

SPIRIT ACTIVITY CALENDAR OCTOBER



LEGACY RESERVE
AT FRITZ FARM

(859) 286.5111
2700 Man O'War Blvd, Lexington, KY 40515
LegacyReserveKY.com

MONDAY



7 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Target Toss, Baking Class, Pet Therapy
Evening Activities: Garden Stroll Around the Courtyard

14 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Ring Toss, Creative Corner, Jumbo Bowling
Evening Activities: Dimensions of the Space

21 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Garden Club, Creative Corner, Zumba
Evening Activities: Life on Our Planet & Garden Stroll

28 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Craft Corner, Garden Stroll, Bowling, Bullseye Ball
Evening Activities: Ghost stories on Old Time Radio

TUESDAY

1 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Puzzle Play, Grand Teton National Park Video,
Evening Activities: Ghost stories on Old Time Radio

8 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, **Music w/ Debra in the Theater**, Cornhole, Ghoulishly Funny Jokes, Tricky Treats
Evening Activities: Game Show

15 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Trivia, Puzzle Play, Chair Volleyball, Fall Crafts
Evening Activities: Ghost stories on Old Time Radio

22 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, **Classical Concert**, Cornhole, Icebreakers, Painting
Evening Activities: Life on Our Planet & Halloween Movies

29 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Meditation, Adult Coloring, Bocce Ball
Evening Activities: Moving Art of Grand Teton National Park

WEDNESDAY

2 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Halloween Crafts, Halloween Games
Evening Activities: The Game Show Jeopardy

9 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Spooky Craft Corner, Bag Toss Game
Evening Activities: Grand Teton National Park Cinema

16 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Puzzle Play, Grand Teton Coloring, Mocktails & Fun Facts, Walking Club
Evening Activities: Watch a

23 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Grand Teton National Park Trivia, Table Ball, Adult Coloring, Walking Club, Mini Golf
Evening Activities: Game Show

30 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Craft Corner, Garden Stroll, Bowling, Bullseye Ball Game, Mini Golf, Puzzles
Evening Activities: Game Shows

THURSDAY

3 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Sensory Games, Spooky Popcorn Social
Evening Activities: National Park History on YouTube

10 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, **Music Therapy w/ Emma**, Spooky Popcorn Social
Evening Activities: The Game Show Jeopardy

17 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Sensory Games, **Card Making**
Evening Activities: National Park History on YouTube

24 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Music **Therapy w/ Emma**, Chat the Grand Tetons
Evening Activities: Halloween Movie

31 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Meditation, **Halloween Party**, Bocce Ball
Evening Activities: Nightmare Before Christmas

FRIDAY

4 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Ring Toss, Creative Corner, Jumbo Bowling
Evening Activities: Grand Teton National Park Documentary

11 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Painting, Reminisce Group, Halloween Craft
Evening Activities: Old Time Radio Hour

18 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Fact
Afternoon Activities: Hydration Station, Target Toss, Baking Class, **Ghost Busters & Pizza (T)**
Evening Activities: Garden Stroll Around the Courtyard

25 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Target Toss, Baking, Pet Therapy, Walking Club
Evening Activities: Watch a Feel-Good Film

***All activities are subject to change. 😊**

SATURDAY

5 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Target Toss, Baking Class, Pet Therapy
Evening Activities: Old Time Radio Hour

12 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Meditation, Adult Coloring, Bocce Ball, Mini Golf
Evening Activities: Halloween Movies

19 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Garden Stroll, Reminisce Group
Evening Activities: Ghost stories on Old Time Radio

26 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Ring Toss, **Brighter Day Jazz**, Jumbo Bowling, Meditation Station
Evening Activities: Documentary

Location Key:

Piano Lounge- (PL)
Theater- (T)
Courtyard- (C)
Outing- (O)

SUNDAY

6 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Garden Club, Creative Corner, Zumba
Evening Activities: Life on Our Planet & Garden Stroll

13 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Meditation, **Clays Mill Church in Theater**, Garden Club
Evening Activities: Life on Our Planet

20 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, **Piano w/ Pam in the Piano Lounge**, **Walk to End Alzheimer's!**
Evening Activities: Game Show

27 Morning Activities:

Chair Exercise, Daily Chronicles, Daily Devotion, Brain Facts
Afternoon Activities: Hydration Station, Meditation, **Clays Mill Church in Theater**, Walking Club
Evening Activities: Old Time Radio Hour

