KH-391 - Lake Howard Heights - Assisted Living - Issue: 04/01/24 Viewed: 03/19/24 12:53 PM Lake Howard Heights ASSISTED LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DAPACVCES.	Happy April Fools Day 1 8:30 Shopping at Walmart (Must Sign Up In Lobby) - L 9:00 Sittercise with Lou - MPR 9:30 Sittercise with Kaitlin - MPR 10:15 The Daily Chronicle - CR	9:00 Sittercise with Lou - MPR 9:30 Sittercise with Kaitlin - MPR 10:00 Blood Pressure Checks w/ Amedisys - LA	9:00 Sittercise with Brenda - MPR 10:00 Rays Baseball Game- Must Sign Up in Lobby 10:15 Current Events - MPR 10:15 Nails by Kaitlin - Beauty Shop 10:30 Hatchet Toss - MPR 1:30 Jenga - LA 2:45 Wine and Cheese - L 6:00 Movie Night! - MPR	9:00 Sittercise with Brenda - MPR 10:15 The Daily Chronicle - CR 10:30 Two Truths and a Lie - CR 1:15 Checkers and Chess - LA 1:30 Chicken Soup For the Soul- CR 2:45 Activity Planning Meeting - MPR	8:30 Shop at Publix (Must Sign Up In Lobby) - L 9:00 Sittercise with Brenda - MPR 10:15 The Daily Chronicle - CR	9:00 Sittercise with Brenda - MPR 9:30 Second Sittercise Class with Brend - MPR 10:15 The Daily Chronicle - CR 10:30 Bible Study w/ Mary - MPR 10:30 Saturday Trivia - CR 1:00 Arts and Crafts - CR 1:30 Resident-Hosted Bingo - MPR 2:30 Movie Matinee- CR
9:00 Intermediate Chair Exercise - MPR 9:30 Intermediate Chair Exercise Second Class- MPR 10:00 Chair Yoga - MPR 10:30 Guided Meditation - MPR 1:00 Sittercise with Brenda - MPR 1:30 Resident-Hosted Bingo - MPR 1:30 Second Sittercise Class with Brenda - MPR 2:30 Movie Matinee- CR	8:30 Shopping at Walmart (Must Sign Up In Lobby) - L 9:00 Sittercise with Lou - MPR 9:30 Sittercise with Kaitlin - MPR 10:15 Craft w/ Crissy - MPR 1:30 Farkle Dice Game - LA 2:45 Welcome to Yosemite National Park - MPR 6:00 Movie Night! - MPR	10:00 Blood Pressure Checks w/ Amedisys	9:00 Sittercise with Brenda - MPR 10:00 LHH April Town Hall Meeting & Guest Speaker Lisa Kavelak -DR 10:15 Nails by Kaitlin - Beauty Shop 10:15 The Daily Chronicle - CR 1:30 Put Put - Lobby 2:45 Wine and Cheese w/ Gary Sattersahn - DR 6:00 Movie Night! - MPR	9:00 Sittercise with Brenda - MPR 10:15 The Daily Chronicle - CR 10:30 Jeopardy - MPR 11:00 Picnic at the Park - Sign up in Lobby 1:15 Checkers and Chess - LA 1:30 Jewelry Crafting - CR 2:30 Axe Throwing - Lobby	8:30 Shop at Publix (Must Sign Up In Lobby) - L 9:00 Sittercise with Brenda - MPR 10:15 The Daily Chronicle - CR 10:30 Word Games- CR 1:30 Bunco -LA 2:45 Happy Hour w/ Deborah Mims - DR 6:00 Movie Night! - MPR	9:00 Sittercise with Brenda - MPR 9:30 Second Sittercise Class with Brenda - MPR 10:15 The Daily Chronicle - CR 10:30 Bible Study w/ Mary - MPR 10:30 Saturday Trivia - CR 1:00 Painting Class - CR 1:30 Resident-Hosted Bingo - MPR 2:30 Movie Matinee- CR
9:00 Intermediate Chair Exercise - MPR 9:30 Intermediate Chair Exercise Second Class- MPR 10:00 Chair Yoga - MPR 10:30 Guided Meditation - MPR 1:00 Sittercise with Brenda - MPR 1:30 Resident-Hosted Bingo - MPR 1:30 Second Sittercise Class with Brenda - MPR 2:30 Movie Matinee- CR	8:30 Shopping at Walmart (Must Sign Up In Lobby) - L 9:00 Sittercise with Lou - MPR 9:30 Sittercise with Kaitlin - MPR 10:00 Current Events - MPR 10:15 Yosemite National Park Craft - MPR 1:30 Yoga & Breathing Exercises- CR 2:30 Meditative Mandela Art - CR 6:00 Movie Night! - MPR	9:00 Sittercise with Lou - MPR 9:30 Sittercise with Kaitlin - MPR 10:00 Blood Pressure Checks w/ Amedisys - LA 10:15 The Daily Chronicle - CR 10:30 Trivia Tuesday - CR 1:30 Movie Matinee- CR 1:45 Learn How to Work Your Phone w/ Kaitlin! - LA 2:30 Wheel Of Fortune- MPR	9:00 Sittercise with Brenda - MPR 10:00 Yosemite National Park Painting Class - MPR 10:15 Nails by Kaitlin - Beauty Shop 1:30 Write your own Haiku - CR 2:45 Birthday Bash w/ Thomas McGannon - DR 6:00 Movie Night! - MPR	9:00 Sittercise with Brenda - MPR 10:15 The Daily Chronicle - CR 10:30 Finishing Words - CR 1:15 Checkers and Chess - LA 1:30 Jenga - LA 2:45 Yosemite National Park Bingo! - MPR	8:30 Shop at Publix (Must Sign Up In Lobby) - L 9:00 Sittercise with Brenda - MPR 10:15 The Daily Chronicle - CR 10:30 Headband Game- CR 1:30 Uno - LA 2:45 Happy Hour w/ Jeff Wagy - DR 6:00 Movie Night! - MPR	9:00 Sittercise with Brenda - MPR 9:30 Second Sittercise Class with Brend - MPR 10:15 The Daily Chronicle - CR 10:30 Bible Study w/ Mary - MPR 10:30 Saturday Trivia - CR 1:00 Arts and Crafts - CR 1:30 Resident-Hosted Bingo - MPR 2:30 Movie Matinee- CR
9:00 Intermediate Chair Exercise - MPR 9:30 Intermediate Chair Exercise Second Class- MPR 10:00 Chair Yoga - MPR 10:30 Guided Meditation - MPR 1:00 Sittercise with Brenda - MPR 1:30 Resident-Hosted Bingo - MPR 1:30 Second Sittercise Class with Brenda - MPR 2:30 Movie Matinee- CR 3:00 Sing Along w/ Joe Jones- L	8:30 Shopping at Walmart (Must Sign Up In Lobby) - L 9:00 Sittercise with Lou - MPR 9:30 Sittercise with Kaitlin - MPR 10:00 Current Events - MPR 10:15 Craft w/ Crissy - MPR 1:30 National Jelly Bean Day Discussion - CR 3:00 Yosemite National Park Word Games - MPR 6:00 Movie Night! - MPR	9:30 Sittercise with Kaitlin - MPR 10:00 Blood Pressure Checks w/ Amedisys - LA 10:00 Fascinating Stories from our National Park - DR	9:00 Sittercise with Brenda - MPR 10:15 Nails by Kaitlin - Beauty Shop 10:15 The Daily Chronicle - CR 10:30 National Pig in a Blanket Day - CR 11:00 Men's Club Lunch Out "Beef O'Brady's" - L 1:30 Poetry Club - CR 2:45 Wine and Cheese - L 6:00 Movie Night! - MPR	9:00 Sittercise with Brenda - MPR 10:15 The Daily Chronicle - CR 10:30 Karaoke - MPR 1:30 Sock Hop 50's Music by Chrome '57 - Lobby 2:00 Butter Bean Auction - MPR	8:30 Shop at Publix (Must Sign Up In Lobby) - L 9:00 Sittercise with Brenda - MPR 10:15 The Daily Chronicle - CR 10:30 Arbor Day Discussion - CR 1:30 Dominos- LA 2:45 Happy Hour w/ Ella - DR 6:00 Movie Night! - MPR	9:00 Sittercise with Brenda - MPR 9:30 Second Sittercise Class with Brend - MPR 10:15 The Daily Chronicle - CR 10:30 Bible Study w/ Mary - MPR 10:30 Saturday Trivia - CR 1:00 Painting Class - CR 1:30 Resident-Hosted Bingo - MPR 2:30 Movie Matinee- CR
9:00 Intermediate Chair Exercise - MPR 9:30 Intermediate Chair Exercise Second Class- MPR 10:00 Chair Yoga - MPR 10:30 Guided Meditation - MPR 1:00 Sittercise with Brenda - MPR 1:30 Resident-Hosted Bingo - MPR 1:30 Second Sittercise Class with Brenda - MPR 2:30 Movie Matinee- CR	8:30 Shopping at Walmart (Must Sign Up In Lobby) - L 9:00 Sittercise with Lou - MPR 9:30 Sittercise with Kaitlin - MPR 10:15 The Daily Chronicle - CR 10:15 Yosemite National Park Re-cap : What we learned - MPR 1:30 International Dance Day - CR 2:30 Finishing Words - LA 6:00 Movie Night! - MPR	9:00 Sittercise with Lou - MPR 9:30 Sittercise with Kaitlin - MPR 10:00 Blood Pressure Checks w/ Amedisys - LA 10:15 The Daily Chronicle - CR 10:30 Trivia Tuesday - CR 1:30 Movie Matinee- CR 1:45 Rummikub - LA 2:30 Gardening Club - MPR	All Events Are Subject to Change	Happy "April" Resident Birthdays 04/03 Mavis W. 04/24 Barb S. 04/03 Glenn T. 04/25 Rose T. 04/03 Gail C. 04/12 Bill T. 04/29 Rosemary K. 04/22 Gen S. 4/29 Suzanne V. 04/23 Mohammed D.		Activity Location Key CR: Club Room (2nd floor) MPR: Multi-Purpose Room L: Lobby LA: Lanai (by 1st floor library) DR: Dining Room