KH-391 - Lake Howard Heights - Assisted Living - Issue: 11/01/23
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Lake Howard Heights
ASSISTED LIVING

November 20

## November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Thank You VETTERANS	Happy November Resident Birthdays 11/01 Homer S. 11/05 Martha P. 11/11 Bill C. 11/16 Antoinette O. 11/28 Toni P. 11/28 Mark	Happy November Staff Birthdays 11/08 Christine S. 11/09 Kaitlin E. 11/17 Lauren L. 11/18 Arkim H. 11/24 Lou M.	9:00 Sittercise with Brenda - MPR 10:15 Current Events - CR 10:15 Nails by Kaitlin - Beauty Shop 10:30 November Brain Games - CR 1:30 Ladder Toss - Lobby 2:45 Wine and Cheese - L 6:00 Movie Night! - MPR	9:00 Sittercise with Brenda - MPR 10:15 Current Events - CR 10:30 Thankful Thursday - CR 1:15 Checkers and Chess - LA 1:15 Gardening Club - Meet in Lobby 1:30 Ping-Pong Toss - Lobby 2:30 Ladies Chat - Screen Porch	8:30 Shop at Publix (Must Sign Up In Lobby) - L 9:00 Sittercise with Brenda - MPR 10:15 Current Events - CR 10:30 Finish The Phrase - CR 1:30 November Craft - CR 2:45 Happy Hour w/ Eddy Rivers - DR 6:00 Movie Night! - MPR	9:00 Sittercise with Brenda - MPR 10:15 Current Events - CR 10:30 Bible Study w/ Mary - MPR 1:00 Arts and Crafts - CR 1:30 Resident-Hosted Bingo - MPR 2:30 Movie Matinee- CR
9:15 St. John's Methodist Church Service - MPR 9:30 -11:30am AL1 Room Visits 1:00 1-3pm AL 2 Room Visits 1:30 Resident-Hosted Bingo - MPR 2:30 Movie Matinee- CR	8:30 Shopping at Walmart (Must Sign Up In Lobby) - L 9:00 Sittercise with Lou - MPR 9:30 Sittercise with Kaitlin - MPR 10:15 Current Events - CR 10:30 Word Games - CR 1:30 Jenga - LA 2:30 Technology Class - CR 6:00 Movie Night! - MPR	9:00 Sittercise with Lou - MPR 9:30 Sittercise with Kaitlin - MPR 10:00 Blood Pressure Checks w/ Amedisys - LA 10:15 Current Events - CR 10:30 Resident Council Meeting - MPR 10:30 Trivia Tuesday - CR 1:15 Gardening Club Fall Planting- Meet in Lobby 1:30 Movie Matinee - CR 2:00 Jewelry Making - CR 3:00 St. Joseph's Catholic Service and Communion - MPR	9:00 Sittercise with Brenda - MPR 10:15 Current Events - CR 10:15 Nails by Kaitlin - Beauty Shop 10:30 Town Hall Meeting - DR 11:30 Lunch out "Culvers" - Sign up w/ Kaitlin 1:30 November Jeopardy - CR 2:45 Wine and Cheese - L 6:00 Movie Night! - MPR	9:00 Sittercise with Brenda - MPR 10:15 Current Events - CR 10:30 You be the Judge - CR 1:15 Checkers and Chess - LA 1:15 Gardening Club - Meet in Lobby 2:00 Veterans Pinning Ceremony - Dining Room 7:00 Night Bingo - MPR	Veterans Day (Observed) 10 8:30 Shop at Publix (Must Sign Up In Lobby) - L 9:00 Sittercise with Brenda - MPR 10:15 Current Events - CR 10:30 Uno - CR 1:30 Mexican Train - LA 2:45 Happy Hour w/ Deborah Mims - DR 6:00 Movie Night! - MPR	Veterans Day  9:00 Sittercise with Brenda - MPR  10:15 Current Events - CR  10:30 Bible Study w/ Mary - MPR  1:00 Painting Class - CR  1:00 Veterans Day Celebration  1:30 Resident-Hosted Bingo - MPR  2:30 Movie Matinee- CR
9:15 St. John's Methodist Church Service - MPR 9:30 -11:30am AL1 Room Visits 1:00 1-3pm AL 2 Room Visits 1:30 Resident-Hosted Bingo - MPR 2:30 Movie Matinee- CR	8:30 Shopping at Walmart (Must Sign Up In Lobby) - L 9:00 Sittercise with Lou - MPR 9:30 Sittercise with Kaitlin - MPR 10:15 Craft w/ Crissy - MPR 1:30 Movie Matinee - CR 2:00 Bunco Club- LA 3:00 Mandela Art - LA 6:00 Movie Night! - MPR	9:00 Sittercise with Lou - MPR 9:30 Sittercise with Kaitlin - MPR 10:00 Blood Pressure Checks w/ Amedisys - LA 10:15 Current Events - CR 10:30 Trivia Tuesday - CR 1:15 Gardening Club - Meet in Lobby 2:00 Technology Class - CR 3:00 St. Joseph's Catholic Service & Communion- MPR	9:00 Sittercise with Brenda - MPR 10:15 Current Events - CR 10:15 Nails by Kaitlin - Beauty Shop 10:30 Who am I? - CR 1:30 Hatchet Toss - Lobby 2:45 Birthday Bash w/ Thomas McGannon - DR 2:45 Wine and Cheese - L 6:00 Movie Night! - MPR	9:00 Sittercise with Brenda - MPR 10:15 Current Events - CR 10:30 Noodle ball - MPR 1:15 Checkers and Chess - LA 1:15 Gardening Club - Meet in Lobby 2:00 Scrabble - LA 3:00 Ladies Chat - Screen Porch	8:30 Shop at Publix (Must Sign Up In Lobby) - L 9:00 Sittercise with Brenda - MPR 10:15 Current Events - CR 10:30 Free Hearing Aid Cleaning w/ Jeff - Lanai 1:30 Skee Ball - L 2:45 Happy Hour w/ Jeff Wagy - DR 6:00 Movie Night! - MPR	9:00 Sittercise with Brenda - MPR 10:15 Current Events - CR 10:30 Bible Study w/ Mary - MPR 1:00 Arts and Crafts - CR 1:30 Resident-Hosted Bingo - MPR 2:30 Movie Matinee- CR
9:15 St. John's Methodist Church Service - MPR 9:30 -11:30am AL1 Room Visits 1:00 1-3pm AL 2 Room Visits 1:30 Resident-Hosted Bingo - MPR 2:30 Movie Matinee- CR	8:30 Shopping at Walmart (Must Sign Up In Lobby) - L 9:00 Sittercise with Lou - MPR 9:30 Sittercise with Kaitlin - MPR 10:15 Current Events - CR 10:30 Karaoke - MPR 1:30 Ping-Pong Toss - Lobby 3:00 Mandela Art - LA 6:00 Movie Night! - MPR	9:00 Sittercise with Lou - MPR 9:30 Sittercise with Kaitlin - MPR 10:00 Blood Pressure Checks w/ Amedisys - LA 10:15 Current Events - CR 10:30 Trivia Tuesday - CR 1:15 Gardening Club - Meet in Lobby 1:30 Movie Matinee - CR 2:00 Cornhole - L 3:00 Finishing Words - LA	9:00 Sittercise with Brenda - MPR	Thanksgiving 23 9:00 Sittercise with Brenda - MPR 10:15 Macy's Thanksgiving Day Parade Watch Party and Thanksgiving Day Facts - CR 11:30 LHH Traditional Thanksgiving Dinner - Dine at your usual times 1:15 Checkers and Chess - LA 1:15 Thankful Thursday - CR	8:30 Shop at Publix (Must Sign Up In Lobby) - L 9:00 Sittercise with Brenda - MPR 10:15 Current Events - CR 10:30 Day After Thanksgiving Talk - CR 1:30 Trouble Game - LA 2:45 Happy Hour w/ Ella - DR 6:00 Movie Night! - MPR	9:00 Sittercise with Brenda - MPR 10:15 Current Events - CR 10:30 Bible Study w/ Mary - MPR 1:00 Painting Class - CR 1:30 Resident-Hosted Bingo - MPR 2:30 Movie Matinee- CR
9:15 St. John's Methodist Church Service - MPR 9:30 -11:30am AL1 Room Visits 1:00 1-3pm AL 2 Room Visits 1:30 Resident-Hosted Bingo - MPR 2:30 Movie Matinee- CR	8:30 Shopping at Walmart (Must Sign Up In Lobby) - L 9:00 Sittercise with Lou - MPR 9:30 Sittercise with Kaitlin - MPR 10:15 Craft w/ Crissy - MPR 1:30 Movie Matinee - CR 2:00 Bunco Club- LA 3:00 Cookie Baking - AL Lobby 6:00 Movie Night! - MPR	9:00 Sittercise with Lou - MPR 9:30 Sittercise with Kaitlin - MPR 10:00 Blood Pressure Checks w/ Amedisys - LA 10:15 Current Events - CR 10:30 Trivia Tuesday - CR 1:15 Gardening Club - Meet in Lobby 1:30 Technology Class - CR 2:30 Cornhole - L 3:00 St. Joseph's Catholic Service and Communion - MPR	9:00 Outing at the Seminole Hard Rock Casino - Sign up in Lobby! Bus Leaves at 9am! 9:00 Sittercise with Brenda - MPR 10:15 Current Events - CR 10:15 Nails by Kaitlin - Beauty Shop 10:30 Wheel of Fortune - MPR 1:30 Finish The Phrase - CR 2:45 Wine and Cheese - L 6:00 Movie Night! - MPR	9:00 Sittercise with Brenda - MPR 10:15 Current Events - CR 10:30 Get Ready for Christmas - CR 1:15 Checkers and Chess - LA 1:15 Gardening Club - Meet in Lobby 1:30 Sing - a - long - CR 3:00 Mandela Art - LA	All Events Are Subject to Change	