

# Lake Howard Heights

## ASSISTED LIVING

650 N Lake Howard Drive • Winter Haven, FL 33881 • (863) 293-3171

### Director's **Corner**

Dear Residents,  
Happy September!

This month we celebrate National Assisted Living Week. We are very blessed at LHH to have an excellent Assisted Living team! The high quality of care provided is evidenced by a many year consecutive record of deficiency free ratings by the Agency for Health Care Administration. During this month, let's take a moment each day to let them know how much we appreciate all that they do. Be on the lookout for some extra fun we will be planning for the actual week of celebration!

I hope you all have a great month!  
With much love & respect....  
Glenda



### September 2023

#### Resident of the Month...Joy Caruso



Joy Caruso was born in Pine Bluff, NC, but has spent her life in Winter Haven, Florida. She moved to Lake Howard Heights in March of this year. Joy loved being a housewife. She raised three daughters, and one son. Joy also has 13 grandchildren, and 7 great grandchildren. She attended Florida State University and Florida Southern studying business. Joy has always loved musicals. She is the next to youngest of five girls. Back when going to the movies only cost 9 cents, Joy and her sisters would go see a musical, spend the day re-watching the movie, and learn all the song lyrics. Joy and her sisters would sing the songs they learned on their porch. She joined the school band in the 7th grade and plays the flute. She graduated from Winter Haven HS in 1951. She worked for Belk. I asked her if she had any advice for me and she said, "Be happy." She also stated that she raised all of her children to be happy. She enjoys playing solitaire, mysteries, comedies, and especially eating ice cream. More importantly, Joy loves to laugh, and loves people. "I love to talk to people. I've had a great life."



# September 2023

## Employee of the Month...Laniyah !!!



Laniyah was born in Newark, New Jersey and is the middle child of nine children. She and her family relocated to Poinciana 10 years ago. She is a graduate from Haines City High School where she enjoyed being a part of the ROTC and track. She has been employed here at Lake Howard Heights for a year and four months. She started in dining services then transferred to resident care where she hopes her working and experiences here will help her pursue a career in nursing. In her spare time, she enjoys playing video games, drawing and painting. If you're going out for steak, be sure to include her, her favorite meal is steak, loaded baked potato and broccoli, and anything sweet. She enjoys helping out with activities on the weekend when her work allows her to. She loves working with the residents, and the staff have been very friendly and helpful to her.

## "This Month In History"

### SEPTEMBER

**1916:** The British Army uses the offensive tank in battle for the first time amidst World War I. Ushering in a new era of mechanical warfare, the tanks were unrefined and unreliable during their first battles.

**1931:** The weekly broadcast "15 Minutes With Bing Crosby" debuts, launching the iconic career of the multimedia superstar.

**1947:** The U.S. Air Force becomes an official branch of the Armed Forces. The Air Force is the second-youngest branch, just ahead of the Space Force, which was established in 2019.

**1956:** Play-Doh is marketed and sold as a child's toy for the first time! Originally, it was used to remove soot marks from wallpaper.

**1960:** The first televised debate between two presidential candidates occurs, with John F. Kennedy and Richard Nixon discussing domestic concerns.

**1979:** ESPN airs their first broadcast, "SportsCenter." The sports news show remains the network's flagship program, with segments playing multiple times a day.

**1986:** The House of Representatives votes "aye" on the rose resolution. By the end of the year, President Ronald Reagan would declare the rose the national flower of America.

**2020:** Norman Lear is the oldest person to ever win an Emmy. First setting the record in 2019, the TV writer and producer surpassed himself the next year, when he won an Emmy for outstanding variety special at age 98.