Lake Howard Heights

INDEPENDENT LIVING

650 N Lake Howard Drive • Winter Haven, FL 33881 • (863) 293-3171



Dear Residents,

Happy New Year!!

I hope you all had a wonderful Christmas time! I can't thank our Team enough for all of their hard work to make the season as Special as they could for you all!

As we enter the New Year, we want to fill it with a year of joy and fun and new ideas. So If you have any ideas of things you would like to see here at LHH, please don't hesitate to let us know.

May you all have a wonderful and blessed new year!

With much love & respect.....
Glenda



January 2025

Resident of the h



Meet Kathleen "Kathy" Carter

Meet Kathleen Carter ...
"Kathy" as she likes to be called was born in Barrington, New Jersey. She is the middle child between two brothers. She was married to Manning for 56 years and they have three daughters and five grandchildren. Kathy graduated from nursing school in New Jersey and also attended Florida Southern for her Bachelor's

degree. She found teaching nursing was more interesting to her, so she began teaching at Travis Vo-tech. She has lived in Winter Haven for 64 years. Kathy and Manning traveled the 49 contiguous US and Canada via travel trailer. Avoiding the cities, they stayed in most (if not all) of the National Parks. She had to tell me that her husband actually worked at Glacier National Park. Since we studied that park in December, I found that to be very interesting. Kathy's hobbies include reading mysteries and history material. Welcome to our LHH family.

Associate of the Month, Lori Owens



Once again Lori has been awarded the Associate of the Month. You can always find Lori helping others and making a big difference in her residents' lives. She is always going out of her way to help her teammates as well. She even helps out during our wine and cheese afternoons and on Fridays she is in there helping with happy hour. Lori not only attends to her residents, she also keeps family members up to date with their loved ones' conditions. She even accompanies assisted living residents to baseball games, making sure that they get their hot dogs and cold beer or Coke. She knows her residents, but most of all she loves her job and her residents.

"This Month In History" JANUARY

1901: The American Bowling Congress organizes the first national bowling tournament, held in Chicago.

1938: Benny Goodman plays a sold-out concert at New York City's Carnegie Hall. It was the first time jazz was played at the venue, and the first time that white and Black musicians performed together on a U.S. stage.

1943: Headquarters for the U.S. Department of Defense, the Pentagon building officially opens.

1953: Chevrolet debuts its new sports car, the Corvette.

1986: James Brown, Buddy Holly and Elvis Presley are among the first artists inducted into the Rock & Roll Hall of Fame.

1994: American speedskater Dan Jansen sets a new world record, skating 500 meters in 35.76 seconds at a race in Canada.

2006: An unmanned NASA probe blasts off to begin a 3 billion-mile journey to Pluto.

2010: Apple introduces its first iPad, a touch-screen tablet computer.

2019: A polar vortex sends frigid air across the upper Midwest and Northeast, causing record-breaking low temperatures.

