

Lake Howard Heights

INDEPENDENT LIVING

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A Message From Your Executive Director

HAPPY THANKSGIVING!

Wow! Where has 2022 gone! Seems like just yesterday we were just welcoming the new year and here we are already in our holiday months! I hope you will all keep a watch on the calendar for special events that may be happening over the next couple months for the holidays.

We are diligently working to put together a fun event for you all in December, so be ready to have some fun. As we focus this month on thankfulness, please let me take a minute to thank each of you for making LHH your home! We do not take it lightly that when it comes to retirement communities, there are many to choose from and the fact that you chose LHH as your home, is something that we are all thankful for. Let us not miss an opportunity this month to let the ones we love know how special they are to us and how THANKFUL we are to have them in our lives.

With much love & respect.....

Glenda



November 2022



Meet Clare Poehlman

Mr. Poehlman was born in Windsor Ontario, Canada to Clare (Sr.) and Jean Poehlman. He attended school in Windsor as well as the University of Michigan. Majoring in marketing he used his marketing skills in large corporations as well as marketing other universities.

His talent and marketing skills lead him to travel the world to teach what he loved. He also taught in Mexico, France, Italy, and other European countries.

Married to Patricia for 50 years they had two children. Having lived in Florida for thirty plus years Clare had plenty of sunny days to learn and play a round or two of golf. He also enjoys a good game of bridge once he gets off the golf course. He still enjoys playing golf today when he can. His favorite food is a good steak complimented with a good scotch drink.

Most of all, he enjoys talking about his family, and how important being a part of a family is to him.

Mr. Poehlman, we are glad you chose Lake Howard Heights as your home.



Employee of the Month



Meet Resident Care Team Member Lori Owen

Lori was born in Lomac, California to an Air force family. She relocated to Lakeland with her family while her father was still in the Air force. Lori graduated from Lakeland High School. Lori now lives in Lake Wales with her husband, Kurt. She has 2 grown daughter, and 3 grandsons. Lori has worked at LHH in resident care for 3 years. When asked what she “likes most” about working here she says (without hesitation) the people she works with and the residents. When not working in assisted living Lori enjoys “the beach” watching sea turtles and collecting shells, boating, and fishing with her husband.

Lori is always one to help another co-worker or picking up extra shifts when someone calls off. Lori, we are glad to have you as part of our LHH family.

“This Month In History”

NOVEMBER

1876: Yale defeats Princeton in the first college football game played on Thanksgiving.

1935: Departing from San Francisco, the China Clipper seaplane carries over 110,000 pieces of mail across the Pacific Ocean, arriving in the Philippines seven days later. The completion of the voyage marked the beginning of trans-Pacific airmail service and travel.

1945: The super-strong, spunky girl with the mismatched socks is introduced to readers when

Astrid Lindgren’s book “Pippi Longstocking” is published in Sweden.

1963: Priced at \$15.95, the Easy-Bake Oven debuts in toy stores. Half a million of the mini appliances were sold during the first year.

1982: The first Honda Accord rolls off the assembly line in Marysville, Ohio, making Honda the first Asian automaker to manufacture cars in the U.S.

1993: A football record is set when the Miami Dolphins defeat the Philadelphia Eagles, crowning head coach Don Shula the winningest coach in NFL history.

2005: Angela Merkel is sworn in as the first female chancellor of Germany.

2019: The iconic black leather outfit worn by Olivia Newton-John in the 1978 film “Grease” is auctioned off for \$405,700, with 100% of the proceeds donated to the actress’ cancer research organization.