

Lake Howard Heights

ASSISTED LIVING

650 N Lake Howard Drive • Winter Haven, FL 33881 • (863) 293-3171

Administrator's **Corner**

Dear Residents,

Happy 4th of July! I hope you will all join us for the fun things we have planned this month as we celebrate our nations independence and visit the wonderful country of the USA!

As we focus on our country's independence this month, I would encourage each of you to think about your own independence and what you can do to personally support your independence in the future. One way that you can absolutely do this is to be pro-active when you feel you are nearing the point of needing some extra help. If you are beginning to feel like you could benefit from some support from our clinical team, please come see me and let's talk through what next steps would look like. So many times, we tend to think that if we ask or admit we are needing just a little help in some areas, that we are giving up independence, when in all reality, we are actually ensuring we keep it!

So don't hesitate to come see me if you have any questions about this. I hope you have an incredible month! Thank you for choosing LHH as your home and for joining our family!

With much love & respect.....Glenda

July 2025

Resident of the **Month**



Everyone meet Tom Callahan; our resident of the month was born in Connecticut in 1949 on his dad's birthday. He was a sibling of three other brothers and cared for the youngest two when his mom began working again. Tom started his career as an LPN and later moved to California where he took his boards and became

an RN. He worked all over the state of California in many different hospitals and even cared for some celebrities in that area. Tom was married to Dean who was the love of his life, and they traveled many places including France, Ireland, Europe and even Japan. He moved to Florida about 7 years ago and has been here ever since. You may see Tom around helping some other residents or even just giving his nice smile. As we continue to travel around the world in our facility, next time you see Tom you can ask if he has been to one of those countries. You might be fascinated by the results. Truly a very nice man.

A close-up portrait of a young man with dark skin and short, dark dreadlocks. He is looking directly at the camera with a slight smile, showing his teeth. The background is out of focus, showing some architectural elements like a railing.

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