

Lake Howard Heights

ASSISTED LIVING

August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Happy Birthday 8/5 Donna Wooden 8/5 Helga Robinette 8/7 Sylvia Thompson 8/9 Brenda Poller 8/10 Richard Windish 8/14 Margaret Simmers 8/17 Herbert Campfield 8/17 Joseph Milano 8/18 Sandra Slack 8/21 Joanne DeFusco 8/21 Marlene Jerina 8/24 Uta Hamil 8/25 Jane Thibodeau				
3 10:00 Bible Study with Richard- MPR 1:30 Movie Matinee - CR 7:00 Resident-Hosted Bingo - MPR	4 8:30 Shopping at Walmart- Must Sign Up 9:00 Sittercise 10:00 Manicure Monday- Beauty Shop 1:30 Mindful Trivia- Clubroom 2:45 England Coloring	5 9:00 Sittercise 10:30 Resident Council Meeting- MPR 1:30 England Craft-MPR 2:45 Bingo w/ Brandi-MPR	6 9:00 Sittercise 10:15 Name that Tune Game- CR 1:30 Chair Volleyball-CR 2:45 England Wine and Cheese-Lobby	7 9:00 Sittercise 10:15 Bingo w/ Brandi-MPR 2:00 England Tea Party 3:30 Afternoon Sittercise-MPR	8 8:30 Shopping at Publix- Must Sign Up 9:00 Sittercise 10:15 Candy Pokeno- MPR 10:15 England Buckingham Palace Tour- Clubroom 1:30 Trivia- MPR 2:45 Happy Hour w/ Debra Mims- Dining Room 7:00 Moonlight Bingo- MPR	9 9:00 Sittercise 10:00 Watercolor Art Class 10:30 Bible Study w/ Mary - Club Room 1:30 Movie Matinee - CR 7:00 Resident-Hosted Bingo - MPR
10 10:00 Bible Study with Richard- MPR 1:30 Movie Matinee - CR 7:00 Resident-Hosted Bingo - MPR	11 8:30 Shopping at Walmart- Must Sign Up 9:00 Sittercise 10:00 Manicure Monday- Beauty Shop 10:00 Shop Talk and Donuts with Justin Short Maintenance- MPR 1:30 Trivia- Clubroom 2:45 Afternoon Sittercise-MPR	12 9:00 Sittercise 10:00 Blood Pressure Checks w/ Amedisys - LA 10:15 Bingo w/ Brandi-MPR 10:15 Tower of London History-Clubroom 1:30 England Craft-MPR 3:00 St. Joseph's Catholic Service & Communion - MPR	13 9:00 Sittercise 10:00 Town Hall w/ Glenda Hanley 11:00 AL Lunch Out " Tom's Diner" 1:15 Trivia- Clubroom 2:45 Wine and Cheese with Gary- dining room	14 9:00 Sittercise 10:15 Game Time with Phyllis-MPR 1:00 England Movie & Popcorn "Sherlock Holmes" 2:45 Afternoon Sittercise-MPR 3:15 Card Games- Lanai	15 8:30 Shopping at Publix- Must Sign Up 9:00 Sittercise 10:15 Candy Pokeno- MPR 10:30 Ladies English Muffins and Tea 1:30 Trivia- Clubroom 2:45 Happy Hour w/ Bill Pascali 7:00 Moonlight Bingo- MPR	16 9:00 Sittercise 10:00 Watercolor Art Class 10:30 Bible Study w/ Mary - Club Room 1:30 Movie Matinee - CR 7:00 Resident-Hosted Bingo - MPR
17 10:00 Bible Study with Richard- MPR 1:30 Movie Matinee - CR 3:00 Sing Along w/ Joe Jones - Lobby 7:00 Resident-Hosted Bingo - MPR	18 8:30 Shopping at Walmart- Must Sign Up 9:00 Sittercise 10:00 Manicure Monday- Beauty Shop 10:15 Men's coffee and donuts- MPR 1:30 Trivia- Clubroom 2:45 Afternoon Sittercise-MPR	19 9:00 Sittercise 10:15 England Craft-MPR 1:30 Bean Auction with Brandi 2:45 Bingo - MPR 3:30 England Coloring-Lanai	20 9:00 Sittercise 10:15 Watercolor Art Class 1:30 Trivia- Clubroom 2:45 Birthday Bash with Bill Pascali- Dining Room	21 9:00 Sittercise 10:00 Dollar Tree Shopping- Must Sign Up 10:15 Bingo w/ Brandi-MPR 1:00 Afternoon Sittercise-MPR 3:30 LUAU Festivities 4:30 Luau Special Dinner with Ricky Kirk 6:00 Luau Dancing Entertainment	22 8:30 Shopping at Publix- Must Sign Up 9:00 Sittercise 10:15 Activity Planning Meeting- MPR 1:30 Trivia- Clubroom 2:45 Happy Hour w/ Ella- Dining Room 7:00 Moonlight Bingo- MPR	23 9:00 Sittercise 10:00 Watercolor Art Class 10:30 Bible Study w/ Mary - Club Room 1:30 Movie Matinee - CR 7:00 Resident-Hosted Bingo - MPR
24 10:00 Bible Study with Richard- MPR 1:30 Movie Matinee - CR 7:00 Resident-Hosted Bingo - MPR	25 8:30 Shopping at Walmart- Must Sign Up 9:00 Sittercise 10:00 Manicure Monday- Beauty Shop 10:45 English Brunch-Lavender and Lace outing 2:45 Afternoon Sittercise-MPR 2:45 Mandala Art- Lanai	26 National Dog Day 9:00 Sittercise 10:00 Polk Sheriff K9 Demonstration 1:30 LHH DOG SHOW-LOBBY 3:00 St. Joseph's Catholic Service and Communion - MPR	27 9:00 Seminole Hard Rock- Must Sign Up in Lobby 9:00 Sittercise 10:15 Bingo - MPR 1:30 Wimbledon England Game-CR 2:45 Wine and Cheese- Lobby	28 9:00 Sittercise 10:15 Game Time with Phyllis-MPR 1:00 England Movie & Popcorn "Paddington" 2:45 Afternoon Sittercise-MPR 3:30 Mandala Art- Lanai	29 8:30 Shopping at Publix- Must Sign Up 9:00 Sittercise 10:15 Candy Pokeno- MPR 1:30 Trivia- Clubroom 2:45 Happy Hour w/ Jennifer Roys 7:00 Moonlight Bingo- MPR	30 9:00 Sittercise 10:00 Watercolor Art Class 10:30 Bible Study w/ Mary - Club Room 1:30 Movie Matinee - CR 7:00 Resident-Hosted Bingo - MPR
31 10:00 Bible Study with Richard- MPR 1:30 Movie Matinee - CR 7:00 Resident-Hosted Bingo - MPR						