Lake Howard Heights

ASSISTED LIVING

650 N Lake Howard Drive • Winter Haven, FL 33881 • (863) 293-3171



Dear Residents,

Well, here we are.... Already in August! Where in the world has

this year gone?? As we are now in the hottest time of the

year I wanted to just share a quick reminder to make sure you

are staying hydrated and avoiding being outside in the hottest

part of the day! This Florida sunshine is beautiful, but can also

be very dangerous with too much exposure – so stay hydrated

and stay cool as much as you can. We are looking to grow our activities program so if you have any ideas of things you would like to see us plan and do or trips to take – anything - please let us know - we want to make sure we are keeping you engaged and happy in your social areas as well. I hope you all have a wonderful month!

With much love & respect... Glenda

August 2025



Resident Spotlight



Meet Diane Meagher



Diane was an Army military brat that traveled around most of her life. She was born in the Fort Bliss, Texas Military Base, and later moved to Oklahoma, DC, Kansas, and other US states, As well as London and sailed to Hungary. She later met the love of her life in Cocoa Beach as high school sweethearts named Mike. Mike

served in the Navy, so she continued traveling with her family. They were married 40 plus years and had 4 children, 3 girls and 1 boy. Diane and her husband later established a mission is Russia, where she brought the word of God to the people. She has a master's in ministry bible counseling as well as a bachelor's degree in music. She loves to play the piano and in her prime with her husband, she enjoyed canoeing and going to the beach with her family. Her grandparents had a house on the beach that they occasionally visited. Hopefully one day Diane will show us her piano skills as she has been a resident with LHH for 4 years.

August 2025

Employee of the Month



Everyone meet Normalys Rivera our employee of the month. Born in Miami Florida, Normalys cultural background comes from Puerto Rico. She is the youngest of five siblings, 2 brothers and 2 sisters. One thing she is passionate about is her position here at LHH. She has a beautiful and bubbly soul that is uplifting to the residents and she enjoys bringing smiles to their faces. This is her motivation to be here at LHH and brings joy to her work. She stated her favorite thing about her job was building connections and being there for each of the residents. She has a background of fine arts, as she loves the theatre, singing, and dancing. You may even hear her singing in the halls. We really enjoy having Normalys here at LHH and appreciate everything she does here.

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