

# Lake Howard Heights

## ASSISTED LIVING

650 N Lake Howard Drive • Winter Haven, FL 33881 • (863) 293-3171

### Director's **Corner**

Dear Residents,

As we get ready to start the fall time of the year and our holiday season, I just want to share with you to be watching on the calendar and the daily events as we have a lot fun planned for the next weeks and months to celebrate the holiday season!

I wanted to also remind you all that we value your thoughts and suggestions for our monthly Associates of the Month! If you have an experience with one of our associates that you feel is above and beyond, please share your experience with us and we will put their names in for our monthly nominations.

As always, don't hesitate to reach out if you have any concerns that I can help with or if there are any questions about anything. We want to always be here for you and help you in all things as best as we can.



### October 2024



Meet Judy Howell

Judy Howell was born under the sign of Capricorn, in Accord, NY. She was raised with one brother and originally wanted to be an architect.

Judy attended St. Augustine HS. She was the first in her family to attend college. She studied interior design, at Green Mountain College, in Vermont. Judy was able to use what she learned at Saks Fifth Avenue, NY, and was given her own area to decorate.

After coming to Florida, in 1959, she became an Aquamaid at Cypress Gardens.

Judy was blessed with a very musical son, and a daughter who gave her two grandsons and two great-granddaughters.

Judy is very artistic. Her pen and ink drawings have been published. She has a long list of things she enjoys ... animals, especially dogs and horses, puzzles, music, dining, wine, plants, trivia, taking nature walks, swimming, ceramics, watercolor painting, woodworking, drawing, parties, movies, traveling and the theater.

She is one of the most creative people I've ever met.



### **Resident** Spotlight



# October 2024

## Associate of the Month



Meet Sharon Jackson

Sharon was born in New Jersey and is the middle sibling with two older sisters and one younger brother. Sharon has lived in Florida for 51 years, where she attended St. Joseph's Catholic School, as well as Santa Fe High School. She also attended Polk State College where she studied business. Sharon has worked here at Lake Howard Heights as concierge for 10 years. And as we all know, she is the heart of this community. She keeps up with who is out, who needs to be picked up, who needs to be called for meals and the list could go on and on. Sharon previously worked at the American Red Cross for 16 years. She worked her way up to Office Volunteer Coordinator. Sharon is always eager to offer help to co-workers, as well as resetting residents' cell phones.

When asked what she likes about Lake Howard Heights, she states, "It's the residents."

## "This Month In History" OCTOBER

**1900:** The U.S. Navy commissions its first modern submarine, the USS Holland, named for its designer, John Philip Holland.

**1907:** One of the world's landmark hotels, the Plaza opens in New York City.

**1915:** Woodrow Wilson becomes the first U.S. president to attend a World Series game.

**1929:** The New York Stock Exchange crashes on what will later be known as "Black Tuesday."

**1935:** Considered one of the first great American operas, George Gershwin's "Porgy and Bess" premieres on Broadway.

**1947:** Air Force pilot Chuck Yeager flies an experimental plane and becomes the first person to break the sound barrier.

**1950:** Charles Schulz's "Peanuts" comic strip debuts in several newspapers.

**1962:** The Beach Boys release their debut album, "Surfin' Safari."

**1972:** Called the "Match of the Century," American Bobby Fischer wins the World Chess Championship by defeating Boris Spassky of the Soviet Union.

**1986:** The International Olympic Committee announces it will change its 70-year tradition and hold the Summer and Winter Games in different years.

**1998:** Comedian Richard Pryor receives the first Mark Twain Prize for American Humor.

**2007:** Alex Rodriguez signs a record 10-year, \$275 million contract with the New York Yankees. It was the richest deal in pro sports at the time.

**2016:** Singer-songwriter Bob Dylan is awarded the Nobel Prize for literature. He was the first songwriter to win the prestigious award.