September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 • 10 AM Tambourine Aerobics • 10:30 AM Snack and Share • 11:15 AM Lunch Outing • 1 PM 80's Music • 2 PM Game Time • 5:30 PM Evening Music	**2** • 10 AM Chair Yoga • 10:30 AM Snack and Share • 1 PM Pretty and Pampered • 5 PM Supper Stories • 5:30 PM Evening Music	**3** • 10 AM Tambourine Aerobics • 10:30 AM Snack and Share • 2 PM Sensory Station • 4 PM Coloring and Music • 5:30 PM Evening Music	**4** • 10 AM Chair Exercise • 10:30 AM Snack and Share • 1 PM Lets Craft! • 2 PM Monthly Birthday Bash w/ Dana Bergman • 5:30 PM Evening Music	**5** • 10 AM Walk about • 10:30 AM Snack and Share • 2 PM Game Time • 3 PM Painting and Writing • 5:30 PM Evening Music
6 • 10 AM Walk about • 10:30 AM Snack and Share • 11 AM Church Service in AL • 2 PM Helping Hands Station • 3 PM Music and Coloring • 5:30 PM Evening Music	**7** Labor Day • 10 AM Coffee & Donuts w/ VHV in AL • 10:30 AM Snack and Share • 1 PM Montessori Games • 2 PM Lets Craft! • 5:30 PM Evening Music	**8** • 10 AM Tambourine Aerobics • 10:30 AM Snack and Share • 1 PM 80's Music • 2 PM Game Time • 5:30 PM Evening Music	**9** • 10 AM Chair Yoga • 10:30 AM Snack and Share • 1 PM Pretty and Pampered • 5 PM Supper Stories • 5:30 PM Evening Music	**10** • 10 AM Tambourine Aerobics • 10:30 AM Snack and Share • 2 PM Sensory Station • 3 PM RESIDENT COUNCIL • 4 PM Coloring and Music • 5:30 PM Evening Music	**11** Patriot Day • 10 AM Chair Exercise • 10:30 AM Snack and Share • 1 PM Lets Craft! • 4 PM Noodle Ball • 5:30 PM Evening Music	**12** • 10 AM Crafts with Arifah • 10:30 AM Snack and Share • 2 PM Game Time • 3 PM Painting and Writing • 5:30 PM Evening Music
13 Assisted Living Week • 10 AM Walk about • 10:30 AM Snack and Share • 11 AM Church Service in AL • 2 PM Helping Hands Station • 3 PM Music and Coloring • 5:30 PM Evening Music	**14** Fabulous 50's • 10 AM Chair Exercise • 10:30 AM Snack and Share • 1 PM Montessori Games • 2 PM Lets Craft! • 5:30 PM Evening Music • 6 PM Love Seniors Music AL	**15** Swinging 60's • 10 AM Tambourine Aerobics • 10:30 AM Snack and Share • 11:15 AM Lunch Outing • 1 PM 60's Music • 2 PM Game Time • 5:30 PM Evening Music	**16** Groovy 70's • 10 AM Chair Yoga • 10:30 AM Snack and Share • 1 PM Pretty and Pampered • 5 PM Supper Stories • 5:30 PM Evening Music • 6 PM Family Support Night IL	**17** Legacy County Fair • 10 AM Tambourine Aerobics • 10:30 AM Snack and Share • 2 PM Legacy County Fair • 4 PM Coloring and Music • 5:30 PM Evening Music	**18** • 10 AM Chair Exercise • 10:30 AM Snack and Share • 1 PM Lets Craft! • 4 PM Noodle Ball • 5:30 PM Evening Music	**19** • 10 AM Walk about • 10:30 AM Snack and Share • 2 PM Game Time • 2:30 PM Veteran Honor Ride Stop • 3 PM Painting and Writing • 5:30 PM Evening Music
20 • 10 AM Walk about • 10:30 AM Snack and Share • 11 AM Church Service in AL • 2 PM Helping Hands Station • 3 PM Music and Coloring • 5:30 PM Evening Music	**21** • 10 AM Chair Exercise • 10:30 AM Snack and Share • 1 PM Montessori Games • 2 PM Lets Craft! • 5:30 PM Evening Music	**22** First Day of Autumn • 10 AM Tambourine Aerobics • 10:30 AM Snack and Share • 11:15 AM Lunch Outing • 1 PM 80's Music • 2 PM Game Time • 5:30 PM Evening Music	**23** • 10 AM Chair Yoga • 10:30 AM Snack and Share • 1 PM Pretty and Pampered • 5 PM Supper Stories • 5:30 PM Evening Music	**24** • 9 AM Men's Club Breakfast • 10 AM Tambourine Aerobics • 10:30 AM Snack and Share • 2 PM Sensory Station • 3:30 PM Carolina Creek Band AL • 5:30 PM Evening Music	**25** • 10 AM Chair Exercise • 10:30 AM Snack and Share • 11 AM Grace Church Lunch • 1 PM Lets Craft! • 4 PM Noodle Ball • 5:30 PM Evening Music	**26** • 10 AM Crafts with Arifah • 10:30 AM Snack and Share • 2 PM Game Time • 3 PM Painting and Writing • 5:30 PM Evening Music
27 • 10 AM Walk about • 10:30 AM Snack and Share • 11 AM Church Service in AL • 2 PM Helping Hands Station • 3 PM Music and Coloring • 5:30 PM Evening Music	**28** • 10 AM Chair Exercise • 10:30 AM Snack and Share • 1 PM Montessori Games • 2 PM Lets Craft! • 5:30 PM Evening Music	**29** • 10 AM Tambourine Aerobics • 10:30 AM Snack and Share • 11:15 AM Lunch Outing • 1 PM 80's Music • 2 PM Game Time • 5:30 PM Evening Music	**30** • 10 AM Chair Yoga • 10:30 AM Snack and Share • 1 PM Pretty and Pampered • 5 PM Supper Stories • 5:30 PM Evening Music			

All activities are subject to change!

Questions/Concerns?

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