

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Happy Birthday Residents 8/5 Donna Wooden 8/5 Helga Robinette 8/5 Mercedes Chin 8/7 Sylvia Thompson 8/9 Brenda Poller 8/14 Margaret Simmers 8/17 Herbert Campfield 8/18 Sandra Slack 8/21 Joanne DeFusco 8/25 Jane Thibodeau				1 9:00 Sittercise 10:15 Watercolor Paint Class- MPR 1:15 Resident-Hosted Bingo - MPR 1:30 Show and Tell Redefining Memories 2:30 Puzzle Power Hour
2 10:00 Community Puzzle Time 1:15 Resident-Hosted Bingo - MPR 2:00 Community Card Games 6:00 Movie Matinee with staff	3 9:00 Sittercise 10:00 Manicure Monday- Beauty Shop 1:30 70's Trivia- Clubroom 2:45 Watercolor Art Class 6:00 Card Games-Lanai	4 9:00 Sittercise 9:45 Mind and Body Refresh 10:30 Resident Council Meeting-MPR 1:30 Bingo with Prizes-MPR 2:45 Short Stories Hour- Library	5 9:00 Sittercise 9:45 Community Walk and Talk 10:30 Riddle Me This- MPR 1:30 70's Fun Food Craft- Clubroom 2:45 Wine and Cheese with Pablo- Dining Room	6 9:00 Sittercise 9:45 Sit and Stretch Wellness Time 10:30 70's Flower Crowns Craft-MPR 1:30 Classic Trivia- Clubroom 2:45 Karaoke in the Clubroom 5:30 Cocktail Hour- Lobby 6:00 Bible Study -MPR	7 9:00 Sittercise 9:30 Nutritional Weight Checks With Dena- AL lobby 9:45 Chair Yoga and Mindful Meditation 10:30 Candy Pokeno- MPR 1:30 Scavenger Hunt- Lobby 2:45 Happy Hour w/ Eddy Rivers	8 9:00 Sittercise 10:15 Key Chain Craft-MPR 1:00 Picture Collage Art- Lanai 1:15 Resident-Hosted Bingo - MPR 2:30 Senior Card Corner
9 10:00 Community Puzzle Time 1:15 Resident-Hosted Bingo - MPR 2:00 Community Card Games 2:45 Sunday Service with Westwood Baptist Church 6:00 Movie Matinee with staff	10 9:00 Sittercise 10:00 Manicure Monday- Beauty Shop 1:00 70's Movie and Popcorn Social-Clubroom 2:45 Story Telling Hour- Library 6:00 Book Club in the Library	11 9:00 Sittercise 9:45 Mind and Body Refresh 10:00 Mens Shave Club- Beauty Shop 10:00 Nature Trail Walk- Must Sign Up 10:30 Artist Retreat- Create Fun Art 1:30 Bingo with Prizes-MPR 3:00 St. Joseph's Catholic Service & Communion - MPR	12 9:00 Sittercise 9:45 Community Walk and Talk 10:00 Town Hall w/ Glenda Hanley 11:00 AL Lunch Out "Chilis" Must Sign Up 1:30 Chair Volleyball- Clubroom 2:45 Wine and Cheese- lobby	13 9:00 Sittercise 9:45 Sit and Stretch Wellness Time 10:30 Riddle Me This- MPR 1:30 70's Tie Dye Shirts- Clubroom 2:45 Ice cream Social- Lanai 6:00 Bible Study -MPR	14 9:00 Sittercise 9:45 Chair Yoga and Mindful Meditation 10:30 Candy Pokeno- MPR 1:30 Table Tennis- Clubroom 2:45 Happy Hour with Debra	15 9:00 Sittercise 10:15 Film and Feast- Clubroom 1:00 Snow Cone Social-Clubroom 1:15 Resident-Hosted Bingo - MPR 2:30 Mind Game Puzzles-Lanai
16 10:00 Community Puzzle Time 1:15 Resident-Hosted Bingo - MPR 2:00 Community Card Games 3:00 Sing-Along w/ Joe Jones - Lobby 6:00 Movie Matinee with staff	17 9:00 Sittercise 10:00 Manicure Monday- Beauty Shop 1:30 70's Reliving Woodstock "Share Your Stories"- Clubroom 2:45 70's Color Me Art- MPR 6:00 Puzzles and Games-Lanai	18 9:00 Sittercise 9:45 Mind and Body Refresh 10:00 Hearing Life- Clean your Hearing Aides- Lanai 10:30 70's Price is Right- MPR 1:30 Bingo with Prizes-MPR 2:45 Bean Auction- MPR	19 9:00 Sittercise 9:45 Community Walk and Talk 10:30 Coffee and Donut Social- Pergola 1:30 Classic Trivia- Clubroom 2:45 Birthday Party Bus- All monthly Birthdays are Signed Up	20 9:00 Sittercise 9:45 Sit and Stretch Wellness Time 10:30 Mindful Trivia- Clubroom 1:30 Artful Creations-Lanai 4:30 LHH Woodstock Festival- Big Event - Dining Room 6:00 Bible Study -MPR	21 9:00 Sittercise 9:45 Chair Yoga and Mindful Meditation 10:30 Candy Pokeno- MPR 1:30 Chair Volleyball- Clubroom 2:45 Happy Hour with Bill Pascali	22 9:00 Sittercise 10:00 Gardening for Growing Plants 1:00 Baking Class 1:15 Resident-Hosted Bingo - MPR 2:30 Senior Card Corner
23 10:00 Community Puzzle Time 1:15 Resident-Hosted Bingo - MPR 2:00 Community Card Games 6:00 Movie Matinee with staff	24 9:00 Sittercise 10:00 Manicure Monday- Beauty Shop 1:30 Classic Trivia-Clubroom 2:30 Ice Cream Social-Lanai 6:00 Movie and Munchies	25 9:00 Sittercise 9:45 Mind and Body Refresh 10:00 ECOadventures- Must Sign Up 10:30 Wheel of Fortune Game- MPR 1:30 Bingo with Prizes-MPR 3:00 St. Joseph's Catholic Service and Communion - MPR	26 9:00 Sittercise 9:45 Community Walk and Talk 10:00 Day Trip "Port 27"- Must Sign Up 1:00 70's Movie "Rocky"- Clubroom 2:45 Wine and Cheese with Carl Benz- Dining Room	27 9:00 Sittercise 9:45 Sit and Stretch Wellness Time 10:30 70's Dominoes and Checkers Game- Lanai 1:30 Mindful Trivia- Clubroom 2:45 Name That Tune- Clubroom 6:00 Bible Study -MPR	28 9:00 Sittercise 9:45 Chair Yoga and Mindful Meditation 10:30 Candy Pokeno- MPR 1:30 Table Tennis- Clubroom 2:45 Happy Hour w/ Ella- Dining Room	29 9:00 Sittercise 10:00 Watercolor Painting- MPR 1:00 Snow Cone Social-Clubroom 1:15 Resident-Hosted Bingo - MPR
30 10:00 Community Puzzle Time 1:15 Resident-Hosted Bingo - MPR 2:00 Community Card Games 6:00 Movie Matinee with staff	31 9:00 Sittercise 10:00 Manicure Monday- Beauty Shop 1:30 Mindful Trivia-Clubroom					