November 2026

An Atlas Senior Living Community

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 • **9 AM** Sittercise • **9 AM** Time w/ Family & Church • **10 AM** Puzzle • **1:15 PM** Bingo	**2** • **9 AM** Sittercise • **10 AM** Manicures • **10:15 AM** Morning Walk • **1 PM** 00's Movie & Popcorn Social • **1:15 PM** Coin Bingp • **2:45 PM** Artistic Retreat • **2:45 PM** Mingling of the Minds	**3** • **9 AM** Sittercise • **9:30 AM** Chair Yoga • **10:30 AM** Resident Council Meeting • **1:15 PM** Craft Corner • **1:30 PM** Bingo for Prizes • **2:45 PM** Short Stories Hour • **3 PM** National Sandwich Day! Game	**4** • **9 AM** Sittercise • **9:30 AM** Morning Walk • **10:30 AM** 00's Word Scrabble • **11 AM** IL Lunch Out - The Crazy Greek • **1:15 PM** Coin Bingo • **1:30 PM** 00's Candy Delight • **2:30 PM** Wine & Cheese w/ Pablo	**5** • **9 AM** Sittercise • **9:30 AM** Sit and Stretch • **10:30 AM** Coffee & Donuts social • **1:15 PM** Bingo for Coins • **1:30 PM** 00's Scrapbooking Class • **2:30 PM** Manicures with Cecilia • **2:45 PM** Ice Cream Social	**6** • **8:30 AM** Shop at Publix • **9 AM** Sittercise • **9:30 AM** Chair Yoga • **10:30 AM** Candy Pokeno • **10:30 AM** Morning Walk • **1:15 PM** Pokeno • **1:30 PM** Rhyme Trivia • **2:45 PM** Happy Hour	**7** • **9 AM** Sittercise • **10 AM** Watercolor Paint Class • **12 PM** Outdoor walk • **1 PM** Table Talk & Show & Tell • **1:15 PM** Bingo
8 • **9 AM** Sittercise • **9 AM** Time w/ Family & Church • **10 AM** Puzzle • **1:15 PM** Bingo • **2:45 PM** Westwood Baptist Church	**9** • **9 AM** Sittercise • **10 AM** Manicures • **10:15 AM** Morning Walk • **1:15 PM** Coin Bingp • **1:30 PM** Trivia • **2:45 PM** Wheel Of Fortune Game • **2:45 PM** Mingling of the Minds	**10** • **9 AM** Sittercise • **10:15 AM** Morning Walk • **10:30 AM** 00's Decorate your Phone • **1:15 PM** Craft Corner • **1:30 PM** Bingo for Prizes • **3 PM** St Joesph Catholic Service • **6 PM** Woman Exploring the Bible	**11** • **9 AM** Sittercise • **9:45 AM** Sit and Stretch • **10 AM** Town Hall Meeting • **11 AM** Lunch Out "Chilis" • **1:15 PM** Coin Bingo • **1:30 PM** Chair Volleyball • **2:30 PM** Veterans' Day Ceremony • **2:45 PM** Wine & Cheese	**12** • **9 AM** Sittercise • **9:45 AM** Stretch and strength • **10 AM** Shop at Dollar Tree • **10:30 AM** Fall Art Class • **10:30 AM** Manicures with Cecilia • **1 PM** LHH Fall Festival • **1:15 PM** Bingo for Coins • **5 PM** Cocktail Hour	**13** • **8:30 AM** Shop at Publix • **9 AM** Sittercise • **10:30 AM** Candy Pokeno • **10:30 AM** Morning Walk • **1:15 PM** Pokeno • **1:30 PM** Trivia • **2:45 PM** Happy Hour	**14** • **9 AM** Sittercise • **10 AM** Key Chain Craft • **1 PM** Poetry Hour • **1:15 PM** Bingo
15 • **9 AM** Sittercise • **9 AM** Time w/ Family & Church • **10 AM** Puzzle • **1:15 PM** Bingo	**16** • **9 AM** Sittercise • **10 AM** Manicures • **10:15 AM** Morning Walk • **1 PM** 00's Matinee Movie • **1:15 PM** Coin Bingp • **2:45 PM** Mingling of the Minds	**17** • **9 AM** Sittercise • **10:15 AM** Morning Walk • **1:15 PM** Craft Corner • **1:30 PM** Bingo for Prizes • **2:45 PM** Short Stories Hour • **3 PM** Y2K Documentary • **6 PM** Woman Exploring the Bible	**18** • **9 AM** Sittercise • **9:45 AM** Chair Yoga • **10:30 AM** Wheel Of Fortune Game • **1:15 PM** Coin Bingo • **1:30 PM** Table Tennis • **2:45 PM** Birthday Bus Party • **2:45 PM** Wine & Cheese	**19** • **9 AM** Sittercise • **9:45 AM** Stretch and strength • **10:30 AM** 00's Beaded Lanyards • **10:30 AM** Manicures with Cecilia • **1:15 PM** Bingo for Coins • **1:30 PM** Mindful Trivia • **2:30 PM** Short Stories hour • **5 PM** Cocktail Hour	**20** • **8:30 AM** Shop at Publix • **9 AM** Sittercise • **10:30 AM** Candy Pokeno • **10:30 AM** Morning Walk • **1:15 PM** Pokeno • **1:30 PM** Trivia • **2:45 PM** Happy Hour	**21** • **9 AM** Sittercise • **10 AM** Matinee Movie • **1 PM** Snow Cone Party • **1:15 PM** Bingo
22 • **9 AM** Time w/ Family & Church • **9 AM** Sittercise • **10 AM** Puzzle • **1:15 PM** Bingo	**23** • **9 AM** Sittercise • **10 AM** Manicures • **10:15 AM** Morning Walk • **1:15 PM** Coin Bingp • **1:30 PM** 00's History Trivia • **2:45 PM** Mingling of the Minds • **2:45 PM** 00's Word Pop Game	**24** • **9 AM** Sittercise • **10 AM** Mens Shave Club • **10:15 AM** Morning Walk • **1:15 PM** Craft Corner • **1:30 PM** Bingo for Prizes • **3 PM** St. Joseph's Catholic Sev • **6 PM** Woman Exploring the Bible	**25** • **9 AM** Sittercise • **9:45 AM** Chair Yoga • **10:30 AM** Gratitude Hour • **11 AM** Picnic in the Park Outing • **1:15 PM** Coin Bingo • **1:30 PM** Thanksgiving Trivia • **2:45 PM** Wine & Cheese	**26** • **9 AM** Sittercise • **9:45 AM** Stretch and strength • **10 AM** 100th Macys Day Parade • **1 PM** Thanksgiving Activity Puzzles • **1:15 PM** Bingo for Coins	**27** • **8:30 AM** Shop at Publix • **9 AM** Sittercise • **10:30 AM** Candy Pokeno • **10:30 AM** Morning Walk • **1:15 PM** Pokeno • **1:30 PM** Riddle me This • **2:45 PM** Happy Hour	**28** • **9 AM** Sittercise • **10 AM** Gardening • **1 PM** Baking class • **1:15 PM** Bingo
29 • **9 AM** Time w/ Family & Church • **9 AM** Sittercise • **10 AM** Puzzle • **1:15 PM** Bingo	**30** • **9 AM** Sittercise • **10 AM** Manicures • **10:15 AM** Morning Walk • **1 PM** Cinema Addict Delight • **1:15 PM** Coin Bingp • **2:45 PM** Mingling of the Minds • **2:45 PM** Watercolor Art Class					

