

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 2023 Legacy Reserve at Old Town Independent Living					10:30 Co-Ed Coffee Klatch (BB) 2:00 Popcorn and a Movie (3R) 3:00 Painting (CA) 1	Independent Exercise 6:00 Evening Cinema (HL) 2
10:30 St. Anne's Live Stream/Communion (3R) 11:00 Pierce Chapel Church Live Stream (HL) 3	LABOR DAY 4	11:00 Seated Cardio (Gym) 2:00 Two Truths and a Lie! (A community mixer) (BB) 3:00 Dominoes (BB) 5	10:15 Sit and Stretch (Gym) 2:00 Natural Health and Immunity Seminar (BB) Tea and cookies served! 3:00 Dominoes (BB) 3:00 Cards (BB) 6	11:00 Zumba (Gym) 1-3pm Wellness Fair (ET) 1:00 Bible Study w/ Christi B: Life Lessons from John (ET) 3:00 Dominoes (BB) 7	10:15 Water Aerobics (P) 2:00 Crafts: Toilet Paper Pumpkins (CA) 3:00 Painting (CA) 8	Independent Exercise 6:00 Evening Cinema (HL) 9
10:30 St. Anne's Live Stream/Communion (3R) 11:00 Pierce Chapel Church Live Stream (HL) 10	10:15 Water Aerobics (P) 2:00 Bingo w/ Erica, Utopia Unlimited Private Home Care 3:00 Dominoes (BB) 3:00 Cards (BB) 11	10:30 Windshield Tour of Columbus (Front Lobby) 3:00 Dominoes (BB) 6:30 Sweet Dreams Sound Bath (ET) 12	10:15 Water Aerobics (P) 2:00 Genealogy Tour w/ Amy, North Columbus Public Library (HL) 3:00 Dominoes (BB) 3:00 Cards (BB) 13	10:30 Outing: Miles to Go 11:00 Sit and Stretch 1:00 Bible Study w/ Christi B: Life Lessons from John (ET) 3-6pm Pain and Inflammation Clinic (Please Sign Up on signup sheet) w/ Nedda, Aglow Apothecary (Salon) 14	10:15 Water Aerobics (P) 2:00 Craft: Paper Leaf Wreath (CA) 3:00 Dominoes (BB) 15	Independent Exercise 6:00 Evening Cinema (HL) 16
10:30 St. Anne's Live Stream/Communion (3R) 11:00 Pierce Chapel Church Live Stream (HL) 1:30 Self Care Sunday! (Hand massages, facial masks, snacks, and a movie) 17	10:15 Water Aerobics (P) 2:00 Divine Dinners (3R) 3:00 Cards (BB) 18	11:00 Seated Cardio (Gym) 2:30 ELVIS Musical tribute by David Taylor (BB) 19	10:15 Water Aerobics (P) 2:00 Chair Yoga w/ Ally, Aglow Apothecary (Gym) 3:00 Dominoes (BB) 3:00 Cards (BB) 20	11:00 Zumba (Gym) 1:00 Bible Study w/ Christi B: Life Lessons from John (ET) 5:00 Chef's Table (M) 21	10:15 Water Aerobics 1:30 Blackjack w/ Bill LaHouse (BB) 2:00 Mental Health Forum w/ Heather Smith (ET) 3:00 Dominoes (BB) 22	11:00 Fall Brunch (M) 6:00 Evening Cinema (HL) 23
10:30 St. Anne's Live Stream/Communion (3R) 11:00 Pierce Chapel Church Live Stream (HL) 24	10:15 Water Aerobics 3:00 Queen Bee Pageant (ET) 25	11:00 Seated Cardio (Gym) 3:00 Legacy's Got Talent (talent show) (BB) 26	10:00 OUTING: Springer Opera House Presents: ELVIS: A Musical Revolution (Lunch to Follow) 10:15 Water Aerobics (P) 2:30 Oktoberfest in Bernard's! 27	11:00 Zumba (Gym) 1:00 Bible Study w/ Christi B: Life Lessons from John (ET) 2:30 Cholesterol and Heart Health Chat w/ Jenifer Steen (ET) 28	10:15 Water Aerobics (P) 11:00 Ladies Tea (in recognition of gynecological cancers awareness month) (M) 3:00 Dominoes (BB) 29	Independent Exercise 6:00 Evening Cinema (HL) 30