Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 2023 Legacy Reserve at Old Town Assisted Living					10:30 Co-Ed Coffee Klatch (BB) 2:00 Popcorn and a Movie (3R) 3:00 Painting (CA)	11:00 Take a Walk! (with care staff assistance 6:00 Evening Cinema (3R)
10:30 St. Anne's Live Stream/Communion (3R) 11:00 Pierce Chapel Church Live Stream (HL)	LABOR DAY	11:00 Seated Cardio (Gym) 2:00 Two Truths and a Lie! (A community mixer) (BB) 3:30 Cornhole (3R)	10:15 Sit and Stretch (Gym) 2:00 Natural Health and Immunity Seminar (CA) 3:00 Cards (BB)	11:00 Zumba (Gym) 1–3pm Wellness Fair (ET) 1:00 Bible Study w/ Christi B: Life Lessons from John (ET) 3:30 Ladderball (3R)	10:15 Water Aerobics (P) 2:00 Crafts: Toilet Paper Pumpkins (CA) 3:00 Painting (CA)	11:00 Take a Walk! (with ⁹ care staff assistance 6:00 Evening Cinema (3R)
Stream/Communion (3R) 11:00 Pierce Chapel Church Live Stream (HL)	10:15 Water Aerobics (P) 11 2:00 Bingo w/ Erica, Utopia Unlimited Private Home Care 3:00 Dominoes (BB) 3:00 Cards (BB)	10:30 Windshield Tour of Columbus (Front Lobby) 2:30 Shuffleboard (3R) 3:30 Let's Make a Snack! (3R)	10:15 Water Aerobics (P) ¹³ 2:00 Genealogy Tour w/ Amy, North Columbus Public Library (HL) 3:00 Cards (BB)	10:30 Outing: Miles to Go 14 11:00 Sit and Stretch 1:00 Bible Study w/ Christi B: Life Lessons from John (ET) 3:00 Pain and Inflammation Clinic (Please Sign Up on signup sheet) w/ Nedda, Aglow Apothecary (Salon)	10:15 Water Aerobics (P) 5 2:00 Craft: Paper Leaf Wreath (CA) 3:00 Painting (CA)	11:00 Take a Walk! (with care staff assistance 6:00 Evening Cinema (3R)
10:30 St. Anne's Live Stream/Communion (3R) 11:00 Pierce Chapel Church Live Stream (HL) 1:30 Self Care Sunday! (Hand massages, facial masks, snacks, and a movie)	10:15 Water Aerobics (P) ⁸ 2:00 Divine Dinners (3R) 3:00 Cards (BB)	11:00 Seated Cardio (Gyml) 2:30 ELVIS Musical tribute by David Taylor (BB)	10:15 Water Aerobics (P) ²⁰ 2:00 Chair Yoga w/ Naomi, Aglow Apothecary (Gym) 3:00 Cards (BB)	11:00 Zumba (Gym) 1:00 Bible Study w/ Christi B: Life Lessons from John (ET) 5:00 Chef's Table (M)	10:15 Water Aerobics 1:30 Blackjack w/ Bill LaHouse (BB) 2:00 Mental Health Forum w/ Heather Smith (ET)	11:00 Fall Brunch (M) 6:00 Evening Cinema (3R)
10:30 St. Anne's Live Stream/Communion (3R) 11:00 Pierce Chapel Church Live Stream (HL)	10:15 Water Aerobics 3:00 Queen Bee Pageant (ET)	(Gym) 3:00 Legacy's Got Talent (talent show) (BB)	10:00 Springer Opera House Presents: ELVIS: A Musical Revolution 10:15 Water Aerobics (P) 2:00 Balloon Badminton (3R) 3:00 Cards (BB)	11:00 Zumba (Gym) 1:00 Bible Study w/ Christi B: Life Lessons from John (ET) 2:30 Beachball Volleyball (3R)	11:00 Ladies Tea (in recognition of gynecological cancers awareness month) (M)	11:00 Take a Walk! (with ³⁰ care staff assistance 6:00 Evening Cinema (3R)