

Lake Howard Heights

INDEPENDENT LIVING

650 N Lake Howard Drive • Winter Haven, FL 33881 • (863) 293-3171



Director's Corner

Dear Residents,
Happy Thanksgiving Month!

As we reflect on things that we are thankful for, I can't help but reflect on the horrendous storms that passed through Florida last month. These storms caused so very much devastation for so many people, it is just hard to put into words. I believe we have many things to be thankful for in that we haven't had to endure the things they have. We had some inconveniences and some long days and nights as the storms passed, but we have much to be thankful for!

As we enter into the holiday season in full swing, let us not forget to take time to be thankful and to tell those around us that we love them and are thankful for them, not just during this time of year, but always!

With much love & respect ...

Glenda



November 2024





Meet Carol Delaney

Meet Carol Delaney ... Carol was born and raised in Erie, PA. and has one brother and one sister, she is the cream in the middle. Carol attended school in Erie. After graduation, she attended Gannon University where she majored in business and accounting. She worked at Hamot Hospital dialysis unit and doctor's offices and Marine/PNC Bank. In 1985, she relocated to Florida where she found her niche in property management. She was married for 10 years and has no children. Carol has traveled extensively north and south of the east coast, Colorado and Ireland. She enjoys reading, mostly mysteries, and being around friends. Did I mention that she used to sing in a band, performing music from the '50s, '60s and '70s? Carol has only been here a short time, but she has fit right in and enjoys the activities that are offered. Most of all, she likes the staff and residents that have made her feel right at home. Welcome Home, Carol.



November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p style="text-align: center;">All Events Are Subject to Change</p>	<p>Residents' November Birthdays 11/01 Homer S. 11/04 Ethel PI 11/09 Mary D. 11/11 Bill C. 11/16 Antoinette O. 11/26 Bertha R. 11/28 Toni P.</p>	<p style="text-align: center;">★★★ <i>Thank You</i> VETERANS </p>	<p>Staff November Birthdays 11/06 Mary D. Resident Care 11/08 Christine S. Housekeeping 11/18 Arkim H. Security 11/24 Lou M Dir. of Independent Living Activities</p>	<p style="text-align: center;"></p>	<p style="text-align: right;">1</p> <p>9:00 Shop at Publix- Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 1:30 Pokeno- MPR 2:45 Happy Hour w/ Eddy Rivers-Dining Room- 6:00 Movie Night-Club Room</p>	<p style="text-align: right;">2</p> <p>10:15 Painting-MPR 10:30 Bible Study w/ Mary- Club Room 1:30 Resident-Hosted Bingo- MPR</p>	
	<p style="text-align: right;">3</p> <p>10:00 Nondenominational Church Service 1:30 Resident Hosted Bingo- MPR 2:12 Movie Matinee-Club Room</p>	<p style="text-align: right;">4</p> <p>9:00 Shop at Walmart- Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 10:15 Men's Morning Coffee-MPR 1:30 Bingo- MPR 2:45 Yellowstone Introduction-Club Room 6:00 Musical Movie Night- Club Room</p>	<p style="text-align: right;">5</p> <p>9:00 Sittercise w/ Lou-MPR 10:30 Resident Council Meeting-MPR 1:00 Movie Matinee-Club Room 1:30 Pokeno- MPR 2:45 Yellowstone America's First National Park-Club Room</p>	<p style="text-align: right;">6</p> <p>9:00 Sittercise w/ Lou-MPR 10:45 IL Lunch Out "The Stables" Must Sign Up In Lobby 1:30 Bingo-MPR 2:45 Wine & Cheese - Check Today's Programs for Location 6:00 Movie Night-Club Room</p>	<p style="text-align: right;">7</p> <p>9:00 Sittercise w/ Lou-MPR 10:00 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 1:30 Bingo-MPR 2:45 Butterbean Auction-MPR</p>	<p style="text-align: right;">8</p> <p>9:00 Shop at Publix- Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 1:30 Pokeno- MPR 2:45 Happy Hour w/ Deborah Mims-Dining Room- 6:00 Movie Night-Club Room</p>	<p style="text-align: right;">9</p> <p>10:15 Yellowstone String Art w/ Lou-MPR 10:30 Bible Study w/ Mary- Club Room 1:30 Resident-Hosted Bingo- MPR</p>
	<p style="text-align: right;">10</p> <p>10:00 Nondenominational Church Service 1:30 Resident Hosted Bingo- MPR 2:12 Movie Matinee-Club Room</p>	<p style="text-align: right;">11</p> <p>Veterans Day 9:00 Shop at Walmart- Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 10:15 Men's Morning Coffee-MPR 1:00 Veterans Day Tribute-TBD 6:00 Movie Night- Club Room</p>	<p style="text-align: right;">12</p> <p>9:00 Sittercise w/ Lou-MPR 10:00 Blood Pressure Check w/ Amedisys-Lanai 1:00 Movie Matinee-Club Room 1:30 Pokeno- MPR 3:00 St. Joseph's Catholic Service-MPR</p>	<p style="text-align: right;">13</p> <p>9:00 Sittercise w/ Lou-MPR 10:00 LHH November Town Hall Meeting w/ Glenda Hanley, Executive Director 1:30 Bingo-MPR 2:45 Wine & Cheese -Entertainment by Gary Satterzahn-Dining Room 6:00 Movie Night-Club Room</p>	<p style="text-align: right;">14</p> <p>9:00 Sittercise w/ Lou-MPR 10:00 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 1:00 Afternoon Movie-Club Room 1:30 Bingo-MPR 2:45 National Parks Trivia</p>	<p style="text-align: right;">15</p> <p>9:00 Shop at Publix- Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 1:30 Pokeno- MPR 2:45 Happy Hour w/ Bill Pascali-Dining Room- 6:00 Movie Night-Club Room</p>	<p style="text-align: right;">16</p> <p>10:15 Painting-MPR 10:30 Bible Study w/ Mary- Club Room 1:30 Resident-Hosted Bingo- MPR</p>
	<p style="text-align: right;">17</p> <p>10:00 Nondenominational Church Service 1:30 Resident Hosted Bingo- MPR 2:12 Movie Matinee-Club Room</p>	<p style="text-align: right;">18</p> <p>9:00 Shop at Walmart- Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 10:15 Men's Morning Coffee-MPR 1:30 Bingo- MPR 2:45 Yellowstone Word in a Word-MPR 6:00 Movie Night- Club Room</p>	<p style="text-align: right;">19</p> <p>9:00 Sittercise w/ Lou-MPR 10:15 Wii Bowling-Club Room 1:00 Movie Matinee-Club Room 1:30 Pokeno- MPR 2:45 Yellowstone Jewelry Making-Club Room</p>	<p style="text-align: right;">20</p> <p>9:00 Sittercise w/ Lou-MPR 10:15 Jenga-Lanai 1:30 Bingo-MPR 2:45 Birthday Bash w/ Bill Pascali Dining Room- ♪ 6:00 Movie Night-Club Room</p>	<p style="text-align: right;">21</p> <p>9:00 Sittercise w/ Lou-MPR 10:00 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 1:00 Afternoon Movie Matinee-Club Room 1:30 Bingo-MPR 2:45 National Parks Trivia-Lanai</p>	<p style="text-align: right;">22</p> <p>9:00 Shop at Publix- Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 1:30 Pokeno- MPR 2:45 Happy Hour w/Ella-Dining Room- 6:00 Movie Night-Club Room</p>	<p style="text-align: right;">23</p> <p>10:15 Painting-MPR 10:30 Bible Study w/ Mary- Club Room 1:30 Resident-Hosted Bingo- MPR</p>
	<p style="text-align: right;">24</p> <p>10:00 Nondenominational Church Service 1:30 Resident Hosted Bingo- MPR 2:12 Movie Matinee-Club Room</p>	<p style="text-align: right;">25</p> <p>9:00 Shop at Walmart- Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 10:15 Men's Morning Coffee-MPR 1:30 Bingo- MPR 6:00 Movie Night- Club Room</p>	<p style="text-align: right;">26</p> <p>9:00 Sittercise w/ Lou-MPR 10:00 Blood Pressure Check w/ Amedisys-Lanai 1:00 Movie Matinee-Club Room 1:30 Pokeno- MPR 3:00 St. Joseph's Catholic Service and Communion-MPR</p>	<p style="text-align: right;">27</p> <p>9:00 Seminole Hard Rock Casino-Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 10:15 Jenga-Lanai 1:30 Bingo-MPR 2:45 Wine & Cheese - Check Today's Programs for Location 6:00 Movie Night-Club Room</p>	<p style="text-align: right;">28</p> <p>Thanksgiving 11:30 LHH Traditional Thanksgiving Dinner, Dine at your usual times. 1:30 Resident Hosted Bingo-MPR</p>	<p style="text-align: right;">29</p> <p>9:00 Shop at Publix- Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 1:30 Pokeno- MPR 2:45 Happy Hour w/ Deborah Mims-Dining Room 6:00 Movie Night-Club Room</p>	<p style="text-align: right;">30</p> <p>10:15 Painting-MPR 10:30 Bible Study w/ Mary- Club Room 1:30 Resident-Hosted Bingo- MPR</p>

Associate of the Month



Meet Nellie Montero-

Meet Nelia Montero ... Nellie was born in the Philippines and is the youngest of 5 children. Nellie's education began in the Philippines; once she arrived here in the U.S., she attended an adult school to learn to speak English. She has lived in the U.S. for forty years. She has been married to Philip for 40 years, and they have 4 adult children. One lives in Tampa and three live in Texas. She is very proud of her children and the lives they have made for themselves. Losing their pet German Shepherd recently was a hard loss for the family.

Nellie has worked at Lake Howard Heights for 19 years. Working in the same department, she has been proudly serving meals going on 20 years. She is always on time and always willing to help out a coworker, or work an extra shift when needed. LHH is proud to have Nellie dedicated to our LHH team.

"This Month In History"

NOVEMBER

1929: Movie star turned Princess of Monaco, Grace Patricia Kelly is born on Nov. 12. She was an iconic actress during the Golden Age of Hollywood and an advocate for children in the arts.

1930: The Bank of Italy in San Francisco changes its name to the Bank of America. Currently, the financial company is the second-largest banking institution in the United States.

1942: In the midst of World War II, the minimum age for the U.S. military draft is dropped from 21 to 18. This

quickly brought out supporters of lowering the legal voting age, too, with the phrase "Old enough to fight, old enough to vote."

1960: John F. Kennedy becomes the youngest person to be elected U.S. president.

1989: The fall of the Berlin Wall occurs on Nov. 9. With the literal destruction of the wall, the figurative "Iron Curtain" between the U.S. and the Soviet Union was dissolved as well, ending the Cold War.

1994: Returning to the ring after a 10-year retirement, George Foreman wins the world heavyweight boxing championship—the oldest ever to earn the title, at age 45. "Big George" still holds the record.

2011: The creative video game Minecraft is released. It has since become the bestselling video game in history, with 140 million active players.

2022: The global population reaches a new high of 8 billion people.