KH-391 - Lake Howard Heights - Assisted Living - Issue: 03/01/23 Viewed: 02/15/23 09:21 AM Lake Howard Heights ASSISTED LIVING March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy "March" Resident Birthdays 03/07 Greta J. 03/16 Bill V 03/17 Sandra H. 03/19 Humberto F. 03/22 Carolyn S. 03/29 Helen S.	Markola	9:00 Sittercise with Brenda - MPR 9:30 Sittercise - MPR 10:00 Current Events - CR 10:00 Nails by Kaitlin - Beauty Shop 10:00 Town Hall Meeting - DR, Everyone is Encouraged to Attend 1:30 Bunco -CR 2:45 Wine and Cheese - L	9:00 Sittercise with Brenda - MPR 9:30 Sittercise - MPR 10:00 Current Events - CR 10:30 Noodleball- MPR 1:30 Sewing Circle-CR 2:30 Mandela Art - LA	8:30 Shop at Publix (Must Sign Up In Lobby)- L 9:00 Sittercise with Brenda - MPR 9:30 Sittercise - MPR 10:00 Current Events - CR 10:00 Non- Denominational Bible Study w/ Pat and Johnny - MPR 10:30 Yoga & Breathing Exercises- CR 1:30 Jewelry Crafting - AL Lobby 2:45 Happy Hour w/ Eddy Rivers - DR	9:00 Sittercise with Brenda - MPR 9:30 Sittercise - MPR 10:00 Current Events - CR 10:30 Bible Study w/ Mary- MPR 1:00 Painting Class- CR
9:15 St. John's Methodist Church Service- MPR 9:30 -11:30am AL1 Room Visits 10:30 St. Josephs Catholic Service - MPR 1:00 1-3pm AL 2 Room Visits 2:00 Resident-Hosted Bingo - MPR	8:30 Shopping at Walmart (Must Sign Up In Lobby)- L 9:30 Sittercise - MPR 10:00 Current Events - CR 10:15 Craft w/ Crissy- MPR 1:30 Movie Matinee- CR 2:30 Uno - LA		9:00 Sittercise with Brenda - MPR 9:30 Sittercise - MPR 10:00 Current Events - CR 10:00 Nails by Kaitlin - Beauty Shop 10:30 AL Lunch Out "Azteca" - Lobby 1:30 Left, Right, Center- CR 2:45 Wine and Cheese w/ Gary Sattersahn -DR	9:00 Sittercise with Brenda - MPR 9:30 Sittercise - MPR 10:00 Current Events - CR 10:30 Chicken Soup For the Soul- CR 1:15 Checkers and Chess - LA 1:30 Men's Club- CR 2:30 Cornhole - L	10 8:30 Shop at Publix (Must Sign Up In Lobby)- L 9:00 Sittercise with Brenda - MPR 9:30 Sittercise - MPR 10:00 Current Events - CR 10:00 Non- Denominational Bible Study w/ Pat and Johnny - MPR 10:30 Discussion Group "Middle Name" - CR 1:30 Phase 10 - LA 2:30 Introduction of New Residents - Dining Room 2:45 Happy Hour w/ Deborah Mims- DR	9:00 Sittercise with Brenda - MPR 9:30 Sittercise - MPR 10:00 Current Events - CR 10:30 Bible Study w/ Mary- MPR 1:00 Arts and Crafts - CR
9:15 St. John's Methodist Church Service- MPR 9:30 -11:30am AL1 Room Visits 10:30 St. Josephs Catholic Service - MPR 1:00 1-3pm AL 2 Room Visits 2:00 Resident-Hosted Bingo - MPR	8:30 Shopping at Walmart (Must Sign Up In Lobby)- L 9:30 Sittercise - MPR 10:00 Current Events - CR 10:30 Noodleball- MPR 1:30 Rummy - LA 2:30 Name 5 - LA	140.00 Ourmant Francis OD	9:00 Sittercise with Brenda - MPR 9:30 Sittercise - MPR 10:00 Current Events - CR 10:00 Nails by Kaitlin - Beauty Shop 10:30 Jewelry Crafting - AL Lobby 1:30 Who am I?- CR 2:45 Birthday Bash w/ Thomas McGannon - DR 2:45 Wine and Cheese - L	9:00 Sittercise with Brenda - MPR 9:30 Sittercise - MPR 10:00 Current Events - CR 10:30 Talk n' Toss - MPR 1:15 Checkers and Chess - LA 1:30 Mexican Train- LA 2:45 Lake Wales Pipers & Highlander Dancers - Lobby	8:30 Shop at Publix (Must Sign Up In Lobby)- L 9:00 Sittercise with Brenda - MPR 9:30 Sittercise - MPR 10:00 Current Events - CR 10:00 Non- Denominational Bible Study w/ Pat and Johnny - MPR 10:30 St. Patrick's Day Discussion - CR 2:45 Happy Hour w/ Rick Langoff Irish Style- DR	9:00 Sittercise with Brenda - MPR 9:30 Sittercise - MPR 10:00 Current Events - CR 10:30 Bible Study w/ Mary- MPR 1:00 Painting Class- CR
9:15 St. John's Methodist Church Service- MPR 9:30 -11:30am AL1 Room Visits 10:30 St. Josephs Catholic Service - MPR 1:00 1-3pm AL 2 Room Visits 2:00 Resident-Hosted Bingo - MPR 3:30 Sing Along w/ Joe Jones- L	8:30 Shopping at Walmart (Must Sign Up In Lobby)- L 9:30 Sittercise - MPR 10:00 Current Events - CR 10:15 Craft w/ Crissy- MPR 1:30 Movie Matinee- CR 2:30 Cookie Baking- L		9:00 Seminole Hard Rock - Must Sign Up in Lobby 9:00 Sittercise with Brenda - MPR 9:30 Sittercise - MPR 10:00 Current Events - CR 10:00 Nails by Kaitlin - Beauty Shop 10:30 Yoga & Breathing Exercises- MPR 1:30 Card Games - LA 2:45 Wine and Cheese w/ Entertainment by DJ Mark - L	9:00 Sittercise with Brenda - MPR 9:30 Sittercise - MPR 10:00 Current Events - CR 10:30 Name 5 - CR 1:15 Checkers and Chess - LA 1:30 Men's Club- CR 2:30 Chip and Dip Taste Test - CR	8:30 Shop at Publix (Must Sign Up In Lobby)- L 9:00 Sittercise with Brenda - MPR 9:30 Sittercise - MPR 10:00 Current Events - CR 10:00 Non- Denominational Bible Study w/ Pat and Johnny - MPR 10:30 Chocolate Covered Raisin Day - CR 1:30 Laugh a Little- LA 2:45 Happy Hour w/ Ella - DR	9:00 Sittercise with Brenda - MPR 9:30 Sittercise - MPR 10:00 Current Events - CR 10:30 Bible Study w/ Mary- MPR 1:00 Arts and Crafts - CR
9:15 St. John's Methodist Church Service- MPR 9:30 -11:30am AL1 Room Visits 10:30 St. Josephs Catholic Service - MPR 1:00 1-3pm AL 2 Room Visits 2:00 Resident-Hosted Bingo - MPR	8:30 Shopping at Walmart (Must Sign Up In Lobby)- L 9:30 Sittercise - MPR 10:00 Current Events - MPR 10:30 Noodleball- MPR 1:30 Finishing Words - LA 2:45 Root Beer Floats - Lanai	140.00 O F OD	9:00 Sittercise with Brenda - MPR 9:30 Sittercise - MPR 10:00 Current Events - CR 10:00 Nails by Kaitlin - Beauty Shop 10:30 Book Club- CR 1:30 Uno - LA 2:45 Wine and Cheese- L	9:00 Sittercise with Brenda - MPR 9:30 Sittercise - MPR 10:00 Current Events - CR 10:00 F.L.O.W. Mobile - MPR	8:30 Shop at Publix (Must Sign Up In Lobby)- L 9:00 Sittercise with Brenda - MPR 9:30 Sittercise - MPR 10:00 Current Events - CR 10:00 Non- Denominational Bible Study w/ Pat and Johnny - MPR 10:30 Who am I?- CR 1:30 Family Feud- LA 2:45 Happy Hour w/ Deborah Mims -DR	All Events Are Subject to Change