

2025

JULY: *United States*

 An Atlas Senior Living Community

Memory Care



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1 Morning Activities

Morning Devotions, Chair Exercises, Daily Chronicles
Afternoon Activities
 Hydration Station, Cornhole, Reminiscence Group
Evening Activities
 Jokes and Riddles

2

Morning Activities
 Daily Chronicles, Balloon Volleyball, Chair Yoga
Afternoon Activities
 Hydration Station, Crossword Puzzles, Popsicles on Patio, Jumbo Bowling
Evening Activities
 Wheel of Fortune

3

Morning Activities
 Morning Devotions, Chair Exercises, Daily Chronicles
Afternoon Activities
 Hydration Station, Suncatcher Craft, Pony Express Story, Puzzles
Evening Activities
 Brain Facts

4

Morning Activities
 Daily Chronicles, Beach Volleyball, Morning Devotions
Afternoon Activities
 Hydration Station, Red, White & Blue Trivia, History of 4th of July, Ice Cream Social
Evening Activities
 4th of July Trivia

5

Morning Activities
 Morning Devotions, Brain Facts, Daily Chronicles
Afternoon Activities
 Hydration Station, Adult Coloring, Bucket Ball
Evening Activities
 Jeopardy

6

Morning Activities
 Daily Chronicles
 Music & Motion
Afternoon Activities
 Hydration Station, Happy Birthday Dalai Lama, 100 Dalai Lama Quotes
Evening Activities
 Jokes and Riddles

7

Morning Activities
 Morning Devotions, Chair Exercises, Daily Chronicles
Afternoon Activities
 Hydration Station, Popcorn & Movie, Learn about Hawaii and have a Hawaiian Punch
Evening Activities
 Puzzles

8

Morning Activities
 Daily Chronicles, Beach Volleyball, Chair Yoga
Afternoon Activities
 Hydration Station, Cow Appreciation Day, Facts about Cows, Cows Crossword Puzzles, Milk & Cookies
Evening Activities
 Ring Toss

9

Morning Activities
 Morning Devotions, Chair Exercises, Daily Chronicles
Afternoon Activities
 Hydration Station, Mini Golf in Courtyard, Pet Therapy, Target Toss
Evening Activities
 Jeopardy

10

Morning Activities
 Daily Chronicles, Beach Volleyball, Chair Yoga
Afternoon Activities
 Hydration Station, Annual Hotdog Day, Hot Dog Facts, Mini Corn Dog Snacks
Evening Activities
 Stories & Fables

11

Morning Activities
 Morning Devotions, Chair Exercise, Trivia Friday
Afternoon Activities
 Hydration Station, Music Therapy Emma, Blueberry Muffin Day-Fun Facts Let's Make a Blueberry Muffin
Evening Activities
 Wheel Of Fortune

12

Morning Activities
 Daily Chronicles
 Brain Facts
Afternoon Activities
 Hydration Station, Listen To Summer Songs, Songs of Summer Word Match, Bingo
Evening Activities
 Scenic Drive

13

Morning Activities
 Morning Devotions
 Daily Chronicles
Afternoon Activities
 Hydration Station, Barn Dog, History of Barns
Evening Activities
 Matching Game

14

Morning Activities
 Chair Yoga, Daily Chronicles, Brain Facts
Afternoon Activities
 Hydration Station, Popcorn and a Movie, Puzzles
Evening Activities
 Poems & Rhymes

15

Morning Activities
 Daily Chronicles, Balloon Volleyball, Morning Stretch
Afternoon Activities
 Hydration Station, Cornhole, Adult Coloring, Reminiscence Group
Evening Activities
 Connect Four

16

Morning Activities
 Morning Meditation, Chair Exercises, Daily Chronicles
Afternoon Activities
 Hydration Eat a Bagel Day- History of the Bagel, Mini Bagel Snacks
Evening Activities
 Animal Planet

17

Morning Activities
 Daily Chronicles
 Beach Volleyball, Morning Devotions
Afternoon Activities
 Hydration Station, Arts & Crafts, Walking Club, Crossword Puzzles
Evening Activities
 Brain Facts

18

Morning Activities
 Chair Exercises, Daily Chronicles, Brain Facts
Afternoon Activities
 Hydration Station, Remembering the Titanic Day, Titanic Survivor Stories, Titanic Before & After Photos
Evening Activities
 Stories & Fables

19

Morning Activities
 Daily Chronicles, Morning Devotion
Afternoon Activities
 Hydration Station, Garden Stroll, Puzzles
Evening Activities
 Movie Trivia

20

Morning Activities
 Morning Meditation, Daily Chronicles
Afternoon Activities
 Hydration Station, Man on the Moon Day, Moon Trivia
Evening Activities
 Wheel of Fortune

21

Morning Activities
 Chair Exercises, Daily Chronicles, Morning Devotion
Afternoon Activities
 Hydration Station, Popcorn & Movie, Junk Food Day, History of Junk Food
Evening Activities
 Brain Facts

22

Morning Activities
 Chair Exercises, Daily Chronicles, Morning Devotion
Afternoon Activities
 Hydration Station, Stamp art, Jokes and Riddles, Popsicles on the Patio
Evening Activities
 Wheel of Fortune

23

Morning Activities
 Chair Exercises, Daily Chronicles, Balloon Volleyball
Afternoon Activities
 Hydration Station, First Lighthouse Day, Facts & History of Lighthouses, Pet Therapy
Evening Activities
 Jeopardy

24

Morning Activities
 Morning Stretch, Daily Chronicles, Brain Facts
Afternoon Activities
 Hydration Station, Cornhole in the Courtyard, Paint Party, Chicken Soup for your Soul Stories
Evening Activities
 Ring Toss

25

Morning Activities
 Chair Yoga, Morning Stretches, Daily Chronicles
Afternoon Activities
 Hydration Station, Giant Bowling, Merry-Go-Around Day, Facts about Carousel
Evening Activities
 Jokes & Riddles

26

Morning Activities
 Daily Chronicles, Brain Facts
Afternoon Activities
 Hydration Station, Crossword Puzzles, Courtyard Stroll
Evening Activities
 Adult Coloring

27

Morning Activities
 Morning Devotions, Daily Chronicles
Afternoon Activities
 Hydration Station, Target Toss, Crossword Puzzles
Evening Activities
 Movie Night

28

Morning Activities
 Chair Exercises, Daily Chronicles, Beach Volleyball
Afternoon Activities
 Hydration Station, Popcorn & Movie, Creative Corner, Bean Bag Toss
Evening Activities
 United States Trivia

29

Morning Activities
 Morning Stretch, Daily Chronicles, Brain Facts
Afternoon Activities
 Hydration Station, Bullseye Ball, Puzzles, Let's Bake Cookies,,
Evening Activities
 Puzzles

30

Morning Activities
 Chair Yoga, Morning Devotions, Daily Chronicles
Afternoon Activities
 Hydration Station, Candyland, Coloring, Courtyard Stroll
Evening Activities
 Music Trivia

31

Morning Activities
 Chair Exercises, Daily Chronicles, Morning Meditation
Afternoon Activities
 Hydration Station, Reminiscence Group, Legos, Pet Therapy
Evening Activities
 Wheel of Fortune