

Lake Howard Heights

ASSISTED LIVING

650 N Lake Howard Drive • Winter Haven, FL 33881 • (863) 293-3171

Director's Corner

Dear Residents,

Happy New Year! It seems like a blink and this past year has just flown by!

As we start this new year, we are looking forward to a lot of exciting things happening this year. One thing is that instead of Atlas around the world this year, we will be visiting "Around the Decades" we have some exciting things planned for this so stay tuned because you will not want to miss this! Also, as we start this new year, I want each of you to know how glad we are to have you here with us and we look forward to making LHH the best it can be for you this year!

With much love & respect....

Glenda



January 2026

Resident of the Month

Resident of the Month



Everyone knows Mary Hession from her brilliant love, character, and honesty. She was born in Lafayette, Indiana and is the oldest of twelve siblings, five of which has left to be with God. As a child, Mary attended a Catholic school, which gave

her the admiration and inspiration to become a nun herself because of the sisters who taught her. Her goal was to do mission work in China, but God had other plans and sent her to Chicago instead. Since then, Mary has gone all over the U.S. teaching in 25 different schools and Parent education on the side bringing her to Florida about 40 years ago. Now that she is retired, she is here at LHH, but close to St. Josephs where they still offer a nun run once a year to support the school and nun sisters, also where she met two very important people in her life Kim and Gary meeting them through the youth ministry at St. Josephs. Mary is such a delight to be around, and we all enjoy her here with us at LHH!

January 2026

Employee of the Month



Meet Pam Jackson.. Pam has been at Lake Howard Heights for six years, serving as host, cook, and sometimes placing orders for dining services. She enjoys interacting with all the residents and says they are like family to her. Pam is proud grandmother to a 3-year-old, which keeps her busy when she is not at work. Pam is still highly active in the same church that her father preached at. Helping wherever she can, whether in the Sunday classroom or at the piano or even on the drums if needed. And if you have not heard her sing yet you are in for a major surprise. She has a powerful yet beautiful voice where on occasion she will perform a song or two at our happy hour. She has even helped us out singing the National Anthem when called upon. She is constantly striving to improve herself in every aspect. Drawing, music, church, and her work here keeps her remarkably busy.

I'm *thankful* for....

Monthly
GRATITUDE