



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



3 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Movie Monday
Evening Activities: Trivia and Riddles

10 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Fact
Afternoon Activities: Hydration Station, Chair fitness, Movie Monday, construct Legos
Evening Activities: Memory Match, Sundae bar

17 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Chair Fitness, Movie Monday
Evening Activities: Italian Cookie Tasting

24 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Chair Fitness, Movie Monday, Rest and relax
Evening Activities: March trivia

4 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Chair Fitness, Italian Sodas
Evening Activities: Classic Feel-Good Films and Popcorn

11 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Chair Fitness, Italian word searches
Evening Activities: Cornhole, Puzzles

18 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Brazil Cookie Decorating, 2:00 Classical Concert in the Theater
Evening Activities: craft corner

25 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Whats that smell?
Evening Activities: Jokes and riddles

5 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Mardi Gras Coloring
Evening Activities: Dance therapy, Young at heart band, Mardi Gras party

12 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Italian Bingo
Evening Activities: cornhole, Mini Putt-Putt, Sensory hour

19 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Water color painting
Evening Activities: Bingo, Stamp making

26 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Bingo
Evening Activities: Bowling, indoor Volleyball

6 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Construct and Create leogs
Evening Activities: Puzzles, Water Coloring

13 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Relaxation Hour, Indoor Volleyball
Evening Activities: Name that tune, music therapy

20 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion
Afternoon Activities: Hydration Station, Mini Putt putt, Indoor volleyball
Evening Activities: Music trivia, Cheese Tasting

27 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Bochee Ball, Italian Dinner
Evening Activities: Stamp Card making, Memory Match

** All Activities are subject to change! ☺

7 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Italian Coloring
Evening Activities: Indoor Volleyball, Target Toss

14 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, trivia facts
Evening Activities: 1:1 Walks, Board games

21 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Jenga
Evening Activities: Bowling, Music Hour

28 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Popcorn and a movie
Evening Activities: Adult coloring, ring toss

1 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Cornhole
Evening Activities: Stamps, Card making

8 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Ellen Gould performance
Evening Activities: Board Games, Music

15 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, McClanahans Performance
Evening Activities: Ring toss, Bochee Ball

22 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Group Story telling
Evening Activities: puzzles, Who am I? trivia game

29 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Cooking Class
Evening Activities: Balance class, Ice cream

2 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Craft Corner
Evening Activities: Sensory Games, Puzzles

9 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Feel Good films
Evening Activities: Bingo, card games

16 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Music with Pam in the Piano Lounge
Evening Activities: memory Games

23 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, 70's music power hour
Evening Activities: Trivia and Snacks

30 Morning Activities:
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Flower Painting
Evening Activities: Magazine mood boards