

Lake Howard Heights

INDEPENDENT LIVING

650 N Lake Howard Drive • Winter Haven, FL 33881 • (863) 293-3171



Director's Corner

Dear Residents,

As we get ready to start the fall time of year and our holiday season, I just want to share with you to be watching on the calendar and the daily events as we have a lot of fun planned for the next weeks and months to celebrate the holiday season!

I wanted to also remind you all that we value your thoughts and suggestions for our monthly Associates of the Month! If you have an experience with one of our associates that you feel is above and beyond, please share your experience with us and we will put their names in for our monthly nominations.

As always, don't hesitate to reach out if you have any concerns that I can help with or if there are any questions about anything. We want to always be here for you and help you in all things as best as we can.

With much love & respect ...
Glenda



October 2024



Meet Sandy Unger

Sandy was born in Waukegan, Illinois. She is the cream in the middle of two brothers. She attended elementary school through high school in Freehold, New Jersey. After graduation, Sandy began working in an attorney's office and it did not take her long before she became office manager. Sandy worked in the legal field for a number of years and she also worked as a

bartender, where she says she met very interesting people. Sandy has lived in Florida for 17 years and recently relocated to Lake Howard Heights from Melbourn and has lived here for two years. She liked it so much she invited her mother to move here as well. Sandy enjoys eating out and trying new and different foods; she calls herself a "foodie."

When asked what she likes about living here at LHH, without a blink of an eye, she says it's the "people who live here, and the people who work here that make it great."

Resident of the Month



Associate of the Month



Meet Sharon Jackson

Sharon was born in New Jersey and is the middle sibling with two older sisters and one younger brother. Sharon has lived in Florida for 51 years, where she attended St. Joseph’s Catholic School, as well as Santa Fe High School. She also attended Polk State College where she studied business. Sharon has worked here at Lake Howard Heights as concierge for 10 years. And as we all know, she is the heart of this community. She keeps up with who is out, who needs to be picked up, who needs to be called for meals and the list could go on and on. Sharon previously worked at the American Red Cross for 16 years. She worked her way up to Office Volunteer Coordinator. Sharon is always eager to offer help to co-workers, as well as resetting residents’ cell phones. When asked what she likes about Lake Howard Heights, she states, “It’s the residents.”

Thanks for the Meow-mories

As characters in literature, movies, commercials and more, cats entertain us with their adorable antics and cunning charisma. Purr-use this list of fictional felines:

Debut Year	Cat	Bio
1865	Cheshire Cat	This grinning cat is a fixture in Lewis Carroll’s “Alice’s Adventures in Wonderland” series.
1919	Felix	One of the original cartoon cats, starring in films and comic strips, Felix is a cultural icon.
1933	Chessie	She invited passengers to “sleep like a kitten” on Chesapeake & Ohio Railway trains.
1945	Sylvester	Suffering succotash! This Looney Tunes character would like to make Tweety Bird his lunch.
1968	Morris	This orange tabby is the face of 9Lives cat food.
1978	Garfield	Lover of lasagna, hater of Mondays ... this star of the funny pages is just like us!
1993	Binx	This talking black cat helps defeat a trio of witchy sisters in “Hocus Pocus.”
2010	Pusheen	Purr-fectly plump, this sweet gray cartoon cat has left pawprints all over the internet, usually in GIF form!

