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Lake Howard Heights
INDEPENDENT & ASSISTED LIVING

Janu

January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY Lear!	Happy "January Resident" Birthday 01/08 Jim C. 01/09 Betty A. 01/16 Betty B. 01/18 Sug Z. 01/21 Jane B. 01/24 Janet A. 01/24 Rose J. 01/24 Jane Z.	Happy "January" To Staff 01/03 Laurie B, 01/04 Iyanna F. 01/07 Alexus F. 01/12 Lynda L. 01/20 Rajai H.	January Staff Anniversary 01/02 Debbie H. 9 yrsHousekeeping 01/14 Ozzie G. 2 yrsConcierge 01/06 Lauren L. 1 yrBusiness Office Manager 01/15 Steve S 1 yrDirector of Maintenance	All Events Are Subject to Change	MAKE YOUR RESOLUTIONS!	9:30 Sittercise-MPR 10:00 Independent Activity of Choice 1:30 Movie of the Week-Library-Check Today's Programs for title. 1:30 Resident Hosted Bingo-MPR
9:15 Methodist Service-MPR-Provided by St. John's Methodist Church 10:00 Independent Games-Lanai 2:00 Resident Hosted Bingo-MPR 6:30 Independent Bible Study-MPR	8:15 Coffee Cart-Lobby 8:30 Shop at Walmart-Must Sign Up In Lobby 9:30 Sittercise-MPR 1:30 Bingo 2:45 Corn Hole-Lobby	8:15 Coffee Cart-Lobby 10:00 Free Blood Pressure Check w/ Amedisys-Lanai 10:30 Resident Council Meeting- MPR 1:00 Shop at Dollar Tree 1:30 Bingo-MPR	8:15 Coffee Cart-Lobby 9:30 Sittercise-MPR 11:00 Lunch Out Floridino's/Haines City Must Sign Up In Lobby 1:30 Bingo- MPR 2:45 Wine & Cheese- Main Lobby	8:15 Coffee Cart-Lobby 9:30 Sittercise-MPR 10:15 Brain Health-MPR 1:00 Nails by Lou-Beauty Shop	7 8:10 Coffee Cart-Lobby 8:30 Shop at Publix-Must Sign Up In Lobby 9:30 Sittercise-MPR 1:30 Pokeno-MPR 2:45 Happy Hour w/ Eddy Rivers-Dining Room	9:30 Sittercise-MPR 10:00 Independent Activity of Choice 1:30 Movie of the Week-Library-Check Today's Programs for title. 1:30 Resident Hosted Bingo-MPR
9:15 Methodist Service-MPR-Provided by St. John's Methodist Church 10:00 Independent Games-Lanai 2:00 Resident Hosted Bingo-MPR 6:30 Independent Bible Study-MPR	8:15 Coffee Cart-Lobby 8:30 Shop at Walmart-Must Sign Up In Lobby 9:30 Sittercise-MPR 10:15 Crafts w/Crissy-MPR 1:30 Bingo 2:45 Corn Hole-Lobby	8:15 Coffee Cart-Lobby 10:00 Free Blood Pressure Check w/ Amedisys-Lanai 10:15 Mandela Art-MPR 1:00 Shop at Belk's 1:30 Bingo-MPR	8:15 Coffee Cart-Lobby 9:30 Sittercise-MPR 10:00 Town Hall Meeting-Dining Room 1:00 Shop at Dollar Tree-Must Sign Up In Lobby 2:45 Wine & Cheese- W/ Gary Sattazahn-Dining Room	8:15 Coffee Cart-Lobby 9:30 Sittercise-MPR 10:15 Wii-MPR 1:30 Bingo-MPR 2:00 Veterans Talk w/ Vitas-Club Room	8:10 Coffee Cart-Lobby 8:30 Shop at Publix-Must Sign Up In Lobby 9:30 Sittercise-MPR 1:30 Pokeno-MPR 2:45 Happy Hour w/Deborah Mims-Dining Room	9:30 Sittercise-MPR 10:00 Independent Activity of Choice 1:30 Movie of the Week-Library-Check Today's Programs for title. 1:30 Resident Hosted Bingo-MPR
9:15 Methodist Service-MPR-Provided by St. John's Methodist Church 10:00 Independent Games-Lanai 2:00 Resident Hosted Bingo-MPR 6:30 Independent Bible Study-MPR	8:15 Coffee Cart-Lobby 8:30 Shop at Walmart-Must Sign Up In Lobby 9:30 Sittercise-MPR 1:30 Bingo 2:45 Corn Hole-Lobby	8:15 Coffee Cart-Lobby 10:00 Free Blood Pressure Check w/ Amedisys-Lanai 10:15 Mandela Art-MPR 1:30 Bingo-MPR	8:15 Coffee Cart-Lobby 9:30 Sittercise-MPR 1:00 AL Mystery Ride (no departing the bus) 1:30 Cornerstone Auction-MPR 2:45 Birthday Bash Dining Room/ Live Entertainment "Elvis Style" w/Thomas McGannon♪	8:15 Coffee Cart-Lobby 9:30 Sittercise-MPR 10:00 Brain Health-MPR 1:00 Nails by Lou-Beauty Shop	8:10 Coffee Cart-Lobby 8:30 Shop at Publix-Must Sign Up In Lobby 9:30 Sittercise-MPR 1:30 Pokeno-MPR 2:45 Happy Hour w/ Jeff Wagy-Dining Room	9:30 Sittercise-MPR 10:00 Independent Activity of Choice 1:30 Movie of the Week-Library-Check Today's Programs for title. 1:30 Resident Hosted Bingo-MPR
9:15 Methodist Service-MPR-Provided by St. John's Methodist Church 10:00 Independent Games-Lanai 2:00 Resident Hosted Bingo-MPR 6:30 Independent Bible Study-MPR 30 9:15 Methodist Service-MPR-Provided by St. John's Methodist Church 10:00 Independent Games-Lanai 2:00 Resident Hosted Bingo-MPR 6:30 Independent Bible Study-MPR	8:15 Coffee Cart-Lobby 8:30 Shop at Walmart-Must Sign Up In Lobby 9:30 Sittercise-MPR 10:15 Crafts w/ Crissy-MPR 1:30 Bingo	8:15 Coffee Cart-Lobby 10:00 Free Blood Pressure Check w/ Amedisys-Lanai 10:15 Mandela Art-MPR 1:30 Bingo-MPR	8:15 Coffee Cart-Lobby 9:00 Seminole Hard Rock Casino-Must Sign Up In Lobby 9:30 Sittercise-MPR 1:30 Bingo-MPR 2:45 Wine & Cheese- Main Lobby	8:15 Coffee Cart-Lobby 9:30 Sittercise-MPR 10:00 Veterans Talk w/ Ingrid from Good Shepherd-Club Room 10:15 Brain Health-MPR 1:30 Bingo-MPR	8:10 Coffee Cart-Lobby 8:30 Shop at Publix-Must Sign Up In Lobby 9:30 Sittercise-MPR 1:30 Pokeno-MPR 2:45 Happy Hour w/ Rick Langoff-Dining Room	9:30 Sittercise-MPR 10:00 Independent Activity of Choice 1:30 Movie of the Week-Library-Check Today's Programs for title. 1:30 Resident Hosted Bingo-MPR