

# SPIRIT ACTIVITY CALENDAR DECEMBER



LEGACY RESERVE  
AT FRITZ FARM

(859) 286.5111  
2700 Man O'War Blvd, Lexington, KY 40515  
LegacyReserveKY.com

## 30 MONDAY Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Ring Toss, Creative Corner, Jumbo Bowling  
**Evening Activities:** Glacier National Park Documentary

## 2 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Target Toss, Baking Class, Pet Therapy  
**Evening Activities:** Walking Club, Minday Meditation

## 9 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Ring Toss, Xmas Creative Corner, Jumbo Bowling  
**Evening Activities:** Dimensions of the Space

## 16 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Christmas w/ Clays Mill Christian Academy  
**Evening Activities:** Walking Club, Minday Meditation

## 23 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Craft Corner, Garden Stroll, Bowling, Bullseye Ball  
**Evening Activities:** Walking Club, Minday Meditation

## 31 TUESDAY Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Craft Corner, NYE Games, Bowling, Bullseye Ball Game, NYE Resolutions, Puzzles  
**Evening Activities:** Game Shows

## 3 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Music w/ Debra in the Theater, Cornhole, Funny Jokes, Stamp Art, Sing Along  
**Evening Activities:** Game Show

## 10 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Trivia, Puzzle Play, Chair Volleyball, Xmas Crafts  
**Evening Activities:** Ghost stories on Old Time Radio

## 17 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Classical Concert, Cornhole, Icebreakers, Painting  
**Evening Activities:** Classic Feel-Good Films

## 24 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Meditation, Adult Coloring, Bocce Ball  
**Evening Activities:** Moving Art of Glacier National Park

## WEDNESDAY

\*All activities are subject to change. ☺

## 4 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Spooky Craft Corner, Bag Toss Game  
**Evening Activities:** Glacier National Park Cinema

## 11 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Puzzle Play, Glacier National Park Coloring, Funny Fun Facts, Walking Club  
**Evening Activities:** Movies

## 18 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Glacier Park Trivia, Table Ball, Adult Coloring, Walking Club, mas Games & Crafts  
**Evening Activities:** Game Show

## 25



## THURSDAY



# Merry Christmas

## 5 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Music Therapy w/ Emma, Popcorn Social, Games  
**Evening Activities:** The Game Show Jeopardy

## 12 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Sensory Games, Card Making  
**Evening Activities:** National Park History on YouTube

## 19 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Music Therapy w/ Emma, Chat the Glaciers  
**Evening Activities:** Charlie Brown Thanksgiving Movie

## 26 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Target Toss, Baking Class, Pet Therapy  
**Evening Activities:** Old Time Radio Hour

## FRIDAY

## 6 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Painting, Reminisce Group, Thanksgiving Craft  
**Evening Activities:** Old Time Radio Hour

## 13 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Fact  
**Afternoon Activities:** Hydration Station, Target Toss, Baking Class, Active Minds Painting  
**Evening Activities:** Reminisces Group: Show & Tell

## 20 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Target Toss, Baking, Pet Therapy, Walking Club  
**Evening Activities:** Watch a Feel-Good Film

## 27 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Puzzle Play, Glacier Park Video, NYE Goals  
**Evening Activities:** Ghost stories on Old Time Radio

## SATURDAY

## 7 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Meditation, Adult Coloring, Bocce Ball, Mini Golf  
**Evening Activities:** Classic Feel-Good Films

## 14 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Garden Stroll, Xmas Reminisce Group  
**Evening Activities:** Ghost stories on Old Time Radio

## 21 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Walking Club, Relax & Color, Name that Tune,  
**Evening Activities:** Plymouth Rock Documentary

## 28 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Ring Toss, Brighter Day Jazz, Jumbo Bowling, Meditation Station  
**Evening Activities:** The Game

## 1 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Garden Club, Creative Corner, Zumba  
**Evening Activities:** Feel-Good Christmas Movies

## 8 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Meditation, Clays Mill Church in Theater, Puzzles  
**Evening Activities:** Feel-Good Christmas Movies

## 15 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Piano w/ Pam in the Piano Lounge,  
**Evening Activities:** Virtual Church Service

## 22 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Meditation, Clays Mill Church in Theater, Walking Club  
**Evening Activities:** Feel-Good Christmas Movies

## 29 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts  
**Afternoon Activities:** Hydration Station, Sensory Games, Spooky Popcorn Social  
**Evening Activities:** National Park History on YouTube