/ Kristi (ET) 6:00 Evening Cinema (3R) 6:45 Bingo (BB)	22 11:00 Legacy Choir Rehearsal (ET) 1:00 Bible Study w/ Christy (BB) 2:00 Dominoes (2R) 2:00 Nail Salon (3R) 3:00 SilverSneakers w/ Kristi (ET) 6:00 Evening Cinema (3R) 6:45 Mexican Train Dominoes (BB) 6:45 Rummikub (BB)	23 10:15 Water Aerobics (P) 1:30 Popcorn and a Movie: Proof (3rd floor day area) 2:00 Dominoes (2R) 3:00 Chair Aerobics w/ Dance with Me LLC (ET) 6:00 Evening Cinema (3R) 6:45 Scrabble (BB)	24 11:00 Take a walk w/ care staff assistance 2:00 Dominoes (2R) 6:00 Evening Cinema (3R) 6:45 Rummikub
25 10:30 St. Anne Live Stream/ Communion (Hamilton Library) 11:00 Pierce Chapel Church Live Stream (Bernard's Bar) 1:00 Outing: The Springer Opera House Presents: The Da Vinci Code (FL) 2:00 Dominoes (2R) 6:00 Evening Cinema (HL) 6:45 Resident Led Games! (BB)	26 10:15 Water Aerobics (P) 2:00 Dominoes (2R) 2:00 Health is Wealth: National Green Juice Day (Bistro) 6:00 Evening Cinema (HL) 6:45 Scrabble (BB) Australia Day (Observed)	27 11:00 SilverSneakers (ET) 2:00 Dominoes (2R) 2:00 Legacy Community Boutique (BB) 6:00 Evening Cinema (HL) 6:45 Mexican Train Dominoes (BB) 6:45 Canasta (BB)	28 10:15 Water Aerobics (P) 12:00 Enhabit Blood Pressure Clinic (Gym) 2:00 Dominoes (2R) AW 2:00 Massages and Red Light w/ Nedda and James (HL) 3:00 SilverSneakers w/ Kristi (ET) 6:00 Evening Cinema (HL) 6:45 Bingo (BB)	29 11:00 Coffee Klatch: Memories and Mementos/ Birthday Celebration with Angie (BB) 1:00 Bible Study w/ Christy (BB) 2:00 Dominoes (2R) 2:00 Nail Salon (3R) 3:00 SilverSneakers w/ Kristi (ET) 6:00 Evening Cinema (HL) 6:45 Mexican Train Dominoes (BB) 6:45 Rummikub (BB)	30 10:15 Water Aerobics (P) 11:30 Healthy Heart Ambassadors 1:30 Popcorn and a Movie: Out of Africa (3rd floor day area) 2:00 Dominoes (2R) 3:00 Chair Aerobics w/ Dance with Me LLC 6:00 Evening Cinema (HL) 6:45 Scrabble (BB)	31 11:00 Take a walk w/ care staff assistance 2:00 Dominoes (2R) 6:00 Evening Cinema (3R) 6:45 Rummikub

Legacy Reserve at Old Town Assisted Living/ Personal Care January Activities Calendar