

Lake Howard Heights

INDEPENDENT LIVING

650 N Lake Howard Drive • Winter Haven, FL 33881 • (863) 293-3171

Director's Corner

Dear Residents,

How in the world is it already April? I cannot believe how fast the time flies by!

As we enter the Spring time of the year, you definitely are not going to want to miss the fun things we have planned for you! Keep a watch on your calendar for new and exciting things we have planned for you.

I also want to remind you of our resident referral program! If you have a friend or loved one that you think would want to become a part of our LHH family, please see one of the Jennifer's and they will be glad to reach out to them and schedule a time for them to visit with us. Or if they happen to be visiting with you and express an interest, you can find one of us and we will be glad to meet with you right then and as well. If you want to learn more about how this benefits you as a resident

financially, please see one of us and we will share all the details with you.

As always, thank you for choosing LHH as your home! We are so blessed to have you a part of us!

With much love & respect.....

Glenda

April 2025



Meet Nancy Guevara

Meet Nancy Guevara....Nancy was born in Wilmington, Delaware and is the second oldest of seven children. She grew up in Kennett Square, PA, and having three brothers and three sisters makes for a busy childhood. After high school she went to work at the Navy research lab security. She married Rudy and they had four children. Two live in Maryland and two live in Winter Haven area. Rudy died at a very early age leaving her with her youngest still at home. Still her life had to continue, she continued her work at the Naval Research lab security where she worked for 20 years. Nancy continued to work at the College of Southern Maryland Southern Maryland Library where she also earned her Fine Arts degree. Her children have been very supportive in all she has done. She has lived in Winter Haven for twenty plus years where she enjoys the warm (rather hot at times) weather. In her spare time (after she gets settled) enjoys reading historical fiction and non-fiction books. She also enjoys painting, crocheting, knitting, and especially working with clay. She also enjoys volunteering at schools where at times she taught ceramics. Nancy has only lived at LHH a short while but she loves her new home. Welcome Home Nancy!



Resident
Spotlight



Associate of the Month



Meet Christine Sheahan

Christine was born in Amityville, New York. She is the youngest of two children. Christine relocated to Winter Haven four (4) years ago and began working in housekeeping. Recently, Christine has transferred to the maintenance/security department. You'll find Christine holding down the front desk during those early hours in the morning. Of course, she has other duties to perform as well. She is available "after hours" to attend to needs of the residents such as changing batteries in smoke alarms, adjusting your TV controls, or answering an emergency call lights in the tower, or you may find her detailing the common areas, painting a vacant apartment, or doing general maintenance in the building. Christine has been with LHH for 3 years. During her time off she enjoys gardening, planting and raising beautiful flowers. LHH is lucky to have Christine on our LHH team.

Your LHH Resident Council at Work



Council Members L-R Donna Wooden, Carol Campen, and Carol Delaney

Staff members at "The Mission" in downtown Winter Haven were excited and grateful for the generous donations provided by the residents of Lake Howard Heights. The "Resident Council" at Lake Howard Heights is working hard to provide items of need for homeless people, schools, and other agencies that assist with helping others. The residents of Lake Howard Heights generously contributed items of need such as toothbrushes, toothpaste, bath soap, shampoo, brushes, combs, body wash, and other toiletries.

The residents have been collecting these items for about a month. As an effort to help others in need. The council hopes to continue their contributions throughout the year to other agencies. Members of the council presenting the donations are Donna Wooden, Carol Campen, and Carol Delaney.