

Lake Howard Heights

INDEPENDENT LIVING

650 N Lake Howard Drive • Winter Haven, FL 33881 • (863) 293-3171



Director's Corner

Dear Residents,

Well, here we are.... Already in August! Where in the world has this year gone?? As we are now in the hottest time of the year, I wanted to just share a quick reminder to make sure you are staying hydrated and avoiding being outside in the hottest part of the day! This Florida sunshine is beautiful, but can also be very dangerous with too much exposure – so stay hydrated and stay cool as much as you can.

We are looking to grow our activities program so if you have any ideas of things you would like to see us plan and do or trips to take anything - please let us know - we want to make sure we are keeping you engaged and happy in your social areas as well. I hope you all have a wonderful month!

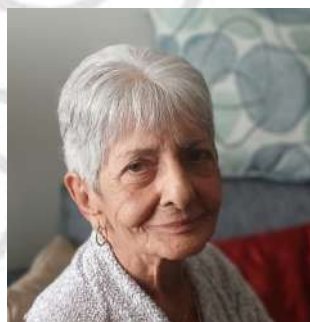
With much love & respect...

Glenda



August 2025

Resident of the Month



Meet Marlene

Jerina...Marlene was born in Pittsburgh, PA. She was the oldest of two children. Marlene attended school in the usual manner. After graduation she was employed as a administrative assistant for twenty (20) years. She was

married for only 28 months and her husband died unexpectedly. They had no children. She changed jobs and began working for the Stoffer's food company where she was a dietary specialist. This included training personal, compiling menus, and assorted other duties. For many years Marlene took care of her mother and also her brother's children. Sometimes working two jobs. Marlene in the past enjoyed coloring due to medical reasons she finds it difficult to focus. She still and always will enjoy music especially for the 50's and 60's. Marlene has lived in Winter Haven for 45 years in a mobile home park where she had many friends.

Having only lived at Lake Howard Heights for 5 months when asked what she likes the most (and I quote) "this is an awesome place to live" Welcome Home Marlene

Associate of the Month



Everyone meet Normalys Rivera our employee of the month. Born in Miami Florida, Normalys cultural background comes from Puerto Rico. She is the youngest of five siblings, 2 brothers and 2 sisters. One thing she is passionate about is her position here at LHH. She has a beautiful and bubbly soul that is uplifting to the residents, and she enjoys bringing smiles to their faces. This is her motivation to be here at LHH and brings joy to her work. She stated her favorite thing about her job was building connections and being there for each of the residents. She has a background of fine arts, as she loves the theatre, singing, and dancing. You may even hear her singing in the halls. She has a pet Pitbull, who is her baby. We really enjoy having Normalys here at LHH and appreciate everything she does for our residents.

Head of the Class

Many of us have known teachers who inspired their students to live, laugh and learn. And some of those teachers were on screen or in the pages of a book! Study this list of fictional teachers to see who made the grade.

<u>Year(s)</u>	<u>Teacher</u>	<u>Book, Movie or TV Series</u>
1975–1979	Gabe Kotter	“Welcome Back, Kotter”
1980	Lydia Grant	“Fame”
1986–2021	Valerie Frizzle	“The Magic School Bus”
1988	Jennifer Honey	“Matilda”
1989	John Keating	“Dead Poets Society”
1993–2000	George Feeny	“Boy Meets World”
1995	Glenn Holland	“Mr. Holland’s Opus”
1997	Albus Dumbledore	“Harry Potter”
2003	Dewey Finn	“School of Rock”
2009–2015	Will Schuester	“Glee”
2020–2023	Manish Kulkarni	“Never Have I Ever”

“Then & Now”