

Lake Howard Heights
INDEPENDENT LIVING

January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Residents' January Birthdays 01/07 Judy H. 01/08 Jim C. 01/09 Betty A. 01/11 Louie R. 01/15 Sue W. 01/16 Jim W. 01/17 Art H. 01/27 Gey W. 01/27 Larry U.	Staff January Birthdays 01/13 Lorraine G./ Dining Services 01/19 Carine T./Concierge Desk 01/20 Rajai H./ Dining Services	Brazil Join us as we explore the city and culture of Brazil. We will offer documentaries, crafts, and open discussion about this beautiful country. Check out the "Today's Programs" for times and locations.	New Year's Day 1 9:00 Sittercise w/ Lou-MPR 10:15 Write Your New Year's Resolutions-MPR 1:30 Bingo-MPR 2:45 Wine & Cheese - Check Today's Programs for Location	2 9:00 Sittercise w/ Lou-MPR 10:00 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 11:30 IL Lunch Out "Sonny's" Must Sign Up In Lobby 1:30 Bingo-MPR 2:45 Mandela Art-Lanai 6:00 Movie Night-Club Room	3 8:30 Shop at Publix-Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 10:15 General Trivia "Know Your Stuff" 1:30 Pokeno- MPR 2:45 Happy Hour w/ Eddy Rivers-Dining Room-	4 10:15 Painting w/ Reed-MPR 10:30 Bible Study w/ Mary- Club Room 1:30 Resident-Hosted Bingo- MPR 2:00 Movie Matinee-Club Room/Residents' Choice
5 1:30 Resident Hosted Bingo- MPR 2:00 Movie Matinee-Club Room/Residents' Choice	6 8:30 Shop at Walmart-Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 10:15 Men's Coffee & Donuts-MPR 1:30 Bingo- MPR 2:45 Introduction to Brazil-MPR 6:00 Musical Movie Night- Club Room	7 9:00 Sittercise w/ Lou-MPR 10:00 Blood Pressure Check w/ Betsy-Lanai 10:00 Update Your Voting Information-Lobby 10:30 Resident Council Meeting- MPR 1:30 Pokeno- MPR 2:45 Brazilian Rainforest-Club Room 6:00 Movie Night-Club Room	8 9:00 Sittercise w/ Lou-MPR 10:00 LHH Town Hall Meeting w/ Glenda, Executive Director 11:00 AL Lunch Out "Sonny's BBQ" Must Sign Up In Lobby 1:30 Bingo-MPR 2:45 Wine & Cheese - Check Today's Programs for Location	9 9:00 Sittercise w/ Lou-MPR 10:00 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 10:00 The Book Shelter- 1:30 Bingo-MPR 2:45 Mandela Art-Lanai 6:00 Movie Night-Club Room	10 8:30 Shop at Publix-Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 10:15 General Trivia "Know Your Stuff" 1:30 Pokeno- MPR 2:45 Happy Hour w/ Deborah Mims-Dining Room	11 10:15 Painting w/ Reed-MPR 10:30 Bible Study w/ Mary- Club Room 1:30 Resident-Hosted Bingo- MPR 2:00 Movie Matinee-Club Room/Residents' Choice
12 10:00 Non-Denominational Church-MPR 1:30 Resident Hosted Bingo- MPR 2:00 Movie Matinee-Club Room/Residents' Choice	13 8:30 Shop at Walmart-Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 1:30 Bingo- MPR 2:45 Sugarloaf Mountain & Christ Redeemer-Club Room 6:00 Musical Movie Night- Club Room	14 9:00 Sittercise w/ Lou-MPR 10:15 Brazil Carnival Mask Making-MPR 1:30 Pokeno- MPR 3:00 St. Joseph's Catholic Service-MPR 6:00 Movie Night-Club Room	15 9:00 Sittercise w/ Lou-MPR 10:15 Kennedy Documentary-Club Room 1:30 Bingo-MPR 2:45 Birthday Bash Dining Room- Live Entertainment w/Bill Pascali-Dining Room.♪	16 9:00 Sittercise w/ Lou-MPR 10:00 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 1:30 Bingo-MPR 2:45 Snake Island-Club Room 6:00 Movie Night-Club Room	17 8:30 Shop at Publix-Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 10:15 General Trivia "Know Your Stuff" 1:30 Pokeno- MPR 2:45 Happy Hour w/ Bill Pascali-Dining Room-	18 10:15 Painting w/ Reed-MPR 10:30 Bible Study w/ Mary- Club Room 1:30 Resident-Hosted Bingo- MPR 2:00 Movie Matinee-Club Room/Residents' Choice
19 1:30 Resident Hosted Bingo- MPR 2:00 Movie Matinee-Club Room/Residents' Choice 3:00 Sing-A-Long w/ Joe Jones-Lobby	Martin Luther King Jr. Day 20 8:30 Shop at Walmart-Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 10:15 Men's Coffee & Donuts-MPR 1:30 Bingo- MPR 2:45 Dr. Martin Luther King Documentary-Club Room 6:00 Musical Movie Night- Club Room	21 9:00 Sittercise w/ Lou-MPR 10:00 Blood Pressure Check w/ Betsy 10:15 Facts about Brazil-Club Room 1:30 Pokeno- MPR 2:45 Samba Dance-Club Room 6:00 Movie Night-Club Room	22 9:00 Sittercise w/ Lou-MPR 10:15 Pearl Harbor Documentary-Club Room 1:30 Bingo-MPR 2:45 Wine & Cheese - Check Today's Programs for Location	23 9:00 Sittercise w/ Lou-MPR 10:00 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 1:30 Bingo-MPR 2:45 Mandela Art-Lanai 6:00 Movie Night-Club Room	24 8:30 Shop at Publix-Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 10:15 General Trivia "Know Your Stuff" 1:30 Pokeno- MPR 2:45 Happy Hour w/ Ella-Dining Room-	25 10:15 Painting w/ Reed-MPR 10:30 Bible Study w/ Mary- Club Room 1:30 Resident-Hosted Bingo- MPR 2:00 Movie Matinee-Club Room/Residents' Choice
26 10:00 Non-Denominational Church-MPR 1:30 Resident Hosted Bingo- MPR 2:00 Movie Matinee-Club Room/Residents' Choice	27 8:30 Shop at Walmart-Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 1:30 Bingo- MPR 2:45 Brazilian Butterfly Making-MPR 6:00 Musical Movie Night- Club Room	28 9:00 Sittercise w/ Lou-MPR 10:15 You Be The Judge-MPR 1:30 Pokeno- MPR 3:00 St. Joseph's Catholic Service-MPR 6:00 Movie Night-Club Room	29 9:00 Seminole Hard Rock-Will Use The List We Had Before 9:00 Sittercise w/ Lou-MPR 1:30 Bingo-MPR 2:45 Wine & Cheese Brazilian Style - Lobby	30 9:00 Sittercise w/ Lou-MPR 10:00 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 1:30 Bingo-MPR 2:45 Mandela Art-Lanai 6:00 Movie Night-Club Room	31 8:30 Shop at Publix-Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 10:15 General Trivia "Know Your Stuff" 1:30 Pokeno- MPR 2:45 Happy Hour w/ Deborah Mims-Dining Room-	<p style="text-align: center;">All Events Are Subject to Change</p>