

Lake Howard Heights

ASSISTED LIVING

650 N Lake Howard Drive • Winter Haven, FL 33881 • (863) 293-3171



Director's Corner

Dear Residents,

Happy Independence Month! I hope you are all having a great summer so far and we are looking forward to another fun month!

One thing I will remind us all of is to make sure you are doing all you can to keep yourself safe during this most recent kick up of COVID again. Please let us know if you either are feeling bad or if you have been exposed to someone who has tested positive so that we can put safeguards in place for you and for your friends that reside here with you. With all of us working together, we can keep our exposures and COVID issues as low as possible. Please keep a watch on the calendars for new events and activities we are implementing so that we can make sure we are planning things that you all enjoy and want to do - any ideas are always welcome!

I hope you all have a wonderful month!

With much love & respect.....

Glenda

July 2022

Resident of the Month



Ann Marie Boyle hails from Long Island, NY. She has only been at Lake Howard Heights a couple of weeks, but already fits in perfectly. Ann Marie is a retired school teacher of forty-two years, moving to FL in 2008. She has a Master's degree from Hofstra University. She taught special education and the primary grades. She adopted

2 daughters. One from Honduras, and one from Guatemala. An amazing woman, she raised them as a single parent and now has three grandchildren. Her birthday is in September making her a Virgo. Her hobbies include volunteering, rug hooking, and she adores animals.

After hearing of her travels, we should feel honored that she calls Winter Haven home. She has visited The Louvre and gazed upon the Mona Lisa. She has visited The Eiffel Tower, Big Ben in London, Stonehenge in Wiltshire, Loch Ness in Scotland, The Grand Canyon, and Niagara Falls. There are more, but one stands out in particular to the author (Brenda): Ann Marie has been to Romania and visited Bran Castle AKA Dracula's Castle! Ann Marie is a pleasure to talk to. Be sure to say, "Hi" when you see her!

July 2022

Employee of the Month...Makenzee Melton



Makenzee is a true Florida native. Born and raised in Winter Haven she is one of three girls. She attended Winter Haven High School but graduated from Auburndale. Makenzee enjoys fishing, painting, and playing with her dog Daisy. Would you believe it, her favorite food is potato soup? It's no wonder that she enjoys working in dining services. Makenzee is an outgoing and interesting person to talk with. Although she has never been out of the state of Florida, she has plans for travel later. She also doesn't like change. Although she has only been at Lake Howard Heights for a short time, she really enjoys talking to the residents and hearing their stories. Makenzee's plans include learning as much as she can in dining services and furthering her education. Makenzee, we are happy to have you as part of our LHH family and congratulations on Associate of the Month.

"This Month In History"

JULY

1790: The District of Columbia is established as the seat of the U.S. government.

1933: American aviator Wiley Post completes the first solo flight around the world in seven days and 18 hours.

1935: British publishing house Penguin Books releases the first paperbacks, making high-quality literature more affordable and available to the general public.

1955: "The Lawrence Welk Show" premieres on national TV. The bandleader and accordionist hosted a

variety of talented singers and dancers for nearly 30 years.

1971: Koko the gorilla is born at the San Francisco Zoo. Taught sign language at age 1, she gained a vocabulary of 1,000 signs during her lifetime.

1997: At age 16, Martina Hingis of Switzerland becomes the youngest Wimbledon singles champion in 110 years.

2008: NASA's Phoenix Mars Lander spacecraft confirms the presence of frozen water in the soil of the red planet.

2018: Cardi B is the first female rapper to score two No. 1 hits on Billboard's Hot 100 singles chart.

2020: NFL quarterback Patrick Mahomes of the Kansas City Chiefs signs the largest contract for an athlete in sports history. The 12-year deal totaled over \$500 million.