

Lake Howard Heights

INDEPENDENT LIVING

July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Residents July Birthdays 07/01 Peter G 07/19 Ralph C. 07/01 Ann M. 07/23 Joy C. 07/06 Pat S. 07/30 Thelma W. 07/10 Carol C. 07/31 Carman G. 07/11 Virginia R. 07/13 Peter P. 07/14 Pat P.	Staff July Birthdays 07/10 Mary C. 07/17 Shannon L. 07/31 Chandler B.	9:00 Sittercise w/ Brandi-MPR 10:30 Resident Council Meeting-MPR 1:15 Pokeno- Club Room 2:45 USA Introduction 7:00 Resident Hosted Moonlight Bingo-MPR	9:00 Sittercise w/ Brandi-MPR 11:00 IL Lunch Out "Glory Days" Must Sign Up In Lobby 1:15 Bingo w/ Nickles & Dimes- MPR 2:45 Wine & Cheese - Entertainment by Pablo-Dining Room	9:00 Sittercise w/ Brandi-MPR 10:00 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 1:15 Bingo Nickles & Dimes-MPR 2:45 USA Tour: New York State 3:30 Sittercise w/ Brandi-MPR	Independence Day 9:00 Sittercise w/ Brandi-MPR 10:00 USA Craft-MPR 1:15 Resident Hosted Pokeno- Club Room 2:45 Patriotic Happy Hour w/ Eddy Rivers-Dining Room- 7:00 Resident Hosted Moonlight Bingo-MPR	9:00 Sittercise-MPR 10:15 Painting w/ Reed-MPR 10:30 Bible Study w/ Mary- Club Room 1:00 Sittercise-MPR 3:00 Resident-Hosted Bingo Nickles & Dimes- MPR
10:00 Bible Study w/ Richard- MPR 3:00 Resident Hosted Bingo Nickles & Dimes- MPR	8:30 Shop at Walmart- Must Sign Up In Lobby 9:00 Sittercise w/ Brandi-MPR 10:15 Shop Talk w/ Maintenance Director Jusin Short-MPR 1:15 Bingo-Nickles & Dimes- MPR 2:45 Sittercise-MPR 2:45 USA: Tour Washington DC-Club Room	9:00 Sittercise w/ Brandi-MPR 10:15 Summer Spalsh-SW Complex-Cost \$2.00 1:15 Pokeno- Club Room 3:00 St. Joseph's Catholic Service-MPR 7:00 Resident Hosted Moonlight Bingo-MPR	9:00 Sittercise w/ Brandi-MPR 10:00 Town Hall Meeting w/Executive Director Glenda Hanley-Dining Room 1:15 Bingo w/ Nickles & Dimes- MPR 2:45 Wine & Cheese - Entertainment by Gary Satterzahn-Dining Room	9:00 Sittercise w/ Brandi-MPR 10:00 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 10:30 Shop at Dollar Tree-Must Sign Up In Lobby 1:15 Bingo Nickles & Dimes-MPR 1:30 USA: Show & Tell-Club Room 2:45 USA: Ice Cream Social-Lanai 3:30 Sittercise w/ Brandi-MPR	8:30 Shop at Publix-Must Sign Up In Lobby 9:00 Sittercise w/ Brandi-MPR 1:15 Pokeno- MPR 2:45 Happy Hour w/ Deborah Mims-Dining Room- 7:00 Resident Hosted Moonlight Bingo-MPR	9:00 Sittercise-MPR 10:15 Painting w/ Reed-MPR 10:30 Bible Study w/ Mary- Club Room 1:00 Sittercise-MPR 3:00 Resident-Hosted Bingo Nickles & Dimes- MPR
10:00 Bible Study w/ Richard- MPR 3:00 Resident Hosted Bingo Nickles & Dimes- MPR	USA: Sprit Week-Western Day 8:30 Shop at Walmart- Must Sign Up In Lobby 9:00 Sittercise w/ Brandi-MPR 1:15 Bingo-Nickles & Dimes- MPR 2:45 Sittercise-MPR 2:45 USA: Corn Hole Games-Lobby	USA-Sprit Week-Pajama Day 9:00 Sittercise w/ Brandi-MPR 10:15 USA: Pajama Party w/ Coffee & Donuts-MPR 1:15 Pokeno- Club Room 2:45 USA Tour: Mid-West-Club Room 7:00 Resident Hosted Moonlight Bingo-MPR	USA: Sprit Week Sports Day 9:00 Sittercise w/ Brandi-MPR 10:00 USA: Bingo-MPR 11:30 National Hot Dog Day w/ Ricky-Dining Room 1:15 Bingo w/ Nickles & Dimes- MPR 2:45 Birthday Bash Dining Room- Live Entertainment w/Bill Pascali	USA: Sprit Week- Mismatch Day 9:00 Sittercise w/ Brandi-MPR 10:00 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 10:00 The Book Shelter-Must Sign Up In Lobby 1:15 Bingo Nickles & Dimes-MPR 2:45 USA Tour: Texas-Club Room 3:30 Sittercise w/ Brandi-MPR	USA: Sprit Day- Decade Day 8:30 Shop at Publix-Must Sign Up In Lobby 9:00 Sittercise w/ Brandi-MPR 1:15 Pokeno- MPR 2:45 Happy Hour w/ Bill Pascali-Dining Room- 7:00 Resident Hosted Moonlight Bingo-MPR	9:00 Sittercise-MPR 10:15 Painting w/ Reed-MPR 10:30 Bible Study w/ Mary- Club Room 1:00 Sittercise-MPR 3:00 Resident-Hosted Bingo Nickles & Dimes- MPR
10:00 Bible Study w/ Richard- MPR 3:00 Resident Hosted Bingo Nickles & Dimes- MPR 3:00 Sing-a-Long w/ Joe Jones-Lobby	8:30 Shop at Walmart- Must Sign Up In Lobby 9:00 Sittercise w/ Brandi-MPR 10:15 Men's Coffee & Donuts-MPR 1:15 Bingo-Nickles & Dimes- MPR 2:45 Sittercise-MPR 4:30 IL Dinner Out "Longhorn's"-Must Sign Up In Lobby	9:00 Sittercise w/ Brandi-MPR 10:00 Summer Spalsh-SW Complex-Cost \$2.00 1:15 Pokeno- Club Room 3:00 St. Joseph's Catholic Service and Communion-MPR 7:00 Resident Hosted Moonlight Bingo-MPR	9:00 Seminole Hard Rock Casino-Must Sign Up In Lobby/Bus will depart sharply at 9am 9:00 Sittercise w/ Brandi-MPR 10:15 Ladies Coffee & Donuts-MPR 1:15 Bingo w/ Nickles & Dimes- MPR 2:45 Wine & Cheese - Sweet Sound of Clancy-Dining Room	9:00 Sittercise w/ Brandi-MPR 10:00 Movie at the Cobb-Must Sign Up In Lobby 10:00 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 1:15 Bingo Nickles & Dimes-MPR 2:45 Sittercise w/ Brandi-MPR 2:45 USA Tour: California & West Coast	8:30 Shop at Publix-Must Sign Up In Lobby 9:00 Sittercise w/ Brandi-MPR 1:15 Pokeno- MPR 2:45 Happy Hour w/ Ella-Dining Room- 7:00 Resident Hosted Moonlight Bingo-MPR	9:00 Sittercise-MPR 10:15 Painting w/ Reed-MPR 10:30 Bible Study w/ Mary- Club Room 1:00 Sittercise-MPR 3:00 Resident-Hosted Bingo Nickles & Dimes- MPR
10:00 Bible Study w/ Richard- MPR 3:00 Resident Hosted Bingo Nickles & Dimes- MPR	8:30 Shop at Walmart- Must Sign Up In Lobby 9:00 Sittercise w/ Brandi-MPR 10:15 Men's Coffee & Donuts-MPR 1:00 USA Movie-True Grit-Club Room 1:15 Bingo-Nickles & Dimes- MPR 2:45 ButterBean Auction-Club Room 2:45 Sittercise-MPR	9:00 Sittercise w/ Brandi-MPR 10:00 F.L.O.W. Mobile-Details to Follow 1:15 Pokeno- Club Room 2:45 USA Banana Split Day-Lanie 7:00 Resident Hosted Moonlight Bingo-MPR	9:00 Sittercise w/ Brandi-MPR 9:00 USA : Apopka National Preserve-Must Sign Up In Lobby 1:15 Bingo w/ Nickles & Dimes- MPR 2:45 Wine & Cheese - Check Today's Programs for Location	9:00 Sittercise w/ Brandi-MPR 10:00 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 1:15 Bingo Nickles & Dimes-MPR 2:45 Sittercise w/ Brandi-MPR	All Events Are Subject to Change	