

SPIRIT ACTIVITY CALENDAR  
**JANUARY**



LEGACY RESERVE  
AT FRITZ FARM

(859) 286.5111  
2700 Man O'War Blvd, Lexington, KY 40515  
LegacyReserveKY.com

**MONDAY**



**6 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Chair Fitness, Movie Monday  
**Evening Activities:** watercolor painting, card games

**13 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Fact  
**Afternoon Activities:** Hydration Station, Chair fitness, Movie Monday, 1:1 Walk & Talk  
**Evening Activities:** Reminisces Group: Show & Tell

**20 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Chair Fitness, Movie Monday, Baking  
**Evening Activities:** puzzles, trivia, History of MLK

**27 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Chair Fitness, Movie Monday, indoor mini putt putt  
**Evening Activities:** jokes and riddles



**7 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, **3:00 Debra Morris Performance**  
**Evening Activities:** Classic Feel-Good Films

**14 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Chair Fitness, Jumbo Bowling  
**Evening Activities:** puzzles, sensory hour, nail spa

**21 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Brazil Cookie Decorating, **2:00 Classical Concert in the Theater**  
**Evening Activities:** cornhole,

**28 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, reminisce group, ring toss, nail spa  
**Evening Activities:** classic feel good films

**WEDNESDAY  
1 HAPPY NEW YEAR**

**Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Jumbo Bowling  
**Evening Activities:** ring toss, sensory hour

**8 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, **Movie and Lunch in the theater**  
**Evening Activities:** target toss, indoor volleyball

**15 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, craft corner, Ring Toss  
**Evening Activities:** cornhole, board games, jokes and riddles

**22 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Meditation  
**Evening Activities:** Classic feel good films, watercolor painting

**29 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Sensory Games, Popcorn Social  
**Evening Activities:** board games, sensory hour

**THURSDAY**

**2 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Chair Fitness, **Music Therapy with Emma**  
**Evening Activities:** Classic feel-good films, puzzles

**9 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Bingo, craft corner  
**Evening Activities:** jokes and riddles, card making with stamps

**16 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, **Scenic Drive**, Bingo, indoor mini putt putt  
**Evening Activities:** Watercolor painting, indoor volleyball

**23 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Craft Corner, Bingo, Hair tinsel  
**Evening Activities:** **Brazil Carnival Party**

**30 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Chair fitness, Bingo, craft corner  
**Evening Activities:** cornhole, construct and create with legos

**FRIDAY**

**3 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, reminisce group, sensory hour, **Whats your vision for 2025?**  
**Evening Activities:** board games, nail spa

**10 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Chair Fitness, Construct & Create w/ Legos  
**Evening Activities:** Baking, jumbo bowling

**17 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, card making with stamps  
**Evening Activities:** Classic Feel-Good Films, sensory hour

**24 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Adult Coloring, Bocce Ball, 1:1 Walk & Talk  
**Evening Activities:** board games, nail spa

**31 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, **McDonalds outing for lunch**  
**Evening Activities:** classic feel good films

**SATURDAY**

**4 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Cornhole  
**Evening Activities:** Target toss, trivia, 1:1 Walk & Talk

**11 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Card games  
**Evening Activities:** watercolor painting, indoor mini putt putt

**18 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Cornhole  
**Evening Activities:** trivia, ring toss, craft corner

**25 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Baking,  
**Evening Activities:** puzzles, indoor volleyball

**\*All activities are subject to change. 😊**

**SUNDAY**

**5 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, construct and create with legos  
**Evening Activities:** Bingo, indoor volleyball

**12 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Sensory Games, Throwback music  
**Evening Activities:** board games

**19 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, **Music with Pam in the Piano Lounge**  
**Evening Activities:** card games

**26 Morning Activities:**  
Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, throwback music  
**Evening Activities:** ring toss, card games