

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



HAPPY NEW YEAR'S 1		2		3		4	
New Year's Day		8:00 Sip and Chat (B) 11:00 Outing: Northside Recreation Center (FL) 1:00 Bible Study with Christy (BB) 2:30 Mini Resolution Boards (CA) 2:00 Dominoes (CA) 3:00 SilverSneakers (ET) 6:00 Evening Cinema (HL) 6:45 Mexican Train Dominoes (BB)		8:00 Sip and Chat (B) 10:15 Water Aerobics (P) 1:00 Popcorn and a Movie: Golden Globe Winner: Coal Miner's Daughter (3rd floor day area) 2:00 Dominoes (BB) AW 3:00 Brazilian Happy Hour! Rio styled Ginger Beer Floats (BB) 6:00 Evening Cinema (HL)		8:00 Sip and Chat (B) 11:00 Independent Exercise (Gym) 2:00 Dominoes (BB) 3:00 Cards and Games (BB) 6:00 Evening Cinema (HL)	

5		6		7		8		9		10		11	
8:00 Sip and Chat (B) 10:30 St. Anne Live Stream/ Communion (3R) 11:00 Pierce Chapel Church Live Stream (HL) 1:00 Phase 10 (BB) 2:00 Dominoes (BB) 2:00 Church at the Hive w/ Mark Blaxton (ET) 6:00 Evening Cinema (HL) 8:00 Golden Globes (HL)		8:00 Sip and Chat (B) 10:15 Water Aerobics (P) 11:30 AW 2:00 Dining Demo w/ Autumn (3R) AW 3:00 Around the World with Atlas Presentation (ET) 6:00 Evening Cinema (HL)		8:00 Sip and Chat (B) AW 10:30 Outing: Neon- Fi Brazilian Steakhouse and Seafood (FL) 11:00 SilverSneakers (ET) 2:00 Dominoes (BB) 2:00 Mental Health Chat w/ Heather Smith (ET) AW 3:00 Charades (BB) 6:00 Evening Cinema (HL) 6:00 Men's Meeting w/ Hoot Gibson (BB)		8:00 Sip and Chat (B) 10:15 Water Aerobics (P) 12:00 Enhabit Home Health Blood Pressure Clinic (Gym) 2:00 Resident Art Show (ET) 2:00 Dominoes (BB) 3:00 SilverSneakers (ET) 6:00 Evening Cinema (HL) 6:30 Bingo After Hours (BB)		8:00 Sip and Chat (B) 10:00 Outing: Columbus Police Department Heritage Center (FL) 1:00 Bible Study with Christy (BB) 2:00 Dominoes (CA) 3:00 SilverSneakers (ET) 6:00 Evening Cinema (HL) 6:45 Mexican Train Dominoes (BB)		8:00 Sip and Chat (B) 10:15 Water Aerobics (P) 2:00 Dominoes (BB) AW 2:00 Popcorn and a Movie: Rio (3rd floor day area) 3:00 Chair Soccer (3R) 6:00 Evening Cinema (HL)		8:00 Sip and Chat (B) 11:00 Independent Exercise (Gym) 2:00 Dominoes (BB) 3:00 Cards and Games (BB) 6:00 Evening Cinema (HL)	

12		13		14		15		16		17		18	
8:00 Sip and Chat (B) 10:30 St. Anne Live Stream/ Communion (3R) 11:00 Pierce Chapel Church Live Stream (HL) 1:00 Phase 10 (BB) 2:00 Dominoes (BB) 6:00 Evening Cinema (HL)		8:00 Sip and Chat (B) 10:15 Water Aerobics (P) 11:30 Circuit Training w/ Aegis Therapies (Gym) 2:00 Dominoes (BB) 2:00 Musical Performance by Mark Blaxton (ET) 3:00 Walking Club (FL) 6:00 Evening Cinema (HL)		8:00 Sip and Chat (B) 11:00 SilverSneakers (ET) 2:00 Dominoes (BB) AW 2:00 New Resident Event: Brazilian Cocktails, Mocktails, and Charcuterie (BB) 6:00 Evening Cinema (HL)		8:00 Sip and Chat (B) 10:15 Water Aerobics (P) 12:00 Enhabit Home Health Blood Pressure Clinic (Gym) AW 2:00 Art w/ Nedda (CA) 2:00 Dominoes (BB) AW 3:00 SilverSneakers and Samba (ET) 6:00 Evening Cinema (HL) 6:30 Bingo After Hours (BB)		8:00 Sip and Chat (B) 11:00 Outing: Women's Group: TJ Maxx (FL) 1:00 Bible Study with Christy (BB) 2:00 Dominoes (CA) 3:00 SilverSneakers (ET) 6:00 Evening Cinema (HL) 6:45 Mexican Train Dominoes (BB)		8:00 Sip and Chat (B) 10:15 Water Aerobics (P) 2:00 Dominoes (BB) 2:00 Documentary: Secret Brazil: Wild Pantanal (3rd floor Day area) 3:00 Chair Soccer (3R) 6:00 Evening Cinema (HL)		8:00 Sip and Chat (B) 11:00 Independent Exercise (Gym) 2:00 Dominoes (BB) 3:00 Cards and Games (BB) 6:00 Evening Cinema (HL)	

19		20		21		22		23		24		25	
8:00 Sip and Chat (B) 10:30 St. Anne Live Stream/ Communion (3R) 11:00 Pierce Chapel Church Live Stream (HL) 1:00 Phase 10 (BB) 2:00 Dominoes (BB) 2:00 Church at the Hive w/ Mark Blaxton (ET) 6:00 Evening Cinema (HL) Activity Professionals Week		8:00 Sip and Chat (B) 10:15 Water Aerobics (P) 2:00 Dominoes (CA) 2:00 Memories and Mementos: Civil Rights Era (BB) 3:00 Watch the "I have a Dream Speech (BB) 3:00 Walking Club (FL) 6:00 Evening Cinema (HL) Martin Luther King Jr. Day		8:00 Sip and Chat (B) 11:00 SilverSneakers (ET) 2:00 Dominoes (BB) AW 2:00 Brazilian Fruit Sampling (BB) 3:00 Men's Group w/ Bryan and Bubba (3R) 6:00 Evening Cinema (HL) 6:45 Mexican Train Dominoes (CA)		8:00 Sip and Chat (B) 10:15 Water Aerobics (P) 12:00 Enhabit Home Health Blood Pressure Clinic (Gym) 2:00 Health Chat w/ Enhabit Home Health: Glaucoma (ET) 2:00 Dominoes (BB) AW 3:00 SilverSneakers and Samba(ET) 6:00 Evening Cinema (HL) 6:30 Bingo After Hours (BB)		8:00 Sip and Chat (B) 10:00 Outing: The Lodge at Cascade Hills Church (FL) 1:00 Bible Study with Christy (BB) 2:00 Dominoes (BB) 3:00 SilverSneakers (ET) 6:00 Evening Cinema (HL) 6:45 Mexican Train Dominoes (BB)		8:00 Sip and Chat (B) 10:15 Water Aerobics (P) 2:00 Dominoes (BB) AW 2:00 Documentary: Expedition Amazon (3rd floor day area) 3:00 Chair Soccer (3R) 6:00 Evening Cinema (HL)		8:00 Sip and Chat (B) 11:00 Independent Exercise (Gym) 2:00 Dominoes (BB) 3:00 Cards and Games (BB) 6:00 Evening Cinema (HL)	

26		27		28		29		30		31					
8:00 Sip and Chat (B) 10:30 St. Anne Live Stream/ Communion (3R) 11:00 Pierce Chapel Church Live Stream (HL) 1:00 Phase 10 (BB) 1:15 Outing: Springer Opera House Presents: Ma Rainey's Black Bottom (FL) 2:00 Dominoes (BB) 6:00 Evening Cinema (HL)		8:00 Sip and Chat (B) 10:15 Water Aerobics (P) 2:00 Dominoes (BB) AW 2:00 Mint Caipirinha Ice Pops (CA) 3:00 Walking Club (FL) 6:00 Evening Cinema (HL)		8:00 Sip and Chat (B) 11:00 SilverSneakers (ET) 2:00 Dominoes (BB) 2:00 Jewelry Making (CA) AW 3:00 Charades (BB) 6:00 Evening Cinema (HL) 6:45 Mexican Train Dominoes (BB)		8:00 Sip and Chat (B) 10:15 Water Aerobics (P) 12:00 Enhabit Home Health Blood Pressure Clinic (Gym) 2:00 Chair Massage and Red Light Therapy w/ Lolli and Nedda (CA) 2:00 Dominoes (BB) AW 3:00 SilverSneakers and Samba (ET) 6:00 Evening Cinema (HL) 6:30 Bingo After Hours (BB)		8:00 Sip and Chat (B) AW 11:00 Making Rainforest Terrariums (CA) 1:00 Bible Study with Christy (BB) 2:00 Dominoes (BB) 3:00 SilverSneakers (ET) 6:00 Evening Cinema (HL) 6:45 Mexican Train Dominoes (BB)		8:00 Sip and Chat (B) 10:15 Water Aerobics (P) 2:00 Dominoes (BB) 3:00 Celebrating January Birthdays (BB) 6:00 Evening Cinema (HL)					