

Lake Howard Heights

ASSISTED LIVING

650 N Lake Howard Drive • Winter Haven, FL 33881 • (863) 293-3171

Director's Corner

Happy November!

Well, here we are.... Walking right into the major holiday time of the year! As we enter the month that we focus on what we are thankful for, I am going to extend a challenge to us all... let's try to identify 3 different people every day (maybe a friend, family member, employee somewhere, a stranger in a store) and let's share 1 thing that we can say to them that we are thankful for in regard to them. As we focus on the things we are thankful for, I bet we will see that our days are happier, we realize how truly blessed we are and we help those around us to hear that we are thankful for them and help them see their own value as well.

I hope you all have a wonderful month and a beautiful Thanksgiving!

With much love and respect.....

Glenda



November 2025

Resident of the Month



Everyone meets Barbara Smith. Originally from Baltimore, Maryland, then later moving to Townson, Barbara was and Art major in college where she studied in N.C. She was also dedicated to serving

the people all around her, Barbara was High Priestess of the lady's oriental shrine an organization who helped collect money for the Shrines hospitals. She was also a part of other amazing organizations such as OES, White Shrine and many others that help many people in so many ways. Barbara worked for western airlines eventually merging to Delta doing reservations and tickets for your flights. She enjoys doing peace work(sewing), and arts and crafts of course. Did you know she has traveled just about everywhere too? Next time you see miss Barbara maybe you too have traveled somewhere the same. Makes for great conversation. Barbara was never married and lives by predeceased parents and now a cousin named Nancy looks out for her, as she did her community. We are pleased to have you here at LHH.

November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy Birthday Residents 11/4 Ethel Pariso 11/9 Mary Duffy 11/11 William Cherry 11/12 Beverly Moore 11/12 Charlotte Coheley 11/14 Delores Giles 11/16 Antionette Olask 11/19 Dorothy Ousley 11/28 Toni Panciera					1 9:00 Sittercise 10:00 Planting With Phyllis 10:00 Watercolor Art Class 10:30 Bible Study w/ Mary - Club Room 1:15 Resident-Hosted Bingo - MPR 1:30 Movie Matinee - CR
2 10:00 Bible Study with Richard- MPR 1:15 Resident-Hosted Bingo - MPR 1:30 Movie Matinee - CR	3 8:30 Shopping at Walmart- Must Sign Up 9:00 Sittercise 10:00 Manicure Monday- Beauty Shop 1:15 Mindful Trivia- Clubroom 2:45 Introduction to Australia- Clubroom	4 9:00 Sittercise 10:30 Resident Council Meeting- MPR 1:30 Bingo with Brandi-MPR 2:45 Australia Coloring-Lanai	5 9:00 Sittercise 10:15 Candy Pokeno- MPR 1:30 Australia Down Under Volleyball- CR 2:45 Wine and Cheese with Pablo- Dining Room	6 9:00 Sittercise 10:15 Australia Craft-MPR 1:15 Classic Trivia-CR 2:45 Australia Coloring-Lanai	7 8:30 Shopping at Publix- Must Sign Up 9:00 Sittercise 10:15 Memory Trivia- MPR 1:00 Movie and Popcorn- Clubroom 2:45 Happy Hour w/ Eddy Rivers- Dining Room 7:00 Moonlight Bingo- MPR	8 9:00 Sittercise 10:00 Watercolor Art Class 10:30 Bible Study w/ Mary - Club Room 1:15 Resident-Hosted Bingo - MPR 1:30 Movie Matinee - CR
9 10:00 Bible Study with Richard- MPR 1:15 Resident-Hosted Bingo - MPR 1:30 Movie Matinee - CR	10 8:00 Special Veterans Breakfast-Dining Room 8:30 Shopping at Walmart- Must Sign Up 9:00 Sittercise 10:00 Manicure Monday- Beauty Shop 1:00 Movie and Popcorn- Clubroom 2:45 Aussie Painting- Lanai	11 Veterans Day 9:00 Sittercise 10:00 Blood Pressure Checks w/ Amedisys - LA 10:15 Bingo with Brandi-MPR 1:15 LHH Veterans Day Celebration 3:00 St. Joseph’s Catholic Service & Communion - MPR	12 9:00 Sittercise 10:00 Town Hall w/ Glenda Hanley 11:00 AL Lunch Out “Outback Steakhouse” Australian Style 1:30 Card Games-Lanai 2:45 Wine and Cheese with Gary- dining room	13 9:00 Sittercise 10:15 Australia Craft-MPR 1:30 Resident VS Staff Trivia-Dining Room 2:45 Wives of Veterans w/ Mimosas-Dining Room	14 8:30 Shopping at Publix- Must Sign Up 9:00 Sittercise 10:15 Memory Trivia-Library 2:00 Veteran’s Pinning w/ Cornerstone-Dining Room 2:45 Happy Hour w/ Debra Mims- Dining Room 7:00 Moonlight Bingo- MPR	15 9:00 Sittercise 10:00 Watercolor Art Class 10:30 Bible Study w/ Mary - Club Room 1:15 Resident-Hosted Bingo - MPR 1:30 Movie Matinee - CR
16 10:00 Bible Study with Richard- MPR 1:15 Resident-Hosted Bingo - MPR 1:30 Movie Matinee - CR 3:00 Sing Along w/ Joe Jones - Lobby	17 8:30 Shopping at Walmart- Must Sign Up 9:00 Sittercise 10:00 Manicure Monday- Beauty Shop 1:15 Mindful Trivia- Clubroom 2:45 Australia Wordsearch- Lanai	18 9:00 Sittercise 10:15 Mindful Trivia- MPR 1:30 Bingo with Brandi-MPR 2:45 Australia Painting-Lanai 4:00 AL & IL Dinner Out “Longhorn” Must Sign Up	19 9:00 Sittercise 10:00 Australia Movie and Popcorn “Kangaroo Jack” -CR 1:30 Australia Down Under Volleyball- CR 2:45 Birthday Bash with Bill Pascali- Dining Room	20 9:00 Sittercise 10:15 Australia Craft-MPR 1:15 Classic Trivia- Clubroom 2:45 Australia Painting-Lanai	21 8:30 Shopping at Publix- Must Sign Up 9:00 Sittercise 10:15 Memory Trivia-Library 1:30 Manager Chili Cookoff-You Be The Judge-Dining Room 2:45 Happy Hour w/ Bill Pascali-Dining Room 7:00 Moonlight Bingo- MPR	22 9:00 Sittercise 10:00 Watercolor Art Class 10:30 Bible Study w/ Mary - Club Room 1:15 Resident-Hosted Bingo - MPR 1:30 Movie Matinee - CR
23 10:00 Bible Study with Richard- MPR 1:15 Resident-Hosted Bingo - MPR 1:30 Movie Matinee - CR	24 8:30 Shopping at Walmart- Must Sign Up 9:00 Sittercise 10:00 Manicure Monday- Beauty Shop 1:00 Movie and Popcorn- Clubroom 2:45 Dot Inspired Painting- MPR	25 9:00 Sittercise 10:15 Mindful Trivia- MPR 1:30 Bingo with Brandi - MPR 3:00 St. Joseph’s Catholic Service and Communion - MPR	26 9:00 Sittercise 10:15 Candy Pokeno- MPR 1:30 Bean Auction- Clubroom 2:45 Wine and Cheese- Lobby	27 Thanksgiving 9:00 Sittercise 10:15 Australia Craft-MPR 1:00 Thanksgiving Movie and Popcorn- Clubroom 2:00 Thanksgiving Wordsearch-Lanai 2:30 Card Games- Lanai	28 8:30 Shopping at Publix- Must Sign Up 9:00 Sittercise 10:15 Candy Pokeno- MPR 1:15 Trivia- Clubroom 2:45 Happy Hour w/ Ella- Dining Room 7:00 Moonlight Bingo- MPR	29 9:00 Sittercise 10:00 Watercolor Art Class 10:30 Bible Study w/ Mary - Club Room 1:15 Resident-Hosted Bingo - MPR 1:30 Movie Matinee - CR
30 10:00 Bible Study with Richard- MPR 1:15 Resident-Hosted Bingo - MPR 1:30 Movie Matinee - CR						

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Meet Aleyah Miller...Aleyah was born in Winter Haven and is the second oldest of five siblings. She graduated from Winter Haven High School and is taking a little time off before returning to school. Her plans now consist of attending junior college then transferring to a major university to pursue a career in law. She may be tiny but she is strong and believes in herself. Aleyah has worked at Lake Howard Heights in dining services for about one and a half years. She enjoys helping the residents and always greets them with a smile. Aleyah were happy to have you here at home at Lake Howard Heights.

