

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:15 Water Aerobics (P) 1 10:30 Let's Get Moving w/ Olivia NP2:00 Dining Demo w/ T'Cory! (3R) 2:00 Dominoes (BB) NP3:00 Yosemite National Park Documentary (3rd floor day area) 6:00 Evening Cinema (3R)	11:00 SilverSneakers w/ Kristi (ET) 2 NP 2:00 Making Glacier Gak! (CA) 2:00 Dominoes (BB) 3:00 New Resident Red Carpet Event! (BB) 6:00 Evening Cinema (HL) 6:00 Evening Serenade w/ Bob Ottman (2nd Floor near piano) 6:45 Mexican Train Dominoes (BB)	10:15 Water Aerobics (P) 3 11:00 Intro to Spanish w/ Pearl (CA) 2:00 Dominoes (BB) NP2:00 Sequoia Fork Painting w/ Nedda (CA) 3:00 Let's Get Moving w/ Olivia 6:30 Bingo After Hours w/ Shelly and Pino (BB)	10:30 Outing: Lunch (FL) 4 1:00 Bible Study w/ Christy (BB) 2:00 Dominoes (BB) 2:00 Mental Health Forum w/ Heather Smith (ET) 3:00 SilverSneakers w/ Kristi (ET) 6:00 Evening Cinema (3R)	10:15 Water Aerobics (P) 5 11:00 Intro to Spanish w/ Pearl (CA) NP2:00 Popcorn and a Movie: Marry Me in Yosemite (3rd floor day area) 2:00 Dominoes (BB) 3:00 Let's Get Moving w/ Kim (3R) 6:00 Evening Cinema (3R)	11:00 Take a walk w/ care 6 staff assistance 2:00 Dominoes (BB) 2:00 Chair Yoga w/ Naomi (Gym) 6:00 Evening Cinema (HL)
10:30 St. Anne Live Stream/Communion (3R) 7 11:00 Pierce Chapel Church Live Stream (HL) 2:00 Dominoes (BB) 6:00 Evening Cinema (3R)	10:15 Water Aerobics (P) 8 10:30 Let's Get Moving w/ Olivia 11:00 Enhabit Home Health Blood Pressure Clinic (Gym) 2:00 Enhabit Home Health Wellness Chat (ET) 2:00 Dominoes (BB) 6:00 Evening Cinema (3R)	8:00 Sip and Chat (Bistro) 9 11:00 SilverSneakers w/ Kristi (ET) NP2:00 Yosemite Diorama(CA) 2:00 Dominoes (BB) 6:00 Evening Cinema (3R) 6:45 Mexican Train Dominoes (BB)	10:15 Water Aerobics (P) 10 11:00 Intro to Spanish w/ Pearl (CA) 2:00 Dominoes (BB) 2:00 How to use the UBER Rideshare App Mini Class (ET) 3:00 Let's Get Moving w/ Olivia 6:30 Bingo After Hours w/ Shelly and Pino (BB)	11:00 Fall Assessment w/ CenterWell Home Health (ET) 11 1pm Bible Study w/ Christy (BB) 2:30 Nail Salon (3R) 3:00 SilverSneakers w/ Kristi (ET) 4:00 Spring into Easy Living w/ David Tyler (T) 6:00 Evening Cinema (3R)	10:15 Water Aerobics (P) 12 11:00 Intro to Spanish w/ Pearl (CA) NP2:00 Scenic Golf Cart Ride through Old Town (FL) 2:00 Dominoes (BB) 3:00 Let's Get Moving w/ Kim (3R) 6:00 Evening Cinema (3R)	11:00 Take a walk w/ care 13 staff assistance 2:00 Columbus Youth Orchestra Performance (ET) 2:00 Dominoes (BB) 6:00 Evening Cinema (HL)
10:30 St. Anne Live Stream/Communion (3R) 14 11:00 Pierce Chapel Church Live Stream (HL) 2:00 Dominoes (BB) 6:00 Evening Cinema (3R)	10:15 Water Aerobics (P) 15 10:30 Let's Get Moving w/ Olivia NP2:00 No Bake Protein Hiking Snack (3R) 2:00 Dominoes (BB) 3:00 Park Ranger Bubba Bingo (BB) 6:00 Evening Cinema (3R)	11:00 SilverSneakers w/ Kristi 16 (ET) NP 2:00 Making Pinecone Bird Feeders (CA) 2:00 Dominoes (BB) 3:00 Cards and Games (BB) 6:00 Evening Cinema (3R) 6:45 Mexican Train Dominoes (BB)	10:15 Water Aerobics (P) 17 11:00 Intro to Spanish w/ Pearl (CA) 2:00 Dominoes (BB) NP2:00 Making Rainbow Sun Catchers (CA) 3:00 Let's get Moving w/ Olivia 6:00 Evening Cinema (3R)	NP 9:00 Outing: Callaway Gardens (FL) 18 1:00 Bible Study w/ Christy (BB) 2:00 Dominoes (BB) 2:30 Nail Salon (3R) 3:00 SilverSneakers w/ Kristi (ET) 6:00 Evening Cinema (3R)	10:15 Water Aerobics (P) 19 11:00 Intro to Spanish w/ Pearl (CA) NP2:00 Last of the Mohicans (3rd floor day area) 2:00 Dominoes (BB) 3:00 Let's Get Moving w/ Kim (3R) 6:00 Evening Cinema (3R)	11:00 Take a walk w/ care 20 staff assistance 2:00 Dominoes (BB) 6:00 Evening Cinema (HL)
10:30 St. Anne Live Stream/Communion (3R) 21 11:00 Pierce Chapel Church Live Stream (HL) 2:00 Dominoes (BB) 6:00 Evening Cinema (3R)	Earth Day 22 9:30 Piedmont Blood Pressure Clinic (ET) 10:15 Water Aerobics (P) 10:30 Let's Get Moving w/ Olivia NP 2:00 Horticulture Therapy (T) 2:00 Dominoes (BB) 6:00 Evening Cinema (3R)	11:00 SilverSneakers w/ Kristi 23 (ET) NP2:00 Yosemite "Fire" Blow Painting (CA) 2:00 Dominoes (BB) 3:00 Cards and Games (BB) 6:00 Evening Cinema (3R) 6:45 Mexican Train Dominoes (BB)	10:15 Water Aerobics (P) 24 2:00 Dominoes (BB) 2:00-5pm Chair Massages and Red Light Therapy w/ Lolli and Nedda (HL) 6:30 Bingo After Hours w/ Shelly and Pino (BB)	NP 11:00 Fruit Loop Rainbow Craft 25 1pm Bible Study w/ Christy (BB) 2:00 Wellness Chat IBS w/ Jenifer Steen (ET) 2:00 Lavender Lemonade and Scone Social (3R) 2:00 Dominoes (BB) 3:00 Cards and Games (BB) 6:00 Evening Cinema (3R)	10:15 Water Aerobics (P) 26 11:00 Intro to Spanish w/ Pearl (CA) NP2:00 Nat'l Geographic Presents: Yosemite (3rd floor day area) 3:00 Let's get Moving w/ Kim (3R) 6:45 Outing: Springer Opera House Presents: Beautiful: The Carol King Musical (FL)	11:00 Take a walk w/ care 27 staff assistance 2:00 Chair Yoga w/ Naomi (Gym) 2:00 Dominoes (BB) 6:00 Evening Cinema (HL)
10:30 St. Anne Live Stream/Communion (3R) 28 11:00 Pierce Chapel Church Live Stream (HL) 2:00 Dominoes (BB) 6:00 Evening Cinema (3R)	10:15 Water Aerobics (P) 29 10:30 Let's Get Moving w/ Olivia NP2:00 Skittles Rainbow Experiment (3R) 2:00 Dominoes (BB) 3:00 Short Story Book Club (3R) 6:00 Evening Cinema (3R)	11:00 SilverSneakers w/ Kristi 30 (ET) 2:00 Chat w/ Susan (BB) 2:00 Dominoes (BB) NP Outing 3:00 Birdwatching (Meet in Front Lobby) 6:00 Evening Cinema (HL) 6:45 Mexican Train Dominoes (BB)				

April 2024

Legacy Reserve Assisted Living