## EB-021 - Lake Howard Heights - Independent Living - Issue: 11/01/23 Viewed: 10/19/23 06:18 AM Lake Howard Heights INDEPENDENT LIVING November 202

## November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Thank You VETTERANS	Happy Resident November Birthdays 11/01 Homer S. 11/05 Martha P. 11/11 Bill C. 11/16 Antoinette O. 11/28 Toni P. 11/28 Mark B.	Happy Staff November Birthdays 11/08 Christine S. 11/09 Kaitlin E. 11/15 Javion B. 11/17 Lauren L. 11/18 Arkim H. 11/24 Lou M.	9:00 Sittercise w/ Brenda-MPR 9:30 Sittercise w/ Brenda- MPR 10:45 IL Lunch Out "Lake Wales Diner" Must Sign Up In Lobby 1:30 Bingo- MPR 2:45 Wine & Cheese - Lobby 7:00 Movie Night- MPR	9:00 Sittercise w/ Brenda-MPR 9:30 Sittercise w/ Brenda- MPR 10:00 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 1:30 Bingo- MPR 2:45 Documentary-MPR	3 8:30 Shop at Publix- Must Sign Up In Lobby 9:00 Sittercise w/ Brenda-MPR 9:30 Sittercise w/ Brenda- MPR 10:15 Brain Games -MPR-Bring Your Smarts 1:30 Pokeno- MPR 2:45 Happy Hour w/ Eddy Rivers-Dining Room 7:00 Movie Night-MPR	9:30 Sittercise w/ Brenda- MPR 10:00 Independent Games (Cards, Board Games, Dominoes)- Lanai  10:30 Bible Study w/ Mary- MPR 1:30 Resident Hosted Bingo- MPR
9:15 St. John's Methodist Church Service & Communion- MPR 10:15 Independent Games -Lanai 1:30 Resident Hosted Bingo- MPR 3:00 Cards & Games on the Lanai	6 8:30 Shop at Walmart- Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 9:30 Sittercise w/ Kaitlin- MPR 10:00 Resident-Hosted Cards- Lanai 1:30 Bingo- MPR 2:45 Do you know your history? 7:00 Movie Night-MPR	9:00 Sittercise w/ Lou-MPR 9:30 Sittercise w/ Kaitlin- MPR 10:00 Blood Pressure Check w/ Amedisys: Lanai 10:15 Ladies' Chat- MPR 10:30 Resident Council Meeting- MPR 1:30 Pokeno- MPR 2:45 Butter Bean Auction-MPR	9:00 Sittercise w/ Brenda-MPR 9:30 Sittercise w/ Brenda- MPR 10:00 LHH Town Hall Meeting-Dining Room-Everyone is Encouraged to Attend 1:30 Bingo- MPR 2:45 Wine & Cheese w/ Gary Satterzahn- Dining Room 7:00 Movie Night- MPR	9:00 Sittercise w/ Brenda-MPR 9:30 Sittercise w/ Brenda- MPR 10:00 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 2:00 Veterans Pinning Ceremony-Dining Room	Veterans Day (Observed)  8:30 Shop at Publix- Must Sign Up In Lobby 9:00 Sittercise w/ Brenda-MPR 9:30 Sittercise w/ Brenda- MPR  10:15 Brain Games -MPR-Bring Your Smarts 1:30 Pokeno- MPR 2:45 Happy Hour w/ Deborah Mims-Dining Room 7:00 Movie Night-MPR	Veterans Day  9:30 Sittercise w/ Brenda- MPR  10:00 Independent Games (Cards, Board Games, Dominoes)- Lanai  10:30 Bible Study w/ Mary- MPR  1:00 LHH Veterans Day Celebration
9:15 St. John's Methodist Church Service & Communion- MPR 10:15 Independent Games -Lanai 1:30 Resident Hosted Bingo- MPR 3:00 Cards & Games on the Lanai	8:30 Shop at Walmart- Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 9:30 Sittercise w/ Kaitlin- MPR 10:00 Resident-Hosted Cards- Lanai 10:15 Crafts w/ Crissy-MPR 1:30 Bingo- MPR 2:45 Do you know your history? 7:00 Movie Night-MPR	9:00 Sittercise w/ Lou-MPR 9:30 Sittercise w/ Kaitlin- MPR 10:00 Blood Pressure Check w/ Amedisys: Lanai 10:15 Ladies' Chat- MPR 1:30 Pokeno- MPR 3:00 St. Joseph's Catholic Service & Communion-MPR	9:00 Sittercise w/ Brenda-MPR 9:30 Sittercise w/ Brenda- MPR 10:15 You Be The Judge-MPR 1:30 Bingo- MPR 2:45 Birthday Bash Dining Room- Live Entertainment w/Thomas McGannon 7:00 Movie Night- MPR	9:00 Sittercise w/ Brenda-MPR 9:30 Sittercise w/ Brenda- MPR 10:00 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 1:30 Bingo- MPR 2:45 Documentary-MPR	8:30 Shop at Publix- Must Sign Up In Lobby 9:00 Sittercise w/ Brenda-MPR 9:30 Sittercise w/ Brenda- MPR 10:15 Brain Games -MPR-Bring Your Smarts 10:30 Free Hearing Aids Cleaning w/ Jeff Taylor-Lanai 1:30 Pokeno- MPR 2:45 Happy Hour w/ Jeff Wagy-Dining Room 7:00 Movie Night-MPR	9:30 Sittercise w/ Brenda- MPR 10:00 Independent Games (Cards, Board Games, Dominoes)- Lanai  10:30 Bible Study w/ Mary- MPR 1:30 Resident Hosted Bingo- MPR
9:15 St. John's Methodist Church Service & Communion- MPR 10:15 Independent Games -Lanai 1:30 Resident Hosted Bingo- MPR 3:00 Cards & Games on the Lanai 3:00 Sing-a-Long w/ Joe Jones-Lobby	20	9:00 Sittercise w/ Lou-MPR 9:30 Sittercise w/ Kaitlin- MPR  10:00 Blood Pressure Check w/ Amedisys: Lanai  10:15 Ladies' Chat- MPR 1:30 Pokeno- MPR 2:45 Trivia-MPR	9:00 Sittercise w/ Brenda-MPR 9:30 Sittercise w/ Brenda- MPR 10:15 You Be The Judge-MPR 1:30 Bingo- MPR 2:45 Wine & Cheese -Lobby 7:00 Movie Night- MPR	Thanksgiving 23 9:00 Sittercise w/ Brenda-MPR 9:30 Sittercise w/ Brenda- MPR 11:30 LHH Traditional Thanksgiving Dinner-Dine at your usual times. 1:30 Resident Hosted Bingo- MPR	8:30 Shop at Publix- Must Sign Up In Lobby 9:00 Sittercise w/ Brenda-MPR 9:30 Sittercise w/ Brenda- MPR 10:15 Brain Games -MPR-Bring Your Smarts 1:30 Pokeno- MPR 2:45 Happy Hour w/ Ella-Dining Room 7:00 Movie Night-MPR	9:30 Sittercise w/ Brenda- MPR 10:00 Independent Games (Cards, Board Games, Dominoes)- Lanai  10:30 Bible Study w/ Mary- MPR 1:30 Resident Hosted Bingo- MPR
9:15 St. John's Methodist Church Service & Communion- MPR 10:15 Independent Games -Lanai 1:30 Resident Hosted Bingo- MPR 3:00 Cards & Games on the Lanai	8:30 Shop at Walmart- Must Sign Up In Lobby 9:00 Sittercise w/ Lou-MPR 9:30 Sittercise w/ Kaitlin- MPR 10:00 Resident-Hosted Cards- Lanai 10:15 Crafts w/ Crissy-MPR 1:30 Bingo- MPR 2:45 Do you know your history? 7:00 Movie Night-MPR	9:00 Sittercise w/ Lou-MPR 9:30 Sittercise w/ Kaitlin- MPR 10:00 Blood Pressure Check w/ Amedisys: Lanai 10:15 Ladies' Chat- MPR 1:30 Pokeno- MPR 3:00 St. Joseph's Catholic Service & Communion-MPR	9:00 Seminole Hard Rock Casino-Must Sign Up In Lobby/Bus will depart sharply at 9am 9:00 Sittercise w/ Brenda-MPR 9:30 Sittercise w/ Brenda- MPR 10:15 You Be The Judge-MPR 1:30 Bingo- MPR 2:45 Wine & Cheese - Lobby 7:00 Movie Night- MPR	9:00 Sittercise w/ Brenda-MPR 9:30 Sittercise w/ Brenda- MPR 10:00 Nails By Lou- Beauty Shop- Must Sign Up In Lobby 1:30 Bingo- MPR 2:45 Documentary-MPR		All Events Are Subject to Change