

Lake Howard Heights

INDEPENDENT LIVING

650 N Lake Howard Drive • Winter Haven, FL 33881 • (863) 293-3171



Director's Corner

Dear Residents,

As we are entering the time of year that we have all the holidays....

I want to encourage you to keep your eyes on the calendar! We are planning a lot of extra fun for you and I don't want you to miss it!

On October 29th, we will be hosting a "Resident/Family Fall Festival" from 5:00 – 7:00 pm! We will be sending an invite to your families, but definitely wanted to let you know so that you can help us to have everyone join us for some festival fun!

Thank you for being the best residents and for choosing to let us be a part of your lives!

With much love & respect....

Glenda



October 2025

Resident of the Month



Resident of the Month

Meet Winnie




Meet Winnie Jenkins

Jenkins...Winnie was born and raised in New Brunswick, New Jersey. Winnie's education was the usual, but after graduation she attended a county college where she majored in business. She never thought of herself as being a CPA, she admits she worked in many "one girl offices." And she was the whole staff. Winnie was married for 60 years and had one daughter.

Winnie wanted a change of occupation so she began to sew. Sew and sew she did, making slip covers and designing and making assortment of items for decorators.

Winnie has lived in Winter Haven for 32 years and loves it. Maybe not the very hot weather but it's better than shoveling snow. Winnie has a 13 year old four-legged roommate, Chloe.

Winnie has only lived at LHH for about three months. What she likes the most is the people, she says "it's like having family."

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
All Events Are Subject to Change	Residents “October” Birthdays 10/02 Kathleen C. 10/04 Mary H. 10/08 Tom W. 10/10 Ed D. 10/10 Diane M. 10/12 Bill G. 10/14 Dulcie B. 10/31 Rose A.	Staff “October Birthdays” 10/07 Reggie J. 10/07 Alexis J. 10/13 Mary D. 10/13 Annie D. 10/14 Ron B. 10/14 Don B. 10/16 Michelle J. 10/20 Maria R. 10/22 Lin C. 10/23 Gladys R. 010/24 Ozzie Gi 10/28 Jackie G. 10/28 Thomas H.	¹ 9:00 Sittercise-MPR 10:00 IL Lunch Out German Rest. & Beer Haus (in Kissimmee)Must Sign Up In Lobby 1:15 Bingo- Nickels & Dimes-MPR 2:45 Wine & Cheese - w/ Pablo-Dining Room	² 9:00 Sittercise-MPR 10:15 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 1:15 Bingo - Nickels & Dimes-MPR 2:45 Germany: Introduction-Club Room	³ 8:30 Shop at Publix-Must Sign Up In Lobby 9:00 Sittercise-MPR 10:15 Germany: Flag painting-Lanai 1:15 Pokeno-MPR 2:45 Happy Hour w/ Eddy Rivers-Dining Room- 7:00 Resident Hosted Bingo- MPR	⁴ 10:15 Painting w/ Reed-MPR 10:30 Bible Study w/ Mary- Club Room 3:00 Resident-Hosted Bingo Nickels & Dimes- MPR	
	⁵ 9:00 Time with Family, Church and Friends 1:15 Resident Hosted Bingo- MPR	⁶ 8:30 Shop at Walmart-Must Sign Up In Lobby 9:00 Sittercise-MPR 1:15 Bingo-Nickels & Dimes- MPR 2:45 Germany: Soft Pretzel Snack-Lanai	⁷ 8:30 Shop at Aldi’s- Must Sign Up In Lobby 9:00 Sittercise-MPR 10:30 Resident Council Meeting- MPR 1:15 Pokeno- Club Room 2:45 Germany: Brandenburg Gate Documentary- Club Room 7:00 Resident Hosted Bingo-MPR	⁸ 9:00 Sittercise-MPR 10:00 Town Hall Meeting w/Executive Director-Glenda Hanley Dining Room 1:15 Bingo- Nickels & Dimes-MPR 2:45 Wine & Cheese - w/ Gary Satterazahn-Dining Room	⁹ 9:00 Sittercise-MPR 10:00 Shop at Dollar Tree-Must Sign Up In Lobby 10:15 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 1:15 Bingo - Nickels & Dimes-MPR 2:45 Activity Planning Meeting-MPR	¹⁰ 8:30 Shop at Publix-Must Sign Up In Lobby 9:00 Sittercise-MPR 1:15 Pokeno-MPR 2:45 Happy Hour w/Deborah Mims-Dining Room- 7:00 Resident Hosted Bingo- MPR	¹¹ 10:15 Painting w/ Reed-MPR 10:30 Bible Study w/ Mary- Club Room 3:00 Resident-Hosted Bingo Nickels & Dimes- MPR
	¹² 9:00 Time with Family, Church and Friends 1:15 Resident Hosted Bingo- MPR	¹³ Columbus Day 8:30 Shop at Walmart-Must Sign Up In Lobby 9:00 Sittercise-MPR 10:15 Columbus Day History & Trivia 1:15 Bingo-Nickels & Dimes- MPR 2:45 Germany: Bauhaus Inspired Stained Glass-MPR	¹⁴ 9:00 Sittercise-MPR 10:15 Germany: Toilet Paper Derby-TBD 1:15 Pokeno- Club Room 3:00 St. Joseph’s Catholic Service-MPR 4:00 IL Dinner Out “Harry’s Old Place”-Must Sign Up In Lobby 7:00 Resident Hosted Bingo-MPR	¹⁵ 9:00 Sittercise-MPR 1:15 Bingo- Nickels & Dimes-MPR 2:45 Birthday Bash Dining Room- Live Entertainment w/Bill Pascali 6:15 WH Theatre “Love Quest”-Must Sign Up In Lobby	¹⁶ 9:00 Sittercise-MPR 10:00 The Book Shelter-Must Sign Up In Lobby 10:15 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 1:15 Bingo - Nickels & Dimes-MPR	¹⁷ 8:30 Shop at Publix-Must Sign Up In Lobby 9:00 Sittercise-MPR 1:15 Pokeno-MPR 2:45 Happy Hour w/ Bill Pascali-Dining Room- 7:00 Resident Hosted Bingo- MPR	¹⁸ 10:15 Painting w/ Reed-MPR 10:30 Bible Study w/ Mary- Club Room 3:00 Resident-Hosted Bingo Nickels & Dimes- MPR
	¹⁹ 9:00 Time with Family, Church and Friends 1:15 Resident Hosted Bingo- MPR 3:00 Sing-a-Long w/ Joe Jones-Lobby	²⁰ 8:30 Shop at Walmart-Must Sign Up In Lobby 9:00 Sittercise-MPR 10:15 Men’s Coffee & Donuts-MPR 1:15 Bingo-Nickels & Dimes- MPR 2:45 Germany:Inventions	²¹ 9:00 Sittercise-MPR 10:00 Shop at Aldi’s- Must Sign Up In Lobby 10:15 Halloween Craft-MPR 1:15 Pokeno- Club Room 2:45 Germany: German Beer Tasting-Lanai 7:00 Resident Hosted Bingo-MPR	²² 9:00 Sittercise-MPR 10:15 Pumpkin Decorating-MPR 1:15 Bingo- Nickels & Dimes-MPR 2:45 Wine & Cheese - Check Today’s Programs for Location	²³ 9:00 Sittercise-MPR 10:15 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 1:15 Bingo - Nickels & Dimes-MPR 2:45 Germany: Paint your own Nutcracker-MPR	²⁴ 8:30 Shop at Publix-Must Sign Up In Lobby 9:00 Sittercise-MPR 1:15 Pokeno-MPR 2:45 Happy Hour w/ Ella-Dining Room- 7:00 Resident Hosted Bingo- MPR	²⁵ 10:15 Painting w/ Reed-MPR 10:30 Bible Study w/ Mary- Club Room 3:00 Resident-Hosted Bingo Nickels & Dimes- MPR
	²⁶ 9:00 Time with Family, Church and Friends 1:15 Resident Hosted Bingo- MPR	²⁷ 8:30 Shop at Walmart-Must Sign Up In Lobby 9:00 Sittercise-MPR 10:15 Ladies Coffee & Donuts-MPR 1:15 Bingo-Nickels & Dimes- MPR 2:45 Halloween Craft-MPR	²⁸ 9:00 Sittercise-MPR 10:15 Germany: Castle Painting-MPR 1:15 Pokeno- Club Room 3:00 St. Joseph’s Catholic Service & Communion-MPR 7:00 Resident Hosted Bingo-MPR	²⁹ 9:00 Seminole Hard Rock-Must Sign Up In Lobby- Last trip for the this year. 9:00 Sittercise-MPR 1:15 Bingo- Nickels & Dimes-MPR 5:00 LHH Family Fall Festival Night	³⁰ 9:00 Sittercise-MPR 10:15 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 1:15 Bingo - Nickels & Dimes-MPR 2:45 Germany: Surprised to Learn 5:00 Octoberfest at LHH	³¹ 8:30 Shop at Publix-Must Sign Up In Lobby 9:00 Sittercise-MPR 1:15 Pokeno-MPR 2:30 Halloween Costume Contest-Dining Room 2:45 Halloween Happy Hour w/ John Picciano-Dining Room- 5:00 Halloween Trunk or Treat-Lobby	

Associate of the Month



Meet Reggie Howard

Meet Reggie Howard...Reggie was born and raised right here in beautiful Winter Haven. He is a recent graduate of Lake Region High School. Reggie is the oldest of four children having two sisters and one brother. Reggie is currently taking online classes to pursue a career in sports photography. Reggie loved taking pictures of his classmates in high school doing the sports that they loved. Working on being a professional photographer will take some time, but Reggie is able and willing to take the time to learn the process. In his spare time, he also enjoys playing video games and being with family.

Reggie has been employed here at LHH for three years, he is the server that always has smile on his face and is willing to help others. When asked what he likes best about LHH his answer without taking a breath was ...it's the Residents, without a doubt.



Digging in the Past

Celebrate National Fossil Day—the Wednesday of the second full week in October—with a prehistoric peek at some significant fossil discoveries.

Year(s)	Fossil Findings
1676	An English professor finds a giant femur. Later, it's determined it belonged to the Megalosaurus—the first dinosaur discovered and named.
1835	Biologist Louis Agassiz first describes the megalodon shark. Their gigantic fossilized teeth are triple the size of a great white shark.
1861	The skeleton of a feathered dinosaur, Archaeopteryx, is found, establishing a link between dinosaurs and modern birds.
1909	The Burgess Shale fossil site is uncovered in the Canadian Rockies. It contains numerous examples of early arthropods, mollusks and other creatures.
1938	Thought to have gone extinct 66 million years ago, an alive and well coelacanth fish—dubbed a “living fossil”—is found off the coast of South Africa.
1990	The most complete Tyrannosaurus rex skeleton is unearthed in South Dakota. “Sue” is now on display at Chicago’s Field Museum of Natural History.
2010	Siberian hunters come across the Yuka Mammoth. The 39,000-year-old animal is the best-preserved woolly mammoth in history.