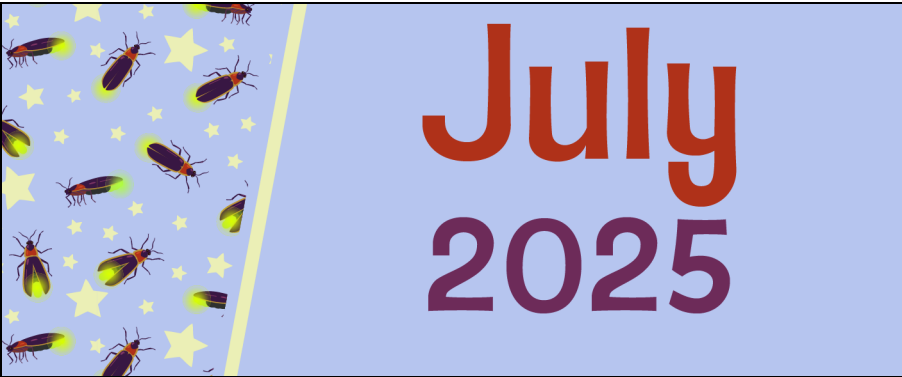
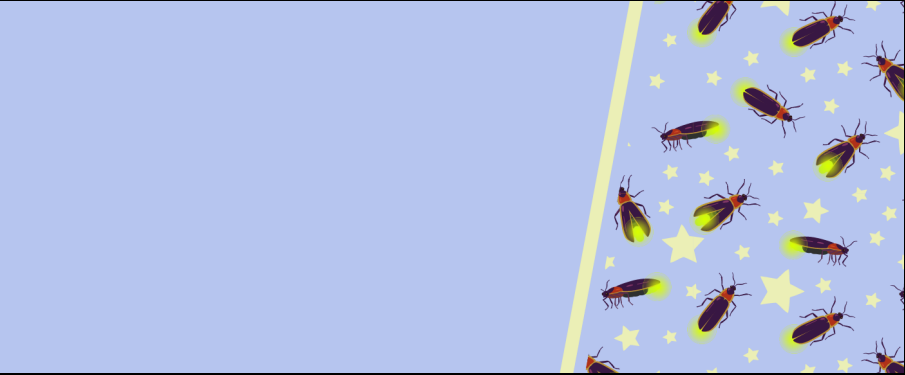


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		8:30 Breakfast 9:30 Elvis Dance & Music Circle 10:30 Red, White & Blue Cookies! 11:15 Relax with Essential Oils 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Baked Treat Time! 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Fidget Boxes Canada Day	8:30 Breakfast 9:30 Country Dance & Music Circle 10:30 Laundry Folding 11:15 Nintendo Switch Bowling 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Simon Says 3:00 Devotion with Kim 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Hand Massages with Care Staff	8:30 Breakfast 9:30 50's Dance & Music Circle 10:30 Rolling Silverware 11:15 Laundry Folding 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Balloon Badminton 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Fidget Boxes	8:30 Breakfast 9:30 Temptations Dance & Music Circle 10:30 Story Time 11:15 Water Color Painting 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Nail Painting 4:30 Let Freedom Ring Dinner (Terrace) 6:00 Evening Stroll 7:00 Water Color Painting Independence Day (U.S.)	8:30 Breakfast 9:30 60's Dance & Music Circle 10:30 Fidget Boxes 11:15 Quiet Time & Wind Down Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Water Color Painting 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Coloring
8:30 Breakfast 9:30 80's Dance & Music Circle 10:30 Brain Games 11:15 Guided Meditation 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Coloring 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Puzzles	8:30 Breakfast 9:30 Salsa Dance & Music Circle 10:30 Story Time 11:15 Puzzles 12:00 Lunch AW 1:15-1:30 Animal's of American Scavenger Hunt AW 2:00-3:00 Scenic Bus Ride! 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll 7:00 Water Color Painting	8:30 Breakfast 9:30 70's Dance & Music Circle 10:30 Baking Brownies 11:15 Relax with Essential Oils 12:00 Lunch 1:15-1:30 Afternoon Walk AW 2:00-3:00 Baked Treat Time! 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Nintendo Switch Bowling	8:30 Breakfast 9:30 60's Dance & Music Circle 10:30 Laundry Folding 11:15 Fidget Boxes 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Sit & Stretch 3:00 Devotion with Kim 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Hand Massages with Care Staff	8:30 Breakfast 9:30 Elvis Dance & Music Circle 10:30 Rolling Silverware 11:15 Laundry Folding 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Balloon Badminton 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Fidget Boxes	8:30 Breakfast 9:30 Tom Jones Dance & Music Circle 10:30 Story Time 11:15 Water Color Painting 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Nail Painting 3:00 Devotional 5:00 Dinner 6:00 Chair Stretch 7:00 Puzzles	8:30 Breakfast 9:30 50's Dance & Music Circle 10:30 Fidget Boxes 11:15 Quiet Time & Wind Down Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Water Color Painting 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Coloring
8:30 Breakfast 9:30 70's Dance & Music Circle 10:30 Brain Games 11:15 Guided Meditation 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Coloring 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Puzzles	8:30 Breakfast 9:30 80s Dance & Music Circle 10:30 Story Time 11:15 Puzzles 12:00 Lunch 1:15-1:30 Afternoon Walk AW 2:00-3:00 July's Birthday Celebration! 3:00 Devotional 5:00 Dinner 6:00 Chair Stretch 7:00 Water Color Painting	8:30 Breakfast 9:30 Swing Dance & Music Circle 10:30 Making Baked S'mores 11:15 Relax with Essential Oils 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Let's Eat S'mores! 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Nintendo Switch Bowling	8:30 Breakfast 9:30 Funky Dance & Music Circle 10:30 Laundry Folding 11:15 Fidget Boxes 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Sing Fit 3:00 Devotion with Kim 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Hand Massages with Care Staff	8:30 Breakfast 9:30 50's Dance & Music Circle 10:30 Rolling Silverware 11:15 Laundry Folding 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Balloon Badminton 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Fidget Boxes	8:30 Breakfast 9:30 Mo Town Dance & Music Circle 10:30 Story Time 11:15 Water Color Painting 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Nail Painting 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll 7:00 Puzzles	8:30 Breakfast 9:30 70's Dance & Music Circle 10:30 Fidget Boxes 11:15 Quiet Time & Wind Down Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Water Color Painting 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Coloring
8:30 Breakfast 9:30 80's Dance & Music Circle 10:30 Brain Games 11:15 Guided Meditation 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Coloring 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Puzzles	8:30 Breakfast 9:30 Disco Dance & Music Circle 10:30 Story Time 11:15 Puzzles 12:00 Lunch AW 1:15-1:30 Animal's of American Scavenger Hunt AW 2:00-3:00 Scenic Bus Ride! 3:00 Devotional 5:00 Dinner 6:00 Chair Stretch 7:00 Water Color Painting	8:30 Breakfast 9:30 The Beach Boys Dance & Music Circle 10:30 Making Cinnamon Twists 11:15 Relax with Essential Oils 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00 Let's Eat Cinnamon Twists! 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Nintendo Switch Bowling	8:30 Breakfast 9:30 60's Dance & Music Circle 10:30 Laundry Folding 11:15 Fidget Boxes 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Sing Fit 3:00 Devotion with Kim 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Hand Massages with Care Staff	8:30 Breakfast 9:30 50's Dance & Music Circle 10:30 Rolling Silverware 11:15 Laundry Folding 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Balloon Badminton 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Fidget Boxes	8:30 Breakfast 9:30 70's Dance & Music Circle 10:30 Story Time 11:15 Water Color Painting 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Nail Painting 3:00 Devotional AW 5:00 - 6:30 FAMILY NIGHT (ET) 7:00 Puzzles	8:30 Breakfast 9:30 80's Dance & Music Circle 10:30 Fidget Boxes 11:15 Quiet Time & Wind Down Time 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Water Color Painting 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Coloring
8:30 Breakfast 9:30 Morning Dance & Music Circle 10:30 Brain Games 11:15 Guided Meditation 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Coloring 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Puzzles	8:30 Breakfast 9:30 Country Dance & Music Circle 10:30 Story Time 11:15 Puzzles 12:00 Lunch AW 1:15-1:30 Animal's of American Scavenger Hunt AW 2:00-3:00 Scenic Bus Ride! 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll 7:00 Water Color Painting	8:30 Breakfast 9:30 Elvis Dance & Music Circle 10:30 Baking Cookies 11:15 Relax with Essential Oils 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Baked Treat Time! 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Nintendo Switch Bowling	8:30 Breakfast 9:30 60's Dance & Music Circle 10:30 Laundry Folding 11:15 Fidget Boxes 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Sing Fit 3:00 Devotion with Kim 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Hand Massages with Care Staff	8:30 Breakfast 9:30 Elvis Dance & Music Circle 10:30 Rolling Silverware 11:15 Laundry Folding 12:00 Lunch 1:15-1:30 Afternoon Walk 2:00-3:00 Balloon Badminton 3:00 Devotional 5:00 Dinner 6:00 Evening Stroll or Chair Stretch 7:00 Fidget Boxes		

Legacy Reserve at Old Town Memory Care Spirit Calendar