

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 St. Anne Live Stream/ Communion (3R) 11:00 Pierce Chapel Church Live Stream (HL) 1:00 Phase 10 (BB) 2:00 Dominoes (BB) 6:00 Evening Cinema (3R)	<b>UGLY CHRISTMAS SWEATER DAY!!</b> 10:15 Water Aerobics (P) 11:30 Circuit Training w/ Aegis Therapies (Gym) 2:00 Dominoes (BB) NP 2:00 National Park Dining Demo w/ Autumn (3R) NP 3:00 Glacier National Park Documentary (3rd floor Day area) 6:00 Evening Cinema (3R)	10:30 Outing: Let's Paint! Holiday Pottery (FL) 11:00 SilverSneakers (ET) 2:00 Dominoes (BB) 2:00 Mental Health Chat w/ Heather Smith (ET) 3:00 Let's Dance w/ Len Clegg (ET) 6:00 Evening Cinema (3R) 6:00 Men's Meeting w/ Hoot Gibson (BB)	8:15 Outing: Dillard's Holiday Hours for Seniors (FL) 10:15 Water Aerobics w/ Aegis Therapies (P) 12:00 Enhabit Home Health Blood Pressure Clinic (Gym) 2:00 w/ Nedda (CA) 3:00 Let's Get Moving w/ Olivia (3R) 2:00 Dominoes (BB) 6:00 Evening Cinema (3R) 6:30 Bingo After Hours (BB)	10:00 Outing: Gingerbread Village at the RiverCenter (FL) 1:00 Bible Study with Christy (BB) 2:00 Dominoes (BB) 3:00 SilverSneakers (ET) 5:00 Legacy Tree Lighting Ceremony (FL) 6:00 Evening Cinema (HL) 6:45 Mexican Train Dominoes (BB)	10:15 Water Aerobics (P) 10:30 Lunch Outing: Ezell's (FL) 11:30 Circuit Training w/ Aegis Therapies (Gym) 2:00 Popcorn and a Movie: Home Alone (ET) 2:00 Dominoes (BB) 3:00 Walking Club (Resident Led) 6:00 Evening Cinema (HL)	11:00 Take a walk w/ care staff assistance 2:00 Dominoes (2R) 3:00 Cards and Games (BB) 6:00 Evening Cinema (3R)
10:30 St. Anne Live Stream/ Communion (3R) 11:00 Pierce Chapel Church Live Stream (HL) 1:00 Phase 10 (BB) 2:00 Dominoes (BB) 6:00 Evening Cinema (3R)	10:15 Water Aerobics (P) 11:30 Circuit Training w/ Aegis Therapies (Gym) 2:00 Dominoes (BB) NP 2:00 Glacier Trail Mix (3R) 3:00 White Elephant/ Dirty Santa (BB) 3:00 Walking Club (Resident Led) 6:00 Evening Cinema (HL) 6:15 Outing: Columbus Community Orchestra (FL)	10:00 Outing Men's Group w/ Bryan and Bubba: Little White House (3R) 11:00 SilverSneakers (ET) 2:00 Dominoes (BB) NP 2:00 Polar Foot Plunge w/ Residents and Staff (ET) 6:00 Evening Cinema (3R) 6:45 Mexican Train Dominoes (CA)	10:15 Water Aerobics w/ Aegis Therapies (P) 12:00 Enhabit Home Health Blood Pressure Clinic (Gym) 2:00 Chair Massage and Red Light Therapy w/ Lolli and Nedda (CA) 2:00 Dominoes (BB) 3:00 Let's Get Moving w/ Olivia (3R) 6:00 Evening Cinema (3R) 6:30 Bingo After Hours (BB)	10:15 Water Aerobics w/ Aegis Therapies (P) 12:00 Enhabit Home Health Blood Pressure Clinic (Gym) 2:00 Chair Massage and Red Light Therapy w/ Lolli and Nedda (CA) 2:00 Dominoes (BB) 6:00 Evening Cinema (3R) 6:30 Bingo After Hours (BB)	1:00 Bible Study with Christy (BB) 2:00 Baking Christmas Cookies! (3R) 2:00 Dominoes (BB) 3:00 No SilverSneakers today (FL) 3:00 Walking Club (Resident Led) 6:00 Evening Cinema (3R) 6:45 Mexican Train Dominoes (BB)	11:00 Take a walk w/ care staff assistance 1:15 Outing: Springer Opera House Presents: A Christmas Story Musical (FL) 2:00 Dominoes (2R) 3:00 Cards and Games (BB) 6:00 Evening Cinema (3R)
10:30 St. Anne Live Stream/ Communion (3R) 11:00 Pierce Chapel Church Live Stream (HL) 1:00 Phase 10 (BB) 2:00 Dominoes (BB) 6:00 Evening Cinema (3R)	10:15 Water Aerobics (P) 11:30 Circuit Training w/ Aegis Therapies (Gym) 2:00 Dominoes (BB) 2:00 Musical Performance by Mark Blaxton (ET) 3:00 Walking Club (FL) 6:00 Evening Cinema (3R)	11:00 Silversneakers (ET) 2:00 Dominoes (BB) 2:00 Holiday Walker, Wheelchair, Cane Decorating Competition and Parade (ET) 3:00 Cards and Games (BB) 6:00 Evening Cinema (3R) 6:45 Mexican Train Dominoes (BB) 6:00 Men's Meeting w/ Hoot Gibson (BB)	10:15 Water Aerobics w/ Aegis Therapies (P) 12:00 Enhabit Home Health Blood Pressure Clinic (Gym) 2:00 Nightmare Before Christmas Party w/ DJ Perrin Alford (BB) 2:00 Dominoes (CA) 3:00 Let's Get Moving w/ Olivia (3R) 6:00 Evening Cinema (3R) 6:30 Bingo After Hours (BB)	11:00 Women's Group: Dutch Margarita Lunch (BB) 1:00 Bible Study with Christy (BB) 2:00 Dominoes (BB) NP 2:30 Pin the Tail on the Mountain Goat (BB) 3:00 SilverSneakers (ET) 5:00 Outing: Fantasy in Lights Callaway Gardens (FL) 6:00 Evening Cinema (3R) 6:45 Mexican Train Dominoes (BB)	10:15 Water Aerobics (P) 11:30 Circuit Training w/ Aegis Therapies (Gym) 2:00 Dominoes (BB) 2:00 Popcorn and a Movie: It's a Wonderful Life (ET) NP 3:00 Painting w/ Ice Cubes (CA) 6:00 Evening Cinema (3R)	11:00 Take a walk w/ care staff assistance Outing 1:15 Polar Express at the Nat'l Infantry Museum (FL) 2:00 Dominoes (BB) 3:00 Cards and Games (BB) 6:00 Evening Cinema (3R)  Winter Begins
10:30 St. Anne Live Stream/ Communion (3R) 11:00 Pierce Chapel Church Live Stream (HL) 1:00 Phase 10 (BB) 2:00 Church at the Hive w/ Mark Blaxton (Emory Theater) 2:00 Dominoes (BB) 6:00 Evening Cinema (3R)	9:00 Piedmont Blood Pressure Clinic (ET) 10:15 Water Aerobics (P) 11:30 Circuit Training w/ Aegis Therapies (Gym) NP 2:00 Frozen Hot Chocolate Mixer (BB) 2:00 Dominoes (BB) 3:00 Walking Club (FL) 6:00 Evening Cinema (3R)	11:00 No SilverSneakers today 2:00 Let's Sing Along! Christmas Caroling (2nd Floor around Piano) 2:00 Dominoes (BB) 3:00 Walking Club (FL) 6:00 Evening Cinema (3R)	<b>MERRY CHRISTMAS!!!</b>  Hanukkah Begins Christmas	10:00 Lunch Outing: Olive Garden (FL) NP 2:00 Let's Learn: Native American Speaks Program (ET) 2:00 Dominoes (BB) 3:00 No SilverSneakers today 6:00 Evening Cinema (3R)  Boxing Day (Canada) Kwanzaa	10:15 Water Aerobics (P) 11:30 Circuit Training w/ Aegis Therapies (Gym) 2:00 Dominoes (BB) 2:00 Community Yard Sale (ET) 3:00 Celebrating December Birthdays (BB) 6:00 Evening Cinema (3R)	11:00 Take a walk w/ care staff assistance 2:00 Dominoes (BB) 3:00 Cards and Games (BB) 6:00 Evening Cinema (3R)
10:30 St. Anne Live Stream/ Communion (3R) 11:00 Pierce Chapel Church Live Stream (HL) 1:00 Phase 10 (BB) 2:00 Dominoes (BB) 6:00 Evening Cinema (3R)	10:15 Water Aerobics (P) 11:30 Circuit Training w/ Aegis Therapies (Gym) 2:00 Dominoes (BB) NP 2:00 Chalk Pastel Northern Lights (CA) 3:00 Walking Club (FL) 6:00 Evening Cinema (3R)	11:00 Silversneakers (ET) 2:00 Dominoes (CA) 3:00 Happy Hour! Memories and Mementos (BB) 3:00 Walking Club (FL) 6:00 Evening Cinema (HL)  New Year's Eve				