

Lake Howard Heights

ASSISTED LIVING

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Director's Corner

Happy November!

Well, here we are.... Walking right into the major holiday time of the year! As we enter the month that we focus on what we are thankful for, I am going to extend a challenge to us all... let's try to identify 3 different people every day (maybe a friend, family member, employee somewhere, a stranger in a store) and let's share 1 thing that we can say to them that we are thankful for in regard to them. As we focus on the things we are thankful for, I bet we will see that our days are happier, we realize how truly blessed we are and we help those around us to hear that we are thankful for them and help them see their own value as well.

I hope you all have a wonderful month and a beautiful Thanksgiving!

With much love and respect.....

Glenda



November 2025

Resident of the Month



Everyone meets Barbara Smith. Originally from Baltimore, Maryland, then later moving to Townson, Barbara was and Art major in college where she studied in N.C. She was also dedicated to serving

the people all around her, Barbara was High Priestess of the lady's oriental shrine an organization who helped collect money for the Shrines hospitals. She was also a part of other amazing organizations such as OES, White Shrine and many others that help many people in so many ways. Barbara worked for western airlines eventually merging to Delta doing reservations and tickets for your flights. She enjoys doing peace work(sewing), and arts and crafts of course. Did you know she has traveled just about everywhere too? Next time you see miss Barbara maybe you too have traveled somewhere the same. Makes for great conversation. Barbara was never married and lives by predeceased parents and now a cousin named Nancy looks out for her, as she did her community. We are pleased to have you here at LHH.

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Meet Aleyah Miller...Aleyah was born in Winter Haven and is the second oldest of five siblings. She graduated from Winter Haven High School and is taking a little time off before returning to school. Her plans now consist of attending junior college then transferring to a major university to pursue a career in law. She may be tiny but she is strong and believes in herself. Aleyah has worked at Lake Howard Heights in dining services for about one and a half years. She enjoys helping the residents and always greets them with a smile. Aleyah were happy to have you here at home at Lake Howard Heights.

