

Lake Howard Heights

INDEPENDENT LIVING

650 N Lake Howard Drive • Winter Haven, FL 33881 • (863) 293-3171

Director's Corner

Dear Residents,

Well, here we are! Beginning the last month of 2025! What a year this has been! I hope you will all be joining us for all of the fun this month! the calendar is full of a lot of extras to celebrate Christmas season.

If you have already given, please let me thank you for your generosity to our associates for the Associate Christmas Fund. If you haven't had the opportunity to do so, please make sure if you are wanting to give toward this that you do so on or before Friday, December 5th, if at all possible.

I hope you and your loved ones have a very beautiful and blessed Christmas and wishing you all a Happy New Year!

With much love & respect ...

Glenda



December 2025



Meet Sylvia Thompson ... Sylvia was born and raised in Tampa, Florida where she attended Tampa public schools and graduated from Hillsborough High School. She continued her education at Polk State College and later at Florida Southern College, earning a degree in Elementary

Education. Sylvia dedicated 27 years to teaching first grade at Garden Grove Elementary, shaping young minds and making a lasting impact on her community. Sylvia and her husband, Paul, shared 47 wonderful years together and raised two children:

- *Son now living in Melbourne, Florida

- *Daughter still in Winter Haven living right next to where Sylvia lived in Cypresswood! She has 4 grandchildren, 3 boys and one girl.

She laughs that they were all in different colleges at the same time. Sylvia also played the piano at her church for many years.

Paul and Sylvia traveled to every continent except Antarctica. Her favorite place was Australia and New Zealand. Their love for exploration is truly inspiring.

Sylvia has been part of the Lake Howard Heights family for 7 months. She loves the variety of activities offered each day---but there's one thing you should know: "Don't get between me and my BINGO card!"

Sylvia is a regular at every game and enjoys the lively community spirit.

Sylvia, welcome to Lake Howard Heights! We're thrilled you chose to make this your home.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>All Events Are Subject to Change</div>	<div>1</div> <div>8:30 Shop at Walmart-Must Sign Up In Lobby</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>1:15 Bingo-Nickels & Dimes- MPR</div> <div>2:45 France:- An Introduction-Club Room</div>	<div>2</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>10:30 Resident Council Meeting-MPR</div> <div>1:15 Pokeno- Club Room</div> <div>4:00 Resident Dinner Out “LongHorn” Must Sign Up In Lobby</div> <div>7:00 Resident Hosted Pokeno-MPR</div>	<div>3</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>10:45 IL Lunch Out “Lucille’s” Must Sign Up In Lobby</div> <div>1:15 Bingo w/ Nickels & Dimes- MPR</div> <div>2:45 Wine & Cheese - w/ Pablo-Dining Room</div>	<div>4</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>10:15 Nails By Lou- Beauty Shop- Must Sign Up In Lobby</div> <div>1:15 Bingo - Nickels & Dimes-MPR</div> <div>2:45 France: Virtual Tour Eiffel Tower-Club Room</div>	<div>5</div> <div>8:30 Shop at Publix-Must Sign Up In Lobby</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>10:15 Christmas Craft-MPR</div> <div>1:00 Shop at Publix-Must Sign Up In Lobby</div> <div>1:15 Resident Hosted Pokeno-MPR</div> <div>2:45 Happy Hour w/ Ella-Dining Room- 7:00 Resident Hosted Bingo-MPR</div>	<div>6</div> <div>9:00 Sittercize w/ Phyllis-MPR</div> <div>10:30 Bible Study w/ Mary- Club Room</div> <div>1:15 Movie Matinee-Club Room</div> <div>1:15 Resident Hosted Bingo-MPR</div>
<div>7</div> <div>9:00 Time w/ family, Church, and Friends</div> <div>1:15 Resident Hosted Bingo-MPR</div>	<div>8</div> <div>Wear Holiday Colors</div> <div>8:30 Shop at Walmart-Must Sign Up In Lobby</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>10:15 Remembering Pearl Harbor-MPR</div> <div>1:15 Bingo-Nickels & Dimes- MPR</div> <div>2:45 France: Notre Dame-Documentary-Club Room</div>	<div>9</div> <div>Wear Ugly Sweater Day</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>10:15 France: Charcuterie Board-MPR</div> <div>1:15 Pokeno- Club Room</div> <div>3:00 St. Joseph’s Catholic Service-MPR</div> <div>7:00 Resident Hosted Pokeno-MPR</div>	<div>10</div> <div>Wear Your Favorite Holiday Hat</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>10:00 LHH Town Hall Meeting w/ Glenda-Dining Room</div> <div>1:15 Bingo w/ Nickels & Dimes- MPR</div> <div>2:45 Wine & Cheese - w/Gary Satterzahn-Dining Room--This will be Gary’s last performance He is retiring</div>	<div>11</div> <div>Wear Your Favorite Christmas PJ Day</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>10:15 France: Lavender Perfume Bags-MPR</div> <div>10:15 Nails By Lou- Beauty Shop- Must Sign Up In Lobby</div> <div>1:00 Bingo - Nickels & Dimes-MPR</div> <div>1:00 Shop at Publix-Must Sign Up In Lobby</div> <div>2:00 Resident/Employee Christmas Party & Snowball Fight Dining Room Entertainment by Jason Brown</div>	<div>12</div> <div>Dress Like Your Christmas Character</div> <div>8:30 Shop at Publix-Must Sign Up In Lobby</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>10:15 Christmas Craft-MPR</div> <div>1:15 Pokeno-MPR</div> <div>2:45 Happy Hour w/ Deborah Mims-Dining Room- 7:00 Resident Hosted Bingo-MPR</div>	<div>13</div> <div>9:00 Sittercize w/ Phyllis-MPR</div> <div>10:30 Bible Study w/ Mary- Club Room</div> <div>1:15 Movie Matinee-Club Room</div> <div>1:15 Resident Hosted Bingo-MPR</div> <div>2:00 Faith Extreme Baptist Church Choir-Dining Room</div>
<div>14</div> <div>9:00 Time w/ family, Church, and Friends</div> <div>1:15 Resident Hosted Bingo-MPR</div> <div>3:00 Christmas Sing-a-Long w/ Joe Jones-Lobby</div>	<div>15</div> <div>8:30 Shop at Walmart-Must Sign Up In Lobby</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>10:15 France: French Toast Snack-MPR</div> <div>1:15 Bingo-Nickels & Dimes- MPR</div> <div>6:00 IL Ride to Look At Christmas Lights-Must Sign Up In Lobby</div>	<div>16</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>10:15 France: The Louvre-Club Room</div> <div>10:15 Hearing Life w/ Kelsey-TBD</div> <div>1:15 Pokeno- Club Room</div> <div>2:45 Deck The Halls Judging-Winner to be announced on Friday at Happy Hour</div> <div>7:00 Resident Hosted Pokeno-MPR</div>	<div>17</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>10:15 France: Palace of Versailles-Club Room</div> <div>1:15 Bingo w/ Nickels & Dimes- MPR</div> <div>2:45 Birthday Bash Dining Room- Live Entertainment w/Bill Pascali🎵</div>	<div>18</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>10:15 France: Paint Class w/ Q-Tips</div> <div>10:15 Nails By Lou- Beauty Shop- Must Sign Up In Lobby</div> <div>1:00 Shop at Publix-Must Sign Up In Lobby</div> <div>1:15 Bingo - Nickels & Dimes-MPR</div> <div>4:30 Resident Christmas Party & Trail/ Family Night</div>	<div>19</div> <div>8:30 Shop at Publix-Must Sign Up In Lobby</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>10:15 Christmas Craft-MPR</div> <div>1:15 Pokeno-MPR</div> <div>2:45 Happy Hour w/ Bill Pascali-Dining Room- 7:00 Resident Hosted Bingo-MPR</div>	<div>20</div> <div>9:00 Sittercize w/ Phyllis-MPR</div> <div>10:30 Bible Study w/ Mary- Club Room</div> <div>1:15 Movie Matinee-Club Room</div> <div>1:15 Resident-Hosted Bingo Nickels & Dimes- MPR</div>
<div>21</div> <div>9:00 Time w/ family, Church, and Friends</div> <div>1:15 Resident Hosted Bingo-MPR</div>	<div>22</div> <div>8:30 Shop at Walmart-Must Sign Up In Lobby</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>10:15 Residents’ Coffee & Donuts-MPR</div> <div>1:15 Bingo-Nickels & Dimes- MPR</div> <div>2:45 IL ButterBean Auction-MPR</div>	<div>23</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>1:15 Pokeno- Club Room</div> <div>1:30 France: French Soap Making-MPR</div> <div>3:00 St. Joseph’s Catholic Service & Communion-MPR</div> <div>7:00 Resident Hosted Pokeno-MPR</div>	<div>24</div> <div>9:00 Sittercise w/ Brandi --MPR</div> <div>10:15 Nails By Lou- Beauty Shop- Must Sign Up In Lobby</div> <div>1:15 Bingo w/ Nickels & Dimes- MPR</div> <div>2:45 French Wine & Cheese - Lobby</div>	<div>25</div> <div>Christmas</div> <div>9:00 Sittercise i-MPR</div> <div>10:15 Caroling w/ Phyllis-MPR</div> <div>1:15 Resident Hosted Bingo - Nickels & Dimes-MPR</div>	<div>26</div> <div>8:30 Shop at Publix-Must Sign Up In Lobby</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>10:15 Christmas Craft-MPR</div> <div>1:15 Pokeno-MPR</div> <div>2:45 Happy Hour w/ Ella-Dining Room- 7:00 Resident Hosted Bingo-MPR</div>	<div>27</div> <div>9:00 Sittercize w/ Phyllis-MPR</div> <div>10:30 Bible Study w/ Mary- Club Room</div> <div>1:15 Movie Matinee-Club Room</div> <div>1:15 Resident-Hosted Bingo Nickels & Dimes- MPR</div>
<div>28</div> <div>9:00 Time w/ family, Church, and Friends</div> <div>1:15 Resident Hosted Bingo-MPR</div>	<div>29</div> <div>8:30 Shop at Walmart-Must Sign Up In Lobby</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>10:15 Christmas Trivia-Lanai</div> <div>1:15 Bingo-Nickels & Dimes- MPR</div> <div>2:45 Holiday Word Games-MPR</div>	<div>30</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>10:15 New Year’s Resolutions-MPR</div> <div>1:15 Pokeno- Club Room</div> <div>7:00 Resident Hosted Pokeno-MPR</div>	<div>31</div> <div>9:00 Sittercise w/ Brandi-MPR</div> <div>1:15 Bingo w/ Nickels & Dimes- MPR</div> <div>5:00 LHH New Year’s Eve Party w/ Bill Pascali-Lobby</div>	<div>Residents’ “December” Birthdays</div> <div>12/03 Edward J.</div> <div>12/14 Joanne T.</div> <div>12/15 Debbie M.</div> <div>12/17 Tito B.</div> <div>12/24 Betty C.</div> <div>12/24 Peg Q.</div> <div>12/28 Virginia W.</div> <div>12/31 Sylvia M.</div>	<div>Staff “December” Birthdays</div> <div>12/17 Justin S. Maintenance Director</div> <div>12/19 Gina S. Wellness Assistant</div> <div>12/26 Trish T. Resident Care</div>	<div>HAPPY NEW YEAR</div>

Employee of the Month



Meet Khristinea Pryce, a new and loved employee here at LHH. Originally from Ft. Lauderdale, she moved to Winter Haven with her family as a brother is studying college in the area, alongside three other siblings. Khristinea is the third youngest in her family. Her hobbies include dancing, cooking southern food, doing hair and just being her fun and silly self. She loves caring for people as well and it sure shows in your job title here with our residents. We are glad to have you here with us at LHH.



Bah, Humbug!

Ebenezer Scrooge, the cantankerous miser at the heart of the Charles Dickens tale "A Christmas Carol," is an unforgettable character. His name and personality are so engrained in pop culture that if someone tells you they encountered a real-life "Scrooge" around the holidays, you know exactly what they mean!

Tag along with the Ghost of Christmas Past and match each "A Christmas Carol" film adaptation with the actor who played Scrooge.

Actor

1. Michael Caine
2. Albert Finney
3. Will Ferrell
4. Alastair Sim
5. Christopher Plummer
6. Alan Young
7. George C. Scott
8. Bill Murray

Movie

- A. "Scrooged"
- B. "The Man Who Invented Christmas"
- C. "A Christmas Carol" (1951)
- D. "The Muppet Christmas Carol"
- E. "A Christmas Carol" (1984)
- F. "Spirited"
- G. "Scrooge"
- H. "Mickey's Christmas Carol"

(Answers: 1. D; 2. G; 3. F; 4. C; 5. B; 6. H; 7. E; 8. A)