

Lake Howard Heights

ASSISTED LIVING

650 N Lake Howard Drive • Winter Haven, FL 33881 • (863) 293-3171

Director's Corner

Dear Residents,
Happy Thanksgiving Month!

As we reflect on things that we are thankful for, I can't help but reflect on the horrendous storms that passed through Florida last month. These storms caused so very much devastation for so many people, it is just hard to put into words. I believe we have many things to be thankful for in that we haven't had to endure the things they have. We had some inconveniences and some long days and nights as the storm passed, but we have so much to be thankful for!

As we enter in full swing the holiday season, let us not forget to take time to be thankful and to tell those around us that we love them and are thankful for them, not just during this time of year, but always!

With much love & respect ...
Glenda



November 2024



Meet Mary Hession ... "Sister Mary" as we respectfully refer to her, was born in Lafayette, Indiana, and is the oldest of 12 siblings. Eight of the siblings are still living with their families. Mary has a master's degree in theology from St. Bonaventure, New York. She taught in public and private schools, and also taught "teacher training" in religion. She was a consultant for religious teacher's manuals for Sadler Publishing Company for 15-20 years. She also served at Sister of Providence for 45 years. Mary has traveled throughout Europe and this country and has lived in California, South Texas and Washington, D.C. She also served on the Human Relations Committee for the City of Winter Haven.

Mary enjoys many things—classical music, scripture study, puzzles, trivia, sports, reading, literature and conversations with friends regarding current and world events.

Mary is very quick-witted and is "in tune" with society today. She is an active member of St. Joseph's Catholic Church and offers Bible study to our residents every Saturday morning. She is still in contact with many of her students on a regular basis.


Mary has been a resident here at LHH for 3 years and loves the company of residents and staff.



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>HAPPY <i>Thanksgiving</i></p>	<p>Residents' November Birthdays 11/01 Homer S. 11/04 Ethel P. 11/09 Mary D. 11/11 Bill C. 11/16 Antoinette O. 11/26 Bertha R. 11/28 Toni P.</p>		<p>Staff November Birthdays 11/06 Mary D. Resident Care 11/08 Christine S. Housekeeping 11/18 Arkim H. Security 11/24 Lou M. Dir. of Independent Living Activities</p>	<p>All Events Are Subject to Change</p>	<p>9:00 Shop at Publix-Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 1:30 Pokeno-MPR 2:45 Happy Hour w/ Eddy Rivers-Dining Room 6:00 Movie Night! - MPR</p>	<p>10:30 Bible Study w/ Mary - Club Room 1:30 Resident-Hosted Bingo - MPR 2:15 Movie Matinee - CR</p>
<p>10:00 Nondenominational Church Service 1:30 Resident-Hosted Bingo - MPR 2:15 Movie Matinee - CR</p>	<p>9:00 Shop at Walmart- Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 10:15 Men's Morning Coffee-MPR 1:30 Bingo-MPR 2:45 Yellowstone Introduction-Club Room 6:00 Musical Movie Night! - MPR</p>	<p>9:00 Sittercise w/ Lou-MPR 10:30 Resident Council Meeting-MPR 1:00 Movie Matinee - CR 1:30 Pokeno-MPR 2:45 Yellowstone America's First National Park-Club Room</p>	<p>9:00 Sittercise w/ Lou-MPR 1:30 Bingo- MPR 2:45 Wine & Cheese-Check Today's Programs for location 6:00 Movie Night! - MPR</p>	<p>9:00 Sittercise w/ Lou-MPR 10:15 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 1:00 Afternoon Movie Matinee-Club Room 1:30 Bingo- MPR 2:45 ButterBean Auction-MPR</p>	<p>9:00 Shop at Publix-Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 1:30 Pokeno-MPR 2:45 Happy Hour w/ Deborah Mims-Dining Room 6:00 Movie Night! - MPR</p>	<p>10:30 Bible Study w/ Mary - Club Room 10:30 String Art w/ Lou-MPR 1:30 Resident-Hosted Bingo - MPR 2:15 Movie Matinee - CR</p>
<p>10:00 Nondenominational Church Service 1:30 Resident-Hosted Bingo - MPR 2:15 Movie Matinee - CR</p>	<p>Veterans Day 9:00 Shop at Walmart- Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 10:15 Men's Morning Coffee-MPR 1:00 Veterans Day Tribute-TBD 6:00 Musical Movie Night! - MPR</p>	<p>9:00 Sittercise w/ Lou-MPR 10:00 Blood Pressure Checks w/ Amedisys - LA 1:00 Movie Matinee - CR 1:30 Pokeno-MPR 3:00 St. Joseph's Catholic Service & Communion - MPR</p>	<p>9:00 Sittercise w/ Lou-MPR 10:00 LHH November Town Hall Meeting w/ Executive Director Glenda Hanley-Dining Room 10:45 AL Lunch Out "Lake Alfred Diner" 1:30 Bingo- MPR 2:45 Wine and Cheese with Gary Sattersahn - Dining Room 6:00 Movie Night! - MPR</p>	<p>9:00 Sittercise w/ Lou-MPR 10:15 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 1:00 Afternoon Movie Matinee-Club Room 1:30 Bingo- MPR 2:45 National Parks Trivia-Club Room</p>	<p>9:00 Shop at Publix-Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 1:30 Pokeno-MPR 2:45 Happy Hour w/ Bill Pascali-Dining Room 6:00 Movie Night! - MPR</p>	<p>10:30 Bible Study w/ Mary - Club Room 1:30 Resident-Hosted Bingo - MPR 2:15 Movie Matinee - CR</p>
<p>10:00 Nondenominational Church Service 1:30 Resident-Hosted Bingo - MPR 2:15 Movie Matinee - CR 3:00 Sing Along w/ Joe Jones- L</p>	<p>9:00 Shop at Walmart- Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 10:15 Men's Morning Coffee-MPR 1:30 Bingo-MPR 2:45 Yellowstone Word in a Word-MPR 6:00 Musical Movie Night! - MPR</p>	<p>9:00 Sittercise w/ Lou-MPR 10:15 Wii Bowling-Club Room 1:00 Movie Matinee - CR 1:30 Pokeno-MPR 2:45 Yellowstone Jewelry Making-Club Room</p>	<p>9:00 Sittercise w/ Lou-MPR 10:15 Jenga-Lanai 1:30 Bingo- MPR 2:45 LHH November Birthday Bash-w/ Bill Pascali-Dining Room 6:00 Movie Night! - MPR</p>	<p>9:00 Sittercise w/ Lou-MPR 10:15 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 1:00 Afternoon Movie Matinee-Club Room 1:30 Bingo- MPR 2:45 National Parks Trivia-Club Room</p>	<p>9:00 Shop at Publix-Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 1:30 Pokeno-MPR 2:45 Happy Hour w/ Ella-Dining Room 6:00 Movie Night! - MPR</p>	<p>10:30 Bible Study w/ Mary - Club Room 1:30 Resident-Hosted Bingo - MPR 2:15 Movie Matinee - CR</p>
<p>10:00 Nondenominational Church Service 1:30 Resident-Hosted Bingo - MPR 2:15 Movie Matinee - CR</p>	<p>9:00 Shop at Walmart- Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 10:15 Men's Morning Coffee-MPR 1:30 Bingo-MPR 6:00 Musical Movie Night! - MPR</p>	<p>9:00 Sittercise w/ Lou-MPR 10:00 Blood Pressure Check w/ Amedisys-Lanai 1:00 Movie Matinee - CR 1:30 Pokeno-MPR 3:00 St. Joseph's Catholic Service and Communion - MPR</p>	<p>9:00 Seminole Hard Rock Casino-Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 10:15 Jenga-Lanai 1:30 Bingo- MPR 2:45 Wine & Cheese-Check Today's Programs for location 6:00 Movie Night! - MPR</p>	<p>Thanksgiving 11:30 LHH Traditional Thanksgiving Dinner-Dine at your usual times. 1:00 Afternoon Movie Matinee-Club Room 1:30 Resident Hosted Bingo- MPR</p>	<p>9:00 Shop at Publix-Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 1:30 Pokeno-MPR 2:00 Happy Hour w/ Deborah Mims-Dining Room 6:00 Movie Night! - MPR</p>	<p>10:30 Bible Study w/ Mary - Club Room 1:30 Resident-Hosted Bingo - MPR 2:15 Movie Matinee - CR</p>

November 2024

Employee of the Month



Meet Nellie Montero

Meet Nelia Montero ... Nellie was born in the Philippines and is the youngest of 5 children. Nellie's education began in the Philippines. Once she arrived here in the US, she attended an adult school to learn to speak English. She has lived in the US for forty years. She has been married to Philip for 40 years, and they have 4 adult children. One lives in Tampa and three live in Texas. She is very proud of her children and the lives they have made for themselves. Losing their pet German Shepherd recently was a hard loss for the family.

Nellie has worked at Lake Howard Heights for 19 years. Working in the same department, she has been proudly serving meals going on 20 years. She is always on time and always willing to help out a co-worker, or work an extra shift when needed. LHH is proud to have Nellie dedicated to our LHH team.

"This Month In History"

NOVEMBER

1876: Yale defeats Princeton in the first college football game played on Thanksgiving.

1935: Departing from San Francisco, the China Clipper seaplane carries over 110,000 pieces of mail across the Pacific Ocean, arriving in the Philippines seven days later. The completion of the voyage marked the beginning of trans-Pacific airmail service and travel.

1945: The super-strong, spunky girl with the mismatched socks is introduced to readers when

Astrid Lindgren's book "Pippi Longstocking" is published in Sweden.

1963: Priced at \$15.95, the Easy-Bake Oven debuts in toy stores. Half a million of the mini appliances were sold during the first year.

1982: The first Honda Accord rolls off the assembly line in Marysville, Ohio, making Honda the first Asian automaker to manufacture cars in the U.S.

1993: A football record is set when the Miami Dolphins defeat the Philadelphia Eagles, crowning head coach Don Shula the winningest coach in NFL history.

2005: Angela Merkel is sworn in as the first female chancellor of Germany.

2019: The iconic black leather outfit worn by Olivia Newton-John in the 1978 film "Grease" is auctioned off for \$405,700, with 100% of the proceeds donated to the actress' cancer research organization.