

Lake Howard Heights

INDEPENDENT LIVING

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Director's Corner

Happy November!

Well, here we are.... Walking right into the major holiday time of the year!

As we enter the month that we focus on what we are thankful for, I am going to extend a challenge to us all.. let's try to identify 3 different people every day (maybe a friend, family member, employee somewhere, a stranger in a store) and let's share 1 thing that we can say to them that we are thankful for in regard to them. As we focus on the things we are thankful for, I bet we will see that

our days are happier, we realize how truly blessed we are and we help those around us to hear that we are thankful for them and help them see their own value as well.

I hope you all have a wonderful month and a beautiful Thanksgiving!

With much love and respect.....

Glenda



November 2025



Meet Larry Umstadter

Meet Larry Umstadter...Larry was born in Paterson, New Jersey and was the oldest of two children. He attended high school in Hackettstown, New Jersey, after high school Larry attended Rutgers University in New Jersey. He majoring in Animal Science. He also worked and studied construction. Larry owned his own construction company and business took him to Latin America. Shortly after graduation he married Darlene and their union produced two beautiful girls. Their marriage was 41 years short. Now, Larry enjoys four grandchildren and six great grandchildren...ALL GIRLS. Larry and Darlene traveled extensively, he even arranged for Darlene to have Christmas in Paris. WOW what a Christmas gift. Over the years Larry has had numerous hobbies including breeding and selling Appaloosa horses, horseback riding, and hunting. Today Larry enjoys his 13year old German shepherd Koda. You can always see Larry and Koda out for their walks throughout the day. Larry we are glad your home is here at Lake Howard Heights.



Resident
of the Month

Associate of the Month



Meet Aleyah Miller

Meet Aleyah Miller...Aleyah was born in Winter Haven and is the second oldest of five siblings. She graduated from Winter Haven High School and is taking a little time off before returning to school. Her plans now consist of attending junior college then transferring to a major university to pursue a career in law. She may be tiny but she is strong and believes in herself. Aleyah has worked at Lake Howard Heights in dining services for about one and a half years. She enjoys helping the residents and always greets them with a smile. Aleyah were are happy to have you here at home at Lake Howard Heights.

"This Month In History"

NOVEMBER

1929: Movie star turned Princess of Monaco, Grace Patricia Kelly is born on Nov. 12. She was an iconic actress during the Golden Age of Hollywood and an advocate for children in the arts.

1930: The Bank of Italy in San Francisco changes its name to the Bank of America. Currently, the financial company is the second-largest banking institution in the United States.

1942: In the midst of World War II, the minimum age for the U.S. military draft is dropped from 21 to 18. This

quickly brought out supporters of lowering the legal voting age, too, with the phrase "Old enough to fight, old enough to vote."

1960: John F. Kennedy becomes the youngest person to be elected U.S. president.

1989: The fall of the Berlin Wall occurs on Nov. 9. With the literal destruction of the wall, the figurative "Iron Curtain" between the U.S. and the Soviet Union was dissolved as well, ending the Cold War.

1994: Returning to the ring after a 10-year retirement, George Foreman wins the world heavyweight boxing championship—the oldest ever to earn the title, at age 45. "Big George" still holds the record.

2011: The creative video game Minecraft is released. It has since become the bestselling video game in history, with 140 million active players.

2022: The global population reaches a new high of 8 billion people.