## ACADEMY ACTIVITY CALENDAR

# January



AT FRITZ FARM

(859) 286.5111 2700 Man O'War Blvd, Lexington, KY 40515 **LegacyReserveKY.com** 

| SUNDAY  | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   |  |
|---|---|---|---|--|--|
|   | Location Key:<br>Front Lobby- (FL)<br>Private Dining- (PD)<br>Piano Lounge- (PL)<br>Outing- (O)<br>Arts Center- (AC)<br>Library- (L)<br>2 <sup>nd</sup> Floor Lobby- (2FL)  | Location Key:<br>Bernard Bar- (B)<br>Bluegrass Bistro- (BB)<br>Theater- (T)<br>Chandlers Dining- (CD)<br>Pool- (P)<br>Fitness Room- (FR)<br>3rd floor Lobby- (3FL)  | <b>1</b><br>HAPPY NEW YEAR!<br>3:00- New Years Day Word<br>Search (L)<br>4:00- Happy National Bloody<br>Mary Day (B)<br>5:00- Friends at 5 (2FL)  | <b>2</b><br>11:15- Chair Yoga (3FL)<br>1:00- Dollar Bingo (B)<br>2:00- Balance Class (T)<br>3:00- What's your Vision for<br>2025? (T)<br>5:00- Friends at 5 (2FL)  | <b>3</b><br>11:15- C<br>12:00- M<br>Pizza (T)<br>4:00- Co<br>with Mic<br>5:00- Fri   |
| <b>5</b><br>11:15- Tai Chi Class (T)<br>1:00- Cornhole (T)<br>3:00- Clays Mill Baptist<br>Church (T)<br>4:30-<br>6:30- Movie Night: Resident<br>Choice          | <b>6</b><br>11:15- Chair Fitness (3FL)<br>12:30- Culinary Class with<br>Josh (3 <sup>rd</sup> floor AL)<br><b>2:00- National Tech Day:</b><br><b>Tips &amp; Tricks from Billy (T)</b><br>3:00- Ghaith's Game Plan (B)<br>5:00- Friends at 5 (2FL) | <b>7</b><br>11:15- Chair Yoga (3FL)<br>1:00- Walking Club: Meet in<br>Front Lobby<br>3:00- Debra Morris (T)<br>5:00- Friends at 5 (2FL)   | <b>8</b><br>11:15- Chair Fitness (3FL)<br>1:00- Cooking Demo (BB)<br>2:00- Bible Study (B)<br>4:00- Bobby Paris (B)<br>5:00- Friends at 5 (2FL)<br>6:30: Episode 3&4: Man On<br>the Inside (T)                      | <b>9</b><br>11:15- Chair Yoga (3FL)<br>1:00- Dollar Bingo (B)<br>2:00- Balance Class (T)<br>4:15- Trivia – I should have<br>known that! (B)<br>5:00- Friends at 5 (2FL)  | <b>10</b><br>11:15- C<br>3:00- Co<br>(B)<br>5:00- Fri<br>6:30- Mc<br>Choice ('       |
| <b>12</b><br>11:15- Tai Chi (T)<br>3:00-<br>4:00- Server, Ella, singing<br>performance (B)<br>6:30- Movie Night: Resident<br>Choice (T)                         | <b>13</b><br>11:15- Chair Fitness (3FL)<br>1:00- Wordsmithery – guess<br>the definition game! (AC)<br>2:00- Bingo (B)<br>3:00- Ghaith's Game Plan (B)<br>5:00- Friends at 5 (2FL)   | <b>14</b><br>11:15- Chair Yoga (3FL)<br>1:00- Walking Club<br>2:00- Tai Chi<br>5:00- Friends at 5 (2FL)<br><b>7:00- UK Basketball VS Texas</b><br><b>A&amp;M</b>  | <b>15</b><br>9:00- Caffeine & Current Event:<br>11:15- Chair Fitness (3FL)<br>1:00- Dining Review (T)<br>2:00- Bible Study<br>4:00- Music Trivia Buzzer Gam<br>(AC)<br>5:00- Friends at 5 (2FL)                     | 11:15- Chair Yoga (3FL)<br>1:00-Sponsored Bingo –<br>Village Caregiving (B)  | 17<br>11:15- C<br>3:00- Ep<br>The Insic<br>5:00- Fri<br>6:30- Pa<br>(T)              |
| <b>19</b><br>11:15- Tai Chi (T)<br>2:00- Music with Pianist Pam<br>Goodrich (PL)<br>3:00- Clays Mill Baptist<br>Church<br>6:30- Movie Night: Resident<br>Choice | 20<br>11:15- Chair Fitness (3FL)<br>3:00- Ghaiths Game Plan (B)<br>4:30- Brazil Trivia (B)<br>5:00- Friends at 5 (2FL)<br>6:30- Watch: <u>Selma</u> , for<br>Martin Luther King Day (T)   | <b>21</b><br>11:15- Chair Yoga (3FL)<br>12:00- Brazil Carnival Cookie<br>Decorating w/ Emma (BB)<br>1:00- Walking Club<br>2:00- Classical Concert (T)<br>4:00- Uno with Alex (AC)<br>5:00- Friends at 5 (2FL) | <b>22</b> 9:00- Caffeine & Current<br>Events<br>11:15- Chair Fitness (3FL)<br>1:00- Brazil themed Cookin<br>Demo<br>2:00- Bible Study<br>3:00- Make your own Brazi<br>Carnival Mask (T)<br>5:00- Friends at 5 (2FL) | 3:00- Hair tinsel for Brazil<br>night! (Salon)   | 24<br>11:15- Cl<br>3:00- Pai<br>Beginnge<br>(AC)<br>4:00- Ne<br>and gree<br>(B)      |
| 26<br>11:15- Tai Chi (T)<br>2:00- Checkers (AC)<br>6:30- Movie Night: Resident<br>Choice<br>TBD- NFL Conference<br>Championships                                | 27<br>11:15- Chair Fitness (3FL)<br>12:00- Bingo (B)<br>1:00- Academy Review<br>2:00- Birthday<br>Celebrations (B)<br>3:00- Ghaiths Game Plan (B)<br>5:00- Friends at 5 (2FL)   | 28<br>11:15- Chair Yoga (3FL)<br>1:00- Walking Club<br>2:00- Tai Chi<br>5:00- Friends at 5 (2FL)<br>7:00- UK Basketball Game<br>VS Tennessee (B)  | <b>29</b><br>11:15- Chair Fitness (3FL)<br>2:00- Bible Study (B)<br>2:30- Uno with Alex (AC)<br>4:00- Cocktails and Comedy<br>with Michelle (B)<br>5:00- Friends at 5 (2FL)   | <b>30</b><br>11:15- Chair Yoga (3FL)<br>12:00- Music Trivia Buzzer<br>game (AC)<br>1:00- Wii Family Feud (T)<br>2:00- Balance Class (T)<br>5:00- Friends at 5 (2FL)<br>6:30- Late night Dollar Bingo<br>w/Abby (B) | <b>31</b><br>11:15- Cl<br>3:00- Fin<br>Man On<br>4:00- Per<br>Paris (B)<br>5:00- Fri |

### FRIDAY

Chair Fitness (3FL) Mrs. Doubtfire and T) Cocktails and Comedy lichelle (B) Friends at 5 (2FL)

Chair Fitness (3FL) Coloring and Cabernet

Friends at 5 (2FL) Movie Night: Resident e (T)

Chair Fitness (3FL) Episode 5&6: Man On side (T) Friends at 5 (2FL) **Pajama Party & Movie** 

Chair Fitness (3FL) Paint Party for agers w/ Artist Dawn

New Resident meet reet with Appetizers

- Chair Fitness (3FL) Finale episodes 7&8: In The Inside (T) Performance by Bobby (B) Friends at 5 (2FL) SATURDAY

#### 10:00- 1:1 Visits **11:00- UK Basketball Game VS Florida (B)** 1:00- Episode 1&2: Man On the Inside (T) 3:00- Checkers (AC)

#### 11

4

12:30- 1:1 Visits
2: Uno (2FL)
4:00- Ellen Gould
Performance (B)
8:30- UK Basketball Game
VS MS State

#### 18

**12:00- UK Basketball Game VS Alabama** 2:00- Checkers (AC) 3:00- 1:1 Visits 4:00- McClanahan's Performance (B)

#### 25

12:30- 1:1 Visits 2:30- UK Basketball Game VS Vanderbilt 6:30-Amazing Documentary Films - Rio de Janeiro Brazil (T)

\*All activities are subject to change. Please pick up a week at a glance sheet on your floor 😊

\*If you have any questions about activities please reach out to Abby and ask!