KH-391 - Lake Howard Heights - Assisted Living - Issue: 07/01/22 Viewed: 06/15/22 12:18 PM Lake Howard Heights ASSISTED LIVING July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend MPR - Multipurpose Room L- Lobby LA- Lanai DR- Dining Room CR- Club Room (on the 2nd Floor)	Happy "July" Resident Birthdays 7/6 Dwane Whitfield 7/6 Lorraine Duncan 7/16 Anthony Rote 7/21 Penny Riccardi 7/30 Tal Mincey 7/31 Carmen Groome	All Events Are Subject to Change	Happy 4th of July		9:30 Exercise - CR 10:00 Current Events - LA 10:30 Name That Tune! - LA 1:00 Spa Day - LA 2:00 Everybody Knows Game - LA 2:45 Happy Hour w/ Eddy Rivers - DR	9:30 Exercise - CR 10:00 Current Events - LA 10:30 Bible Study w/ Mary- MPR 1:00 Word Games- LA 1:30 Mandela Art - LA 2:00 Reminisce: Vacations - LA
9:15 St. Johns Methodist Church Service, Communion Offered- MPR 10:30 Cornhole - L 1:00 Did You Know? L 2:00 Resident Hosted Bingo - MPR	Independence Day 9:30 Exercise - CR 10:00 Current Events - LA 10:00 Fourth of July Facts and Trivia - MPR 1:30 Bingo - MPR	8:30 Shopping at Walmart (Must Sign Up In Lobby)- L 8:30 Walking Club w/ Empowerme 9:30 Exercise - CR 10:00 Blood Pressure Checks w/ Amedisys - LA 10:00 Current Events - LA 10:30 Resident Council Meeting - MPR 1:00 Yahtzee! - LA 2:00 Cornhole - L	9:30 Exercise - CR 10:00 Current Events - LA 10:30 20 Questions- LA 1:15 Wheel Of Fortune- LA 2:45 Wine and Cheese	9:30 Exercise - CR 10:00 Current Events - LA 10:00 Update "Voting Registration" - L 10:30 Craft- MPR 1:00 Poetry Club - CR 1:30 Card Games - CR 3:00 Lake Howard Store- MPR	9:30 Exercise - CR 10:00 Current Events - LA 10:30 Wacky Words - LA 1:00 Sewing Circle- CR 1:45 Famous Quotes - LA 2:30 Introduction of New Residents - Dining Room 2:45 Happy Hour w/ Deborah Mims	9 9:30 Exercise - CR 10:00 Current Events - LA 10:30 Bible Study w/ Mary- MPR 1:00 Saturday Show and Tell - LA 1:30 Bunco -LA 2:30 Short Stories - LA
9:15 St. Johns Methodist Church Service, Communion Offered- MPR 10:15 Learn How to Play Chess - LA 1:00 Pina Colada Day! - LA 1:30 Name 10 - LA 2:00 Family Feud- LA	11 8:30 Shopping at Walmart (Must Sign Up In Lobby)- L 9:30 Exercise - CR 10:00 Current Events - LA 10:15 Craft w/ Crissy- MPR 1:00 Wheel Of Fortune- LA 2:00 Words to the Wise- LA 2:30 Fun Facts You Didn't Know - LA	8:30 Walking Club w/ Empowerme 9:30 Exercise - CR 10:00 Blood Pressure Checks w/ Amedisys - LA 10:00 Current Events - LA 10:30 Chit Chat- Eye Color -LA 1:00 Solve the Mystery - LA 1:30 Finishing Lyrics - LA 2:00 Pretty Nails - AL Lobby	9:30 Exercise - CR 10:00 Town Hall Meeting - DR/Everyone is Encouraged to Attend 10:30 Lunch Out "Outback" (Must Sign Up in Lobby) - L 1:00 Trivia Pursuit - LA 2:45 Wine and Cheese w/ Gary Sattersahn -DR	9:30 Exercise - CR 10:00 Current Events - LA 10:30 Learn Something New - LA 1:00 Sewing Circle- CR 1:45 Craft- CR 2:45 Banana Split Social - LA 3:00 Lake Howard Store- MPR	15 8:30 Shop at Publix (Must Sign Up In Lobby)- L 9:30 Exercise - CR 10:00 Current Events - LA 10:30 Word Games- LA 1:00 Cornhole - L 2:00 Uno - LA 2:45 Happy Hour w/ Jeff Wagy	9:30 Exercise - CR 10:00 Current Events - LA 10:30 Bible Study w/ Mary- MPR 1:00 Toss the "Could Haves" and "Should Haves" Away - LA 2:00 Reminisce: Favorite Things- L
9:15 St. Johns Methodist Church Service, Communion Offered- MPR 10:30 Sunday Social - LA 1:00 Everybody Knows Game - LA 1:45 Rhyme Time - LA 3:30 Sing Along w/ Mr. Jones- L	18 8:30 Shopping at Walmart (Must Sign Up In Lobby)- L 9:30 Exercise - CR 10:00 Current Events - LA 10:30 Two Truths and a Lie - LA 1:00 Manicure Monday - LA 2:00 Family Feud- LA 2:30 Finishing Words - LA	8:30 Walking Club w/ Empowerme 9:30 Exercise - CR 10:00 Blood Pressure Checks w/ Amedisys - LA 10:00 Current Events - LA 10:30 Solve the Mystery - LA 1:00 Strawberry Daiquiri Day - LA 2:00 Spa Day - LA	9:30 Exercise - CR 10:00 Town Hall Meeting - DR 10:00 Trip to the Dollar Tree (Must Sign Up In Lobby)- L 10:45 Fortune Cookie Day- LA 1:00 Let's Sing - LA 1:45 Brain Teasers - LA 2:45 Birthday Bash w/ Thomas McGannon	9:30 Exercise - CR 10:00 Current Events - LA 10:30 Finishing Lyrics - LA 3:30 LHH Senior Prom 2022 Theme "The Roaring '20s" Speakeasy Opens	8:30 Shop at Publix (Must Sign Up In Lobby)- L 9:30 Exercise - CR 10:00 Current Events - LA 10:30 Trivia- LA 1:00 Phase 10 - LA 2:00 Poetry Club - CR 2:45 Happy Hour w/ Rick Langoff	9:30 Exercise - CR 10:00 Current Events - LA 10:30 Bible Study w/ Mary- MPR 1:00 Have you Ever?- LA 2:00 Mexican Train- LA
9:15 St. Johns Methodist Church Service, Communion Offered- MPR 10:30 Mandela Art - LA 1:00 Laugh a Little- LA 2:00 Cornhole - L 31 9:15 St. Johns Methodist Church Service, Communion Offered- MPR 10:30 Chair Yoga & Breathing Exercises- CR 1:00 The Price is Right- LA 2:00 Resident Hosted Bingo - MPR	8:30 Shopping at Walmart (Must Sign Up In Lobby)- L 9:30 Exercise - CR 10:00 Current Events - LA 10:15 Craft w/ Crissy- MPR 10:30 Christmas Carols- LA 1:00 Christmas in July- LA	8:30 Walking Club w/ Empowerme 9:30 Exercise - CR 10:00 Blood Pressure Checks w/ Amedisys - LA 10:00 Current Events - LA 10:30 Wheel Of Fortune- LA 1:00 Watermelon Bash- 2:00 Movie Matinee- CR	9:30 Exercise - CR 10:00 Current Events - LA 10:30 Trip to the Casino (Must Sign Up In Lobby)- L 1:00 Chess- CR 2:45 Wine and Cheese- L	9:30 Exercise - CR 10:00 Current Events - LA 10:30 20 Questions- LA 1:00 Men's Club- CR 2:00 Travelogue: Niagara Falls - LA 3:00 Lake Howard Store- MPR	8:30 Shop at Publix (Must Sign Up In Lobby)- L 9:30 Exercise - CR 10:00 Current Events - LA 10:30 Uno - LA 1:00 Sewing Circle- CR 2:00 Everybody Knows Game - LA 2:45 Happy Hour w/ Deborah Mims	9:30 Exercise - CR 10:00 Current Events - LA 10:30 Bible Study w/ Mary- MPR 1:30 "Grease" at the Winter Haven Theater (Must Sign Up In Lobby) - L