

# Lake Howard Heights

ASSISTED LIVING

650 N Lake Howard Drive • Winter Haven, FL 33881 • (863) 293-3171

## Administrator's Corner

Dear Residents,

How in the world is it already April? I cannot believe how fast the time flies by! As we enter the Springtime of the year, you definitely are not going to want to miss the fun things we have planned for you! Keep a watch on your calendar for new and exciting things we have planned for you.

I also want to remind you of our resident referral program! If you have a friend or loved one that you think would want to become a part of our LHH family, please see one of the Jennifer's and they will be glad to reach out to them and schedule a time for them to visit with us. Or if they happen to be visiting with you and express an interest, you can find one of us and we will be glad to meet with you right then as well. If you want to learn more about how this benefits you as a resident financially, please see one of us and we will share all the details with you.

As always, thank you for choosing LHH as your home! We are so blessed to have you a part of us! With much love & respect.....

Glenda

April 2025

## Resident of the Month



Meet Martha Gould, this fantastic soul is one of our centenarians here at LHH. She is 105 years old, which 93 of those years was spent living in Pennsylvania where she is originally from. She served in our military of the Army branch, where she was the bomb inspector. She also taught income tax. She has 3 daughters and 1 son, which she is very proud of. Her husband and son both also served in the military. She loves welcome hello's, good food, and playing cards with her daughters. If you see Martha around the building make sure you say hello, she may have some interesting stories to share with all of you.



# April 2025



Meet Christine Sheahan...Christine was born in Amityville, New York. She is the youngest of two children. Christine relocated to Winter Haven four (4) years ago and began working in housekeeping. Recently, Christine has transferred to the maintenance/security department. You'll find Christine holding down the front desk during those early hours in the morning. Of course, she has other duties to perform as well. She is available "after hours" to attend to needs of the residents such as changing batteries in smoke alarms, adjusting your TV controls, or answering an emergency call lights in the tower. Or you may find her detailing the common areas, painting a vacant apartment, or doing general maintenance in the building. Christine has been with LHH for 3 years and is one who steps up to the plate when needed. During her time off she enjoys gardening, planting and raising beautiful flowers. LHH is lucky to have Christine on our LHH team.

