Lake Howard Heights

INDEPENDENT LIVING

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Dear Residents, Happy March!

I hope you all are having a great year so far! We have had a lot of exciting things happening thus far this year and are looking forward to an adventure packed year with our Atlas Around the World!. I hope you are participation in this.

If you haven't already, if you could check out the QR code at the concierge desk, we'd love to hear from you via a google review! This is a great way for others to see what you love about LHH and help them to want to join our family as well!

Thank you for being the greatest group of residents!

With much love & respect.... Glenda



March 2025



Meet Herbert (Herb)
Wyman...Herb as he likes to be called, is one of twelve children.
He grew up with 4 sisters and 7 brothers. He was born at home in Mechanic Falls, Maine. He dropped out of school and joined the Navy...Seabees in 1965. Serving his time in Vietnam he also traveled to Scotland, London, and Hong Kong during his military tour.

He was married and they had 2 girls and 1 boy who all live in central Florida. Herb returned to school and received his diploma and attended college courses. Herb has lived in Florida since 1981 and proceeded to work as a carpenter and masonry. Herb also worked for the US Post Office in Lakeland from 1983-2003. You'll find Herb at his spot at the bingo table or working on a puzzle. He also enjoys the outdoor being a average golfer (in his past) also corn hole are his favorite. Herb was also a member of AVAST, where he was one of members who served on an Amputee Only Honor Guard. He was also a member of the Fairway of the Warriors in Orlando. Having lost his leg due medical reasons he still enjoys being with family, friends and flirting with the ladies.



Associate of the Month



Ron has been a menber of the LHH team for 12 years. Ron began his LHH career as the primary bus driver extraordinaire. Ron knew just when to drop off and pick up. He knew when and where the ladies were to be taken for their hair appointments off site. He managed his timing and tried not to have anyone waiting for a long time. Ron is a long-time resident of Polk County and he knew ALL the short cuts when going out on outings. Recently, Ron transferred to the maintenance department, and he is looking forward to retiring. Just to keep him "out of trouble" he is working 2-3 days a week now and has a "to do" list longer than you can imagine that needs to get done. You'll always find Ron working in one apartment or another, or maybe in your own apartment. Ron is dependable, trustworthy, honest, and is aways a gentleman. Ron, we are glad you are on our LHH team.

"This Month In History"

1912: With a troop of 18 girls, Iuliette Gordon Low founds the American Girl Guides in Savannah, Ga. The organization is now known as the Girl Scouts.

1921: To protect the mineral-rich thermal waters of central Arkansas, Congress establishes Hot Springs National Park.

1939: March Madness is born when the first NCAA men's basketball championship tournament is played.

The University of Oregon won the title over Ohio State University.

1941: The superhero Captain America first appears in a comic book.

1958: Perry Como's hit song "Catch a Falling Star" is awarded the first gold record by the Recording Industry Association of America after selling I million copies.

1964: The TV quiz show "Jeopardy!" debuts.

1974: The price of a U.S. first-class postage stamp is raised from 8 cents to 10 cents.

1990: Track and field Olympian lesse Owens is posthumously awarded the Congressional Gold Medal by President George H.W. Bush.

2000: Julia Roberts is paid \$20 million to play the title role in the movie "Erin Brockovich." The record salary made her the highest-paid actress at the time.

2007: Italian sports car manufacturer Ferrari celebrates its 60th anniversary.

2018: Box office ticket sales make "Black Panther" the highest-grossing superhero film in U.S. history.