

2026
AUGUST 1970'S

Legacy Reserve Fritz Farm Independent Living



Sunday

Location Key

Around the Decades-ATD

Outing-O

Theater-T

Bernards Bar-B

Bluegrass Bistro-BB

Chandlers Dining-CD

Monday

Private Dining-PD Library-L

Fitness Room-FR Pool-P

Courtyard-C Dog Park-DP

Art Center-AC

Tuesday

All Activities are subject to change; please make sure to look at your WAG sheets for any weekly Updates ☺

Wednesday



thursday



Friday



Saturday

2 10:00-Pick-up for Crestwood Church (FL)(O)
11:15-Tai Chi with Chip (T)
1:00-Communion with Maxwell Presbyterian Church(T)

9 10:00-Pick-up for Crestwood Church (FL)(O)
1:00- Uno With friends (L)
3:00-Clays Mill Baptist Church service(T)
5:00-A blessing not a Burden, Holocaust Book Event(T)

16 10:00-Pick-up for Crestwood Church (FL)(O)
11:15-Tai Chi With Chip(T)
12:30-Thursday Murder Club (T)
1:00- Uno With friends (L)
2:00-Word Searches and Sudoku(L)

23 10:00-Pick-up for Crestwood Church (FL)(O)
1:00- Uno With friends (L)
2:00-Piano with Pam (PL)
3:00-Clays Mill Baptist Church service(T)

30 10:00-Pick-up for Crestwood Church (FL)(O)
11:15-Tai Chi with Chip (T)
1:00- Uno With friends (L)
2:00-Word Searches and Sudoku(L)

3 10:00-2:00- Bake sell with Emma Spurlock! (FL)
11:15-Fitness with Ford(T)
1:00-Bridge(L)
2:00-Balance Class(T)
4:00-Trivia with Friends(B)

10 10:00-1:00-Facials with Lexi, \$30 per session (SPA)
11:15-Fitness with Ford(T)
1:00-Bridge(L)
2:00-Balance Class(T)
4:00-Trivia with Friends (B)

17 11:15-Fitness with Ford(T)
1:00-Bridge(L)
2:00-Balance Class(T)
4:00-Trivia with Friends (B)
4:00-Dinner Outing to Drakes(O)(FL)

24 11:15-Fitness with Ford(T)
12:30- Ted Talk Video (T)
1:00-Bridge(L)
2:00-Balance Class(T)
4:00- Disco Happy Hour (B)(ATD)

31 11:15-Fitness with Ford(T)
1:00-Bridge(L)
2:00-Balance Class(T)
3:00-Academy Review with Gracie(T)
4:00-1970's Guess that song Trivia (ATD) (B)

4 10:30-Water Aerobics(P)
10:30-D1 Training, Balance, Fitness class (O)(FL)
1:00-Scrabble with Carrie(L)
2:00-Gardening Club (DP)
4:00-Dinner Outing JAlexanders (O)(FL)

11 10:30-Water Aerobics(P)
12:00-Movie and Pizza- Jaws (ATD)(T)
1:00-Scrabble with Carrie (L)
1:30-Thrift Store Tuesday (O)
2:00-Gardening Club (DP)
3:00-DJ Linda Family Feud Game(T)

18 10:30-Water Aerobics (P)
1:00-Scrabble with Carrie (L)
1:15-Alexa Class with Gracie and Jackie(T)
2:00-Gardening Club (DP)
4:00-Price is right 70's edition (ATD)(B)

25 10:30-Water Aerobics (P)
11:00-Ladies Luncheon to Native Café (O)(FL)
1:00-Scrabble with Carrie (L)
2:00-Gardening Club (DP)
3:00-Dining review with Jack(T)

5 11:15-Fitness with Ford(T)
12:15-BP Clinic with Gracie (L)
1:00-VolleyBall (T)
2:00-Bible Study(B)
4:00-Trivia with Friends (B)

12 **11:00-Mens Outing to Hooters (O)(FL)**
11:15-Fitness with Ford(T)
12:15-BP Clinic with Michaela(L)
1:00-VolleyBall (T)
2:00-Bible Study(B)
4:00-Bobby Paris Performance(B)

19 11:15-Fitness with Ford(T)
12:15-BP Clinic with Gracie (L)
1:00-VolleyBall (T)
2:00-Bible Study(B)
4:00-Trivia with Friends (B)
5:00-Chefs table- Seafood (PD)

26 11:15-Fitness with Ford(T)
12:15-BP Clinic with Michaela(L)
1:00-VolleyBall (T)
2:00-Bible Study(B)
4:00-Trivia with Friends (B)

6 10:30- Water Aerobics with Fox Fitness (P)
1:00-Sponsored Bingo with Family Choice Care (B)
2:15-Kentucky and the war of 1812 talk with Dorris Settles(T)
4:00- Cook out with Live music! (C)

13 10:30- Water Aerobics with Fox Fitness (P)
12:00-Putt putt (C)
1:00-Dollar Bingo (B)
3:00-Knitting Group (L)
4:00- Cook out with Live music! (C)

20 10:30- Water Aerobics with Fox Fitness (P)
1:00-Sponsored Bingo with Village Caregiving (B)
3:00-Knitting Group (L)
4:00- Cook out with Live music with cookies! (C)

27 10:30- Water Aerobics with Fox Fitness (P)
12:00-Putt Putt (C)
1:00-Dollar Bingo (B)
3:00-Knitting Group (L)
4:00- Cook out with Live music! (C)

7 11:15-Fitness with Ford(T)
12:00-Walking Club (FL)
12:15-70's ice cream social (BB)(ATD)
12:30-Scrabble with Carrie(L)
1:30-Shopping shuttle-Walmart (O)
1:30-Mahjong (3rd FL)

14 11:15-Fitness with Ford(T)
12:00-Walking Club (FL)
12:30-Scrabble with Carrie(L)
1:30-Shopping shuttle- Aldi(O)
1:30-Mahjong (3rd FL)

21 11:15-Fitness with Ford(T)
12:00-Walking Club (FL)
12:30-Scrabble with Carrie(L)
1:00-Cookies Ukulele Performance (T)
1:30-Shopping shuttle-The Mall(O)
1:30-Mahjong (3rd FL)

28 11:15-Fitness with Ford(T)
12:00-Walking Club (FL)
12:30-Scrabble with Carrie(L)
1:30-Shopping shuttle-The Mall(O)
1:30-Mahjong (3rd FL)

10:30- Water Aerobics (P)
12:00-watermelon Saturday (BB)
1:00-Dollar Bingo(B)
2:00-Cornhole(T)
6:30-Movie Night -Grease(T)(ATD)

8 10:30- Water Aerobics (P)
12:00-Watermelon Saturday (BB)
1:00-Dollar Bingo(B)
2:00-Cornhole(T)
6:30-Movie Night- Rocky (T)(ATD)

15 10:30-NO WATER AREOBICS(P)
10:30-Big Jack Memorial Car Show(O)(ATD)(FL)
12:00-Watermelon Saturday (BB)
1:00-Dollar Bingo(B)
2:00-Cornhole(T)

22 10:30- Water Aerobics (P)
12:00-Watermelon Saturday (BB)
1:00-Dollar Bingo(B)
2:00-corn Hole
4:00-70's hits with The McClanahan's Performers (B)(ATD)

10:30- Water Aerobics (P)
12:00-Watermelon Saturday (BB)
1:00-Dollar Bingo(B)
2:00-Cornhole(T)
3:30-BrighterDay Jazz performance (ATD) (PL)