

Lake Howard Heights

ASSISTED LIVING

July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy Birthday 1st-Peter Gardner 1st- Ann Merit 6th-Patricia Schlaier 10th- Carol Campen 11th-Virgina Reading 13th- Peter Palowchak 14th-Patricia Prine 19th-Ralph Colon 23rd- Joy Coruso 30th- Jane Wade 31st Carmen Groome	9:00 Sittercise 10:30 Resident Council Meeting- MPR 1:30 Bingo- CR 2:45 Coloring Art-Lanai	9:00 Sittercise 10:15 USA Coloring- Lanai 1:30 Chair Volleyball-CR 2:45 Wine and Cheese with Pablo- Dining Room	9:00 Sittercise 10:00 Nutritional Weight Checks with Dena Lofton-AL Lobby 10:15 Bingo - MPR 1:15 Name that Tune Game- CR 2:45 Afternoon Sittercise-MPR	Independence Day 8:30 Shopping at Publix- Must Sign Up 9:00 Sittercise 10:15 USA Craft- MPR 1:00 Sparks in the air USA- Pergola 2:45 Happy Hour w/ Eddy Rivers 7:00 Moonlight Bingo- MPR	9:00 Sittercise 10:00 Watercolor Art Class 10:30 Bible Study w/ Mary - Club Room 1:30 Movie Matinee - CR 3:00 Resident-Hosted Bingo - MPR
10:00 Bible Study with Richard- MPR 1:30 Movie Matinee - CR 3:00 Resident-Hosted Bingo - MPR	8:30 Shopping at Walmart- Must Sign Up 9:00 Sittercise 10:00 Manicure Monday- Beauty Shop 10:15 Shop Talk and Donuts with Justin Short Maintenance- MPR 1:30 Trivia- Clubroom 2:45 Afternoon Sittercise 3:30 Card Games- Lanai	9:00 Sittercise 10:00 Blood Pressure Checks w/ Amedisys - LA 10:00 USA Summer Splash at the Pool- Must Sign Up 1:30 Bingo - MPR 3:00 St. Joseph's Catholic Service & Communion - MPR	9:00 Sittercise 10:00 Town Hall w/ Glenda Hanley 11:00 AL Lunch Out "Glory Days" 1:30 Trivia- Clubroom 2:45 Wine and Cheese with Gary- dining room	9:00 Sittercise 10:00 Movie Matinee- Cobb Theatre- must sign up 1:30 USA Show and Tell- Clubroom 2:45 USA Ice Cream Social 3:30 Afternoon Sittercise-MPR	8:30 Shopping at Publix- Must Sign Up 9:00 Sittercise 10:15 Candy Pokeno- MPR 1:30 Trivia- Clubroom 2:45 Happy Hour w/ Debra Mims- Dining Room 7:00 Moonlight Bingo- MPR	9:00 Sittercise 10:00 Watercolor Art Class 10:30 Bible Study w/ Mary - Club Room 1:30 Movie Matinee - CR 3:00 Resident-Hosted Bingo - MPR
10:00 Bible Study with Richard- MPR 1:30 Movie Matinee - CR 3:00 Resident-Hosted Bingo - MPR	USA Spirit Week- Western Day 8:30 Shopping at Walmart- Must Sign Up 9:00 Sittercise 10:00 Manicure Monday- Beauty Shop 1:00 USA Western Movie and Popcorn 2:45 USA Cornhole Games 3:15 Afternoon Sittercise-MPR	USA Spirit Week- Pajama Day 9:00 Sittercise 10:15 Pajama Party w/ Coffee and Donuts 1:30 Bingo- CR 2:45 Coloring Art-Lanai	USA Spirit Week- Sports Day 9:00 Sittercise 10:15 USA Baseball Bingo 11:30 National Hotdog Lunch w/ Ricky Kirk 1:30 USA Food Craft- Clubroom 2:45 Birthday Bash with Bill Pascali- Dining Room	USA Spirit Week- Mitchmatch Day 9:00 Sittercise 10:15 Bingo - MPR 1:30 USA Arts and Crafts 2:45 Bean Auction- MPR 3:30 Afternoon Sittercise-MPR	USA Spirit Week- Decades Day 8:30 Shopping at Publix- Must Sign Up 9:00 Sittercise 10:15 Candy Pokeno- MPR 1:30 Trivia- Clubroom 2:45 Happy Hour w/ Bill Pascali 7:00 Moonlight Bingo- MPR	9:00 Sittercise 10:00 Watercolor Art Class 10:30 Bible Study w/ Mary - Club Room 1:30 Movie Matinee - CR 3:00 Resident-Hosted Bingo - MPR
10:00 Bible Study with Richard- MPR 1:30 Movie Matinee - CR 3:00 Resident-Hosted Bingo - MPR 3:00 Sing Along w/ Joe Jones - Lobby	8:30 Shopping at Walmart- Must Sign Up 9:00 Sittercise 10:00 Manicure Monday- Beauty Shop 10:15 Men's coffee and donuts- MPR 1:15 Trivia- Clubroom 2:45 Afternoon Sittercise-MPR 3:30 Card Games- Lanai	9:00 Sittercise 10:00 USA Summer Splash at the Pool- Must Sign Up 1:30 Bingo - MPR 3:00 St. Joseph's Catholic Service and Communion - MPR	9:00 Hard Rock Casino-Must Sign Up 9:00 Sittercise 10:15 Ladies Coffee and Donuts-MPR 1:30 Chair Volleyball-CR 2:45 Wine and Cheese w/ sweet sounds of Clancy- Dining Room	9:00 Sittercise 10:15 USA Movie Matinee at the Cobb- Must sign up 1:30 USA Craft- Clubroom 2:45 Afternoon Sittercise-MPR	8:30 Shopping at Publix- Must Sign Up 9:00 Sittercise 10:15 Candy Pokeno- MPR 1:30 Trivia- Clubroom 2:45 Happy Hour w/ Ella- Dining Room 7:00 Moonlight Bingo- MPR	9:00 Sittercise 10:00 Watercolor Art Class 10:30 Bible Study w/ Mary - Club Room 1:30 Movie Matinee - CR 3:00 Resident-Hosted Bingo - MPR
10:00 Bible Study with Richard- MPR 1:30 Movie Matinee - CR 3:00 Resident-Hosted Bingo - MPR	8:30 Shopping at Walmart- Must Sign Up 9:00 Sittercise 10:00 Manicure Monday- Beauty Shop 1:00 Movie and Popcorn- Clubroom 2:45 Afternoon Sittercise-MPR 3:30 Card Games- Lanai	9:00 Sittercise 10:00 Flow Mobile- US License- lobby 10:15 Trivia- Clubroom 1:30 Bingo- CR 2:45 USA Banana Splits-Lanai	9:00 Sittercise 9:00 USA Road Trip- National Preserve- Must Sign Up 1:30 Bingo - MPR 2:45 Wine and Cheese- Lobby	9:00 Sittercise 10:15 Bingo - MPR 1:30 USA Craft- MPR 2:45 Afternoon Sittercise-MPR		